Hafa Adai!

Low pressure brings west winds, showers, big waves across Marianas. **PAGE 3**

CHCC turns on multi-million dollar HVAC project. **PAGE 5**

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FOR FISCAL YEAR 2016-2017

Govt expects additional $39M in revenue

By JON PEREZ
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REPORTER

» Represents gross gaming tax from Saipan casino

The administration of Gov. Ralph DLG Torres is expecting an additional $39 million will be pumped into the government's coffers at the end of this fiscal year. The amount represents gross gaming tax from the nearly one-year operation of Best Sunshine International, Ltd.'s live training facility.

See REVENUE on Page 4

Murphy

Manglona: Written ruling forthcoming in challenge to CNMI's new gun control laws

By FERDIE DE LA TORRE
ferdie_delatorre@saipantribune.com
REPORTER

U.S. District Court for the NMI Chief Judge Ramona V. Manglona has stated that a written decision would be forthcoming in connection with motions brought up in a lawsuit filed by Paul A. Murphy, a U.S. Army veteran and teacher who challenged the constitutionality of some provisions in the Special Act for Firearms and Enforcement, which extensively revised the gun control laws of the CNMI.

After hearing all arguments Thursday afternoon, Manglona took the matters under advisement.

Murphy argued pro se, or without a law-

See JUDGE on Page 4

Sunrise vigil marks Soudelor anniversary

By JOAN TAITANO
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REPORTER

The first year anniversary of Typhoon Soudelor was remembered through a 5am sunrise vigil yesterday on Capitol Hill.

Typhoon Soudelor's wrath on the night of Aug. 2, 2015 truly lived in the hearts of the people of Saipan and it was evident on the crowd that gathered at the Capitol Hill baseball field. The crowd was made up of government officials and staff from various agencies, different church groups, and members of the community whose lives had been

See SUNRISE on Page 4

RAYMOND S. KINSELLA

Federal Emergency Management Agency coordinating officer for Typhoon Soudelor Stephen DeBlasio reaffirmed the federal government's continued assistance to the people of the CNMI during yesterday morning's sunrise vigil commemorating the Category 4 typhoon making landfall on Saipan.

INSIDE

LOCAL

Fifteen-year-old Mackenzie Perez was declared winner of the 2016 Liberation Day Online Photo contest.

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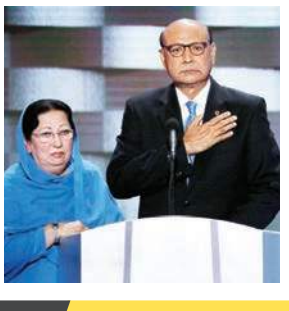

NATION

Angry and anxious, Republican lawmakers and veterans groups hastened to disavow Donald Trump's repeated criticism of a bereaved military family.

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LIFE & STYLE

Matt Damon came back strong after his nine-year hiatus from the Bourne series this weekend.

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SCAN ME WITH A COMPATIBLE QR READER TO KEEP UPDATED ON ALL THE LATEST NEWS.

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Local

Request for approval of settlement of suits vs disbarred lawyer, uncle opposed

By FERDIE DE LA TORRE
ferdie_delatorre@saipantribune.com
REPORTER

Jung Ja Kim, a businesswoman who was awarded a $2.4-million judgment over her racketeering lawsuit against disbarred lawyer Ramon K. Quichocho and his wife, is opposing an investor's request from federal court to approve a global settlement of claims in connection with separate lawsuits filed against Quichocho and his uncle over a lease of a Ladder Beach property.

Kim, through counsel Robert T. Torres, asked the U.S. District Court for the NMI to allow her intervene in investor Sin Ho Nam's proceeding for the sole purpose of staying the court's approval of any consent judgment and settlement proceeding in this case or otherwise issuing any order affecting the disposition of Ladder Beach property.

Torres asked the court that the stipulation for settlement in Nam's lawsuit be stayed until the proceeding in the bankruptcy petition that Quichocho filed at the State of Washington is concluded or until relief from stay is obtained.

Last June, Nam asked the court to approve a global settlement of claims in connection with lawsuits filed against Quichocho and his uncle, Joaquin Q. Atalig, over a lease of a Ladder Beach property.

Attorney Stephen J. Nutting, counsel for Nam, stated that with the consent of Nam and his other client, Toshin Group International Inc., he negotiated a global settlement of both the Nam lawsuit and Toshin's lawsuit against Quichocho and Atalig.

Nutting said the settlement included the full payment of all sums due to Nam under the settlement agreement in the amount of $207,000, and a new 55-year lease to Toshin as well as all attorney's fees in the amount of $70,000 incurred in prosecuting Toshin's complaint.

Nutting said the money to be paid to Nam and himself as Toshin's counsel was to be paid from the sale of a new 55-year lease to an investment group, of which he was a member.

The lawyer said at the time of the settlement in February 2015, he learned that Quichocho had quitclaimed his interest in the Nam property to Atalig, to allow him to settle the claims, which has been brought on against him, largely as a result of untenable legal advice he had received from Quichocho.

Quichocho

As a result, Nutting pointed out, Atalig executed a new leases for 55 years in favor of Nam and Toshin as a part of the global settlement reached.

In Kim's request to intervene, Torres said that on April 4, 2014, the court entered judgment against Quichocho and his wife, Francis, in the amount of $2,411,719.

Torres said during the process of collecting her judgment, Kim discovered that the Quichocho couple made a number of conveyances to their relatives, arguably to place their assets beyond her reach.

Torres said specifically, without notice to Kim, Quichocho fraudulently transferred his interest in the Ladder Beach property, four months after the $2.4-million judgment in the racketeering case issued against him.

Torres said when Kim filed for an order in aid of judgment to recover the Ladder Beach property in February 2015, Nam's counsel, Nutting, sought to intervene, arguing that the Ladder Beach property had been made to settle Quichocho's obligations in this case.

Torres said before Kim's motion to attach the Ladder Beach property could be heard, however, Quichocho and his wife filed for protection under Chapter 7 of the bankruptcy code.

Torres said District Court Senior Judge Alex R. Munson, acting in place of U.S. District Court for the NMI Chief Judge Ramona V. Manglona for the hearing on Kim's motion, stayed all recovery efforts on account of the automatic stay accompanying the filing of the bankruptcy petition.

In point of fact, Torres said, it was Nutting who apprised Kim's attorney of the Quichocho bankruptcy filing.

Torres said in their opposition to Kim's order in aid of judgment, the Quichochos took the position that they were free to transfer the Ladder Beach property to Atalig in order to settle his obligations to Nam in this case.

Torres said given the constraints of the automatic stay, however, and the reality that the propriety of the transfer is being litigated in the bankruptcy court to deny the Quichochos their discharge, the dictates of the stay should apply equally in his proceeding so that the bankruptcy court may determine whether the Ladder Beach property is, in fact, property of the bankruptcy estate.

Torres pointed out that it is one thing to transfer property to a bona fide purchaser for value, but that it is another thing entirely to transfer two lots of beach property to a close relative following the entry of a multi-million dollar judgment for only one dollar.

Torres said under these circumstances and the facts giving rise to the transfer in this case, the inescapable implication under the Uniform Fraudulent Transfer Act is that Quichocho was simply parking his property in a place where he hoped Kim would not know to look.

"Regardless of the nature of the transfer, the settlement involves property that arguably should be included in the bankruptcy estate," the lawyer pointed out.

The Nam lawsuit was originally brought on as a result of defendants Quichocho and Atalig unilateral attempt to terminate Nam's leasehold interest to certain real property in Ladder Beach.

The Toshin lawsuit was a similar case, where Quichocho and Atalig sought to unilaterally terminate a long-term pre-paid 55-year lease to Toshin and Shinji Fujie, which was immediately adjacent to the Nam property in Ladder Beach.

In 2014, Nam obtained a judgment against the defendants for failure to make payments due under a settlement agreement reached.

Toshin also obtained a partial summary judgment in Toshin's favor, which vacated the termination notice issued by Quichocho and Atalig on Toshin's Ladder Beach property. The CNMI Supreme Court affirmed the judgment in November 2014, according to court documents.

10 more independents file candidacies

By FERDIE DE LA TORRE
ferdie_delatorre@saipantribune.com
REPORTER

Former Saipan senator Ray N. Yumul is running again for senator, while nine more, including incumbent representatives, have filed their candidacies for the House of Representatives.

The 10 are all running as independent candidates.

Ray Yumul and his brother, Rep. Ralph N. Yumul (Ind-Saipan), were among the seven persons who filed their candidacies before the Commonwealth Election Commission in Susupe yesterday afternoon.

Ralph Yumul is seeking re-election for a House precinct 3 seat.

The five others who filed their candidacies yesterday were Rep. Jonathan Blas Attao (Ind-Saipan) for precinct 3, Rep. Lorenzo I. Deleon Guerrero (Ind-Saipan) for precinct 5, Rep. Roman C. Benavente (Ind-Saipan) for precinct 1, Rep. Vinnie F. Sablan (Ind-Saipan) for precinct 4, and Joseph Arriola Flores for precinct 1. Except for Flores, all are incumbent representatives.

Last week, incumbent Reps. Ramon A. Tebuteb (Ind-Saipan) and Anthony T. Benavente (Ind-Saipan) also filed for candidacies together with Vicente C. Camacho. The three are independents.

Tebuteb and Benavente are seeking re-election for precinct 3. Camacho is also running for precinct 3.

Yesterday's filings brought to a total of 14 persons who filed their candidacies for the Nov. 8 general elections since the Commonwealth Election Commission started accepting submission of nominating petitions and candidacy last July 11.

Anthony Indalecio Duenas, Herman Manglona Atalig, and Andrew Lujan Orsini recently filed their candidacies.

Duenas is running as an independent for a House of Representatives precinct 1 seat.

Atalig filed his candidacy for Board of Education Rota position, while Commonwealth Utilities Corp. human resources manager Orsini filed his candidacy for BOE Saipan position.

Former lawmaker Antonio Muna Camacho was the first to file his candidacy. He is running as an independent for a House of Representatives precinct 5 seat.

Camacho is a former representative.

Election commission acting executive director Julita Villagomez reminded the public that the deadline to file nominations and candidacy is Aug. 10.

She said CEC commissioners have to meet to certify the candidates.

There are 35 seats up for grabs in the coming Nov. 8 general elections.

Villagomez said it used to be called mid-term elections, but the election commission now calls it general elections.

Propst: Water pipes needs to be fixed, replaced

By JON PEREZ
jon_perez@saipantribune.com
REPORTER

The Commonwealth Utilities Corp.'s busted and old water pipes need to be replaced after three villages in the southern portion of Saipan recently went three days without water, according to Rep. Edwin K. Propst (Ind-Saipan).

In fact, Propst told *Saipan Tribune* that water distribution in the As Lito, Dandan, and Koblerville areas were cut short during one weekend last month.

Propst

Propst wants to find a solution to the island's water woes as some of Saipan's aging water pipes were installed before World War II. He added that residents of affected areas have been posting on Facebook.

"There's been a lot of frustration with the water issue. It has been ongoing and it affects everybody throughout the island. It's nothing new," said Propst. "Judging from the water pipes that are busting everywhere, these pipes are antiquated and a lot of them are from World War II days or even before perhaps."

Residents of the affected areas usually get water at least four hours a day, from 6am to 10am. Propst said they called CUC and they were informed that a water pipe along Airport Road broke.

"This had to be repaired but in order to repair it they have to shut down all the water so they could not run anything. Families with water pumps or water tanks did not have any problems but there are a lot that don't have that kind of luxury," said Propst.

Propst added the CUC board is pushing to spend $188 million on a reverse osmosis system to solve the water crisis. "But what are we going to do will all of this old pipes even if you have this reverse osmosis system?"

"I've met with waste and water engineers. I've spoken to former CUC employees and they've given all the information on this. Our concern now is how do we solve this?" said Propst.

"They could double the capacity and water production but we are going to be faced with the same problem. And the obvious solution is fixing the pipes."

He said that distribution must also be looked into since out of 10 gallons of water produced about seven gallons are wasted daily due to leaks or theft.

Low pressure brings west winds, showers, big waves across Marianas

West winds, showers, and thunderstorms brought by a broad area of low pressure will occur across the Marianas through the weekend and possibly well into next week, according to the U.S. National Weather Service Guam yesterday.

» **NWS cautions people planning any marine activities over the weekend**

NWS cautioned people who are planning any marine activities late this week to be prepared as coastal conditions possibly becoming hazardous due to west winds and waves.

NWS said a broad area of low pressure centered about 300 miles east of Saipan near 15 degrees north and 150 degrees east is producing scattered showers and isolated thunderstorms in a large area.

The affected area stretches from the Marianas eastward to 150 degrees east and south-

See LOW on Page 4

Bordallo saddened with passing of Frank F. Blas Sr.

LIVESTOCK RAISING CONTRIBUTED PHOTO

Young participants of the Natibu Sports Association Summer Camp learn the ropes of raising and caring for livestock. The over 30 children-participants visited the As Teo farm of Gov. Ralph DLG Torres who graciously opened his family's property for educational purposes. The summer camp is jointly spearheaded by NSA and Best Sunshine International, Ltd.'s Corporate Social Responsibility department.

WASHINGTON, D.C.— Congresswoman Madeleine Z. Bordallo is saddened with the passing of former Guam lieutenant governor Frank F. Blas, Sr. and issued the following statement:

Bordallo

"Frank Blas, Sr. was a dear friend and I'm deeply saddened by his passing. He was a faithful public servant who dedicated is life to making Guam a better place. As a former lieutenant governor and senator in our Legislature, Frank worked tirelessly to improve the lives of all who call Guam home. I worked with him during my time in the Legislature, and later during our respective terms as lieutenant governor of Guam. He always demonstrated thoughtful consideration of legislation and the policy proposals we considered and did what was best for our island. In my role as Guam's delegate to Congress, I appreciated the firm advocacy and support that he, and his son Senator Frank Blas Jr., had for recognizing Guam's World War II survivors.

"I join the people of Guam in mourning Frank's passing and honoring his untiring service to our island. I extend my condolences to his wife Tina and the entire Blas family. My thoughts and prayers are with them during this difficult time." ***(PR)***

REVENUE

From Page 1

Best Sunshine rented a portion of T Galleria where they have been operating a mini casino since July last year but formally opened in November. Best Sunshine Live, which has 45 gaming tables, is considered Imperial Pacific CNMI's first step to its $7-billion integrated resort project on Saipan.

Torres provided the recent accounting of the gross gaming tax revenue collected from BSI's operations to House Speaker Rafael S. Demapan (R-Saipan). He said that the projected amount of $39 million alone is a huge boost to the CNMI's economy.

"The total projected amount of $39 million in gross gaming tax for the remainder of the years speaks volumes about our economic resurgence and the viability of the CNMI's tourism industry as we expand to new tourism products," said Torres.

"With deference to your constitutional authority to appropriate this funding, I respectfully wish to offer you my recommendation for its use in a manner in which I believe has the potential to improve the quality of life for our people and strengthen my ability to provide quality public service to our islands," Torres added.

He then gave five core areas—land compensation payments, the Commonwealth Healthcare Corp., LEAC (levelized energy adjustment clause) subsidies for CNMI ratepayers, CNMI Medical Referral, and the Public School System—where he wants the money reserved in accordance with Public Law 18-56 or the Exclusive Gaming License Act.

Torres' recommendations are based in order of priority. "I request that these appropriations be made as funding becomes available in the order of priority, which I believe would be in the best interest of the Commonwealth."

CHCC is allocated $14 million with $1 million directed to the Community Guidance Center's ongoing work of building a network of treatment programs against the "widespread and damaging effects of substance abuse."

Another $2 million is for the establishment of the Health Information Exchange that would enable healthcare professionals and patients "to appropriately access and securely share a patient's vital medical information electronically."

Torres then requested Demapan to appropriate $10,750,000 in paying CHCC's past dues and outstanding balance to the Commonwealth Utilities Corp., while the remaining $250,000 is reserved for telecommunications services.

Land compensation will get $15 million from the outstanding balance of government obligations, PSS gets $1 million to provide support and resources for each child, the CNMI's Medical Referral program will be receiving $4 million to supplement the office with technical support and provide the critical service to the people, while $5 million is for the LEAC subsidy that would provide disposable income among families and residents.

SUNRISE

From Page 1

tremendously changed by the Category 4 typhoon.

Lt. Gov. Victor Hocog, who made the opening remarks, emphasized how "important the community should work together most particularly in times of need, to aid one another."

Another speaker, Stephen DeBlasio, Federal Emergency Management Agency coordinating officer for Typhoon Soudelor, assured the public that "assistance would continue to be active" and available for the people of the CNMI.

He reaffirmed the federal government's commitment and support to see these recovery efforts completed.

Commonwealth Advocates for Recovery Efforts spearheaded yesterday's sunrise vigil and CARE director Jenny Hegland couldn't help but cry upon remembering Soudelor. She said that because of Typhoon Soudelor she saw the hearts of the people of Saipan.

The "strength and resiliency" that she has seen is the reason why she loves Saipan and she considers the island her home. She recognized how working together with different agencies has made recovery efforts easier to achieve.

The event ended with singing of the popular song "Lean on me." The song speaks about leaning on each other for support during difficult times. Even though the aftermath of Typhoon Soudelor was catastrophic, the people's resilient spirit shone through amidst the devastation. One year after Typhoon Soudelor, members of the island community are now able to lead normal lives again.

JUDGE

From Page 1

yer, his motion for summary judgment. Assistant attorney general Charles Brasington argued in opposition as counsel for defendants Department of Public Safety Commissioner Robert A. Guerrero and Department of Finance Secretary Larrisa Larson.

Brasington also argued defendants' cross motion for summary judgment. Murphy argued his reply.

In his motion, Murphy argued, among other things, that the $1,000 excise tax that the CNMI imposed under the newly enacted law, SAFE, is clearly in direct contravention to the U.S. District Court for the NMI's ruling that the people of the Commonwealth have a right to possess handguns for self-defense.

Murphy said the purpose of the $1,000 tax to fund a study on the increased cost of handguns does not exist.

Murphy also argued that the storage provisions of the SAFE Act, the ban on "assault weapons," and the criminalization of and ban on ammunition feeding devices of more than 10 rounds do not survive strict scrutiny and therefore, unconstitutional.

In Guerrero's and Larson's cross motion for summary judgment, Brasington argued, among other things, that the ban on assault rifles and the $1,000 tax on handguns in the CNMI as well as other SAFE provisions are constitutional.

Brasington said the ban on assault rifles in the Commonwealth survives intermediate scrutiny because the CNMI has a significant, substantial, and important interest in public safety, and there is a reasonable fit between the ban on assault rifles and protecting public safety.

Brasington said the $1,000 tax on pistols is constitutional because it is a legitimate use of the Commonwealth's unique ability under the Covenant to control its own customs territory.

In his lawsuit, Murphy alleged that DPS withheld all his firearms and ammunition until the issuance of a firearms, ammunition, and explosive identification card on Sept. 20, 2007.

He said his two firearms were sent to Guam Police Department armory for holding, while the ammunition is being held by the CNMI DPS Firearms Section.

LOW

From Page 3

ward to 9 degrees north.

NWS expects this disturbance to slowly develop and drift toward the north or northwest over the next few days.

"This will result in monsoonal west winds and periods of showers and thunderstorms across the Marianas through at least the weekend and possibly well into next week," NWS said.

Winds of 15 to 20 miles per hour are expected by Friday with gusts of 25mph or higher at times through the weekend.

NWS said any tropical cyclones that develop in this weather pattern will stay well north of the Marianas.

NWS said seas across the Marianas, especially in the western waters, will become choppy later this week as west swells build to 3 to 4 feet for Friday and the weekend. ***(Ferdie de la Torre)***

CHCC turns on multi-million dollar HVAC project

By JON PEREZ
jon_perez@saipantribune.com
REPORTER

JON PEREZ

U.S. Department of the Interior-Office of Insular Affairs CNMI CIP/CI grants manager Keith Aughenbaugh, second right, Lt. Gov. Victor B. Hocog, third right, and Commonwealth Healthcare Corp. chief executive officer Esther L. Muna, fourth right, lead the ribbon cutting ceremony of the hospital's HVAC project last Monday.

Commonwealth Healthcare Corp.'s heating, ventilation, and air conditioning unit went into full operation yesterday, a multi-million dollar project that would lower the hospital's utility bills and would give a more comfortable environment to patients and employees alike.

CHCC held a ribbon-cutting ceremony of the HVAC Tuesday that was attended by Lt. Gov. Victor B. Hocog, CNMI Capital Improvement Projects grants manager of the U.S. Department of the Interior Keith Aughenbaugh, CIP administrator Virginia Villagomez, CHCC chief executive officer Esther L. Muna, Saipan Mayor David M. Apatang, CHCC officials and employees, and other government personnel.

CHCC's new HVAC unit replaced the hospital's decades-old equipment and it is expected to lessen the hospital's utility bills by 30 percent.

CIP project manager Elizabeth Balajadia said the HVAC project began with an assessment of the facility in March 2013 with an initial cost of $3.8 million. Construction for the project started in May 2014 and finished last July 22 with the final cost of $4.3M.

"It was a challenging project for the only hospital in the CNMI. It is now working at full capacity. The noise level is also lessened," said Balajadia.

Muna added the completion of the project is significant for the people of the CNMI and it marks the beginning of the hospital's modernization and improvement.

"It is a project close to four years in the making. We deemed it necessary that the hospital needs upgrading and an energy efficient ventilation system. We have worked for this project on a few years and now here it is," said Muna.

She added that the people of the CNMI are thankful for the assistance given by the Department of the Interior especially Office of Insular Areas Assistant Secretary Esther Kia'aina.

Villagomez said the Governor's Office's top priority is to make sure critical infrastructure, like the hospital, in the CNMI are well attended to. "It will have a huge impact to the community if something happens."

Hocog said the savings that the CHCC would get with the new HVAC system could now be used for other improvements and healthcare.

Northern Marianas College
Procurement & Property Management Office
P.O. Box 501250 CK, Saipan, MP 96950 U.S.A.
Tel.: (670) 234-5498 ext. 2300/01/02 Fax: (670) 235-7601
E-mail: ppmo@marianas.edu

INVITATION FOR BIDS
NMC IFB 16-001
NMC CREES RESEARCH STATION, MAIN STATION VEHICLES

Northern Marianas College (NMC) is soliciting competitive sealed bids for the Procurement of New Pick-up Trucks for CREES Saipan Main Station, As Terlaje Campus.

Specifications and Scope of Work packages may be picked up at the NMC Procurement Office, Bldg. L, 2nd Floor, commencing Wednesday (July 13, 2016) through Friday, between the hours of 8: 30-11:30 a.m. and 1:00-4:00 p.m. As Terlaje Campus, Saipan.

Paid for by 100% Federal Funds through the USDA-NIFA authorized under the Hatch Act, as amended August 11, 1955, Award #2015-31100 (Regular).

In accordance with Public Laws 15-95 and as further amended by Public Law 15-118, Local Preference is not available to local businesses for this procurement.

For Bidders located outside of the CNMI: you may request a copy of the IFB via fax (670) 235-7601 or email to Anita Camacho (anita.camacho@marianas.edu). Bid Packages are due no later than 10:00 a.m., August 15, 2016, at Northern Marianas College, As Terlaje Campus, Procurement Office, Bldg. L, 2nd Floor, Saipan, MP 96950.

This solicitation does not constitute an offer and does not obligate the College in any way. The NMC reserves the right to reject any and/or all bids for any reason and waive any defect in said bids, or cancel in part or its entirety this IFB, if it deems, in its sole discretion, it is in the best interest of the College.

All costs incurred by the proposer to prepare a response to this solicitation and subsequent inquiries shall be borne by the proposer. All submittals shall become the property of NMC.

Approved by the following:

/s/Anita Camacho
NMC Procurement Manager

/s/ Tim Kock, Ph.D
Dean, NMC CREES

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Better Together

NMC nursing students get new simulation equipment

As part of its efforts to enhance the training needs of the local health workforce, the CNMI Area Health Education Center (AHEC) recently purchased a simulation training headwall for the Northern Marianas College's Nursing Department.

According to Rosa Tudela, NMC Nursing Department chairperson, the simulation headwall will serve as a starting point for creating a more realistic environment for nursing students to carry out simulation scenarios provided by faculty.

"We are grateful that the AHEC Program continues to help the college to expand its training facilities," said David Attao, NMC interim president.

"Simulation curriculum is an important part of the courses at NMC, and the new simulation headwall will allow the students to conceptualize difficult concepts while practicing in a safe learning environment," said Tudela.

Tudela added that the environment provided by a simulation laboratory has been shown to be truly valuable for students and an incomparable and safe way for instructors to evaluate whether students are able to apply theory to applied nursing care.

CONTRIBUTED PHOTO

Northern Marianas College nursing students and NMC staff gather around the new simulation headwall that is used for training purposes.

"We know that no amount of clinical training is too much and providing our students with the multitude of scenarios, opportunities, and repetition required is critical to ensure that exceptional practice is internalized," said Tudela. "We want our students to demonstrate competency in nursing assessment, clinical nursing skills, communication, safe nursing care and the ability to function as part of the healthcare team."

"Since we only have one general hospital which does not provide us all the opportunities our students need to see and experience, creating this environment will help bridge the potential gap in the knowledge and skills that result from differing opportunities available to our students on island," Tudela added.

Back in September 2011, the NMC Nursing Program's skills laboratory was upgraded with interactive mannequins, which are anatomical models of the human body used for educational purposes.

The CNMI Area Health Education Center purchased two adult mannequins, one child manikin and one baby manikin, for the NMC Nursing Program. These manikins are used by students to practice basic nursing clinical skills such as physical assessments, insertion of nasogastric tubes, foley catheters, and intramuscular injections of certain medications to name a few.

The AHEC Program at the Northern Marianas College is led by Queanna Sablan, CNMI AHEC Program manager, and Vince Merfalen, director of NMC's Community Development Institute (CDI). ***(PR)***

COMMUNITY BRIEFS

DMS sets orientation

Dandan Middle School has set the following dates for its orientation for the upcoming School Year 2016-2017:

- 6th grade – Aug. 10, 9am-10am at the DMS Cafeteria
- 7th grade – Aug. 11, 9am-10am at the DMS Cafeteria
- 8th grade – Aug. 12, 9am-10am at the DMS Cafeteria ***(PR)***

Zoning Office closed this Friday

The Zoning Office will be closed on Friday, Aug. 5, from 7:30am to 4:30pm. Normal working hours will resume on Monday. ***(PR)***

KHS to host NMHC film festival submissions

Kagman High School will be hosting screenings of the Northern Marianas Humanities Council's film festival submissions today, Aug. 3, at 6pm in the KHS cafeteria. The screening is free and open to the public and snacks will be served. ***(PR)***

HANMI supports Delta Air Line's ambassadors for CNMI

The Hotel Association of the Northern Mariana Islands joined the Marianas Visitors Authority and Delta Air Lines on July 27, 2016, in appointing 227 "ambassadors" that will help sell the Northern Mariana Islands.

HANMI, represented by chairwoman Gloria Cavanagh, was instrumental in a series of FAM(ilarization) tours conducted by travel agents and tour planners in the first half of this year.

Following a December 2015 meeting between Delta, HANMI, the CNMI Office of the Governor, the MVA, and Japan Saipan Travel Association, a series of FAM tours were coordinated to bring more tour planners and travel agents to experience the allure of the Northern Marianas firsthand, in order to better package and sell the destination.

Cavanagh shared that, according to Delta, recently flights from Narita to Saipan flight showed the most improvement compared to flights to competing destinations of Guam and Palau.

"When this program was first suggested by Mr. Morimoto of Delta, HANMI quickly realized the value in participating by providing the rooms. Our islands of Saipan, Rota and Tinian are experiencing a revitalization. We are very hopeful that great changes are occurring that will place the Commonwealth on the visitor map in Japan," said Cavanagh.

"HANMI's commitment to giving key Delta personnel first-hand experience in the Northern Marianas, especially during the time of the year when hotel rooms are in high demand, underscores how vital we know it is to revive and rebuild our visitor base from Japan."

HANMI's commitment to donate rooms for the FAM tours was fulfilled by seven member hotels. The appointment ceremony was held at The Place in Tokyo and was also attended by MVA. A majority of the ambassadors in attendance were from HIS travel agency.

"The Japan market is very important to us," Cavanagh assured industry partners at the event. "Our industry would never have developed as it has without the Japan tourism market. We, as a destination and we, as a hotel association, will work hard together with all of you to regrow this market. Our dedication and willingness to see the increase of the Japan market is strong."

HANMI was established in 1985 as a professional forum for the hospitality industry of the CNMI. ***(PR)***

BIRTHDAY SHOUTOUT

CONTRIBUTED PHOTO

Birthday greetings go out to Kuki Pangelinan who turns 28 years old today. We love you and may God bless you everyday of your life. Greetings from Mom, Dad, and the entire familia.

Commonwealth Utilities Corporation
Office of the Executive Director

REQUEST FOR PROPOSALS
CUC-RFP-16-016

TYPHOON SOUDELOR PERMANENT RESTORATION PROJECT
CUC POWER PLANTS 1, 2, AND 4
SAIPAN, CNMI

The Office of the Executive Director, Commonwealth Utilities Corporation (CUC) is soliciting competitive sealed proposals from qualified and experienced construction firms for the Typhoon Soudelor Permanent Restoration Project for CUC Power Plant Nos. 1 and 2, located at Lower Base and No. 4, located at Puerto Rico, Saipan, CNMI.

The Contractor shall provide and pay for all labor, materials, tools, equipment, transportation, temporary construction of every nature, and all other services and facilities necessary to execute, complete and deliver the work within the specified time frame.

A **mandatory pre-proposal conference** will be conducted at the CUC Power Plant Administration Building in Lower Base, Saipan on **August 5, 2016 at 1:00 p.m., ChST.** Immediately after the conference, Site Visits to Power Plant facilities will be arranged. Proposers shall familiarize themselves with the site conditions prior to submitting the proposal.

Prospective Proposers must pre-register with the CUC Procurement & Supply Division. The RFP Package may be obtained from the CUC Procurement and Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, Saipan, between 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:00 p.m., Monday through Friday, except on government observed holidays, upon completion of registration and presentation of a receipt evidencing a non-refundable payment to the CUC Treasury Section, by cash, check or credit card in the amount of $200.00 (non-refundable) for one RFP package set. The RFP package consisting of the specifications and plans for the project, will be provided in a CD or emailed to the registered email ID.

One (1) original and Five (6) hard copies and 1 Compact Disc (CD) of the entire submission in PDF format must be submitted in a sealed envelope marked ***"CUC RFP-16-016 Typhoon Soudelor Permanent Restoration Project, CUC Power Plants 1, 2, and 4*** to the CUC Procurement & Supply Office, 3rd Floor, Room No. 3, Joeten Dandan Commercial Building, P.O. Box 501220, Saipan, MP 96950, **no later than 10:00 a.m. (ChST) on August 31, 2016.** Late submissions and conditional proposals will not be considered.

The awarded Proposer will be required to submit a copy of a valid CNMI Business license in compliance with the Contractor's Registration and Licensing Laws of the Commonwealth of the Northern Mariana Islands, upon award of the contract. The Contractor and all subcontractors will be obligated to pay wage rates not less than the current CNMI minimum wage, prevailing through the period of contract, as indicated in the web page – https://marianaslabor.net/.

A Proposal Guarantee of fifteen (15%) percent of the total proposal price must accompany the bids. The security deposit may be in cash, certified check, cashier's check, or bid bond executed by a surety company holding a certificate of authority from the United States Secretary of Treasury as an acceptable surety. A Payment Bond of one hundred (100%) percent and a *Performance Bond* of one hundred (100%) percent of the total proposal price will be required upon the execution of the contract by the successful bidders. The Payment and Performance bond must be executed by a surety company holding a certificate of authority from the United States Secretary of Treasury as an acceptable surety. Surety Company must be authorized to do business in the Commonwealth of the Northern Mariana Islands or otherwise secured in a manner satisfactory to CUC, for the protection of all persons supplying labor and material to the contractor or its subcontractors for the performance of the work provided for in the contract.

All insurers' questions, concerns and qualification shall be handled by the Department of Commerce Office of the Insurance Commissioner (OIC). The OIC is tasked with regulating and monitoring compliance to the CNMI's Insurance Code (Title 4, Division 7). *Proposers are required to submit a clearance from the OIC certifying their insurer of choice is in compliance with the CNMI's Insurance Code.*

Proposers are advised that CUC assumes no responsibility in any act of omission on the part of the Proposer due to lack of information or understanding of the proposal requirements in the course of Contractor's preparation of a proposal or supply under the contract.

Discussions may be conducted with responsible proposers for the purpose of clarification and to ensure full understanding of, and responsiveness to solicitation requirements. Proposers shall be accorded fair and equal treatment. There shall be no disclosure of any information derived from proposals submitted by competing proposers. All responses to this RFP should take into account any and all taxes, including excise tax, which will become the obligation of the proposer awarded a contract.

This Request for Proposal does not commit CUC to the award of a contract or contracts, nor to pay any cost incurred in the preparation and submission of proposals in anticipation of a contract. This request and the ensuing contract shall be executed pursuant to the CUC Procurement Regulations. The contractor shall be required to comply with all CNMI and applicable Federal Laws.

Questions or requests for clarification will be entertained only from pre-registered prospective proposers and must be submitted in writing no later than **10:00 a.m. (ChST) on August 10, 2016** to Manny B. Sablan, CUC Purchasing Officer via email address manny.sablan@cucgov.org with a copy to Marcela Tenorio, Purchasing Assistant via email address Marcela.Tenorio@cucgov.org and Venugopal Prabhakara, Power Generation APCM/PM via email address venugopal.prabhakara@cucgov.org.

CUC reserves the right to reject any or all proposals for any reason and to waive any defects in said proposal, if in its sole opinion, to do so would be in the best interest of CUC. All proposals shall become the property of CUC.

/s/ GARY CAMACHO
Acting Executive Director

/s/ MANNY B. SABLAN
Purchasing Officer

MARIANAS VISITORS AUTHORITY

REQUEST FOR PROPOSAL

MVA-RFP-16-2339: Architect and Engineering Services

Closing Date: **September 5, 2016** Time: **3:00 p.m.**

Submit sealed proposals to: Marianas Visitors Authority
P.O. Box 500861 CK
Saipan, MP 96950

Interested parties may pick up the scope of work at the **Marianas Visitors Authority** office between 8:00 a.m. to 5:00 p.m., Monday to Friday, except holidays or by visiting the **MVA** website at www.mymarianas.com.

/s/ Marian Aldan-Pierce
MVA Chair, Board of Directors

/s/ Christopher A. Concepcion
Managing Director

Whispering Palms School appoints new head of school

Whispering Palms School announces the hiring of Jeff La Roux as head of school for the 2016-2017 school year. La Roux is from Michigan and has been an administrator for over 20 years. For the past three years, he has taught English and music and was the head of secondary education at an international school in Qingdao, China.

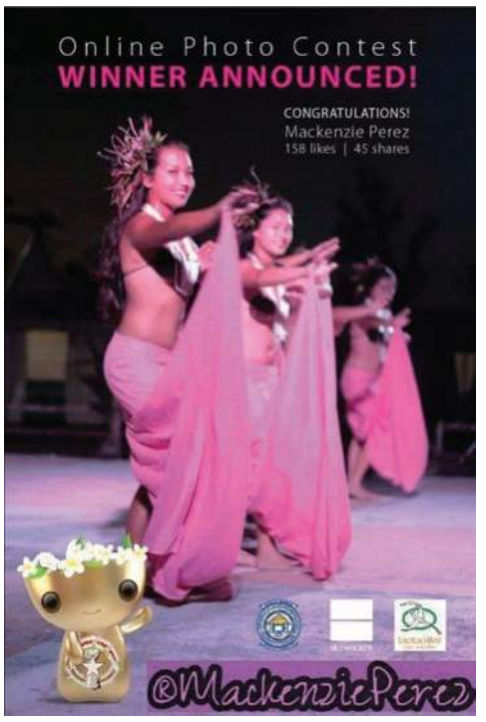
He is a former director of Meadow Montessori High School, where he taught AP classes and worked with students on independent learning. As the new head of school at WPS, he is interested in supporting students to take ownership of their learning through goal setting and student-led conferencing. He is excited to come to Saipan to lead the school and said, "I'm looking forward to working with students, teachers, and parents to make our school a community of learners." La Roux believes that students should come to work in a fun, interesting, and challenging environment.

La Roux

La Roux is the former president of the Association for Middle Level Educators, an international professional organization devoted to children's education between the ages of 10 and 15. He also served as president of the Michigan Association of Middle School Educators and sponsored the state conference at his middle school in Monroe, Michigan. He has been a presenter at professional development conferences on the topic of student advisory groups.

He and his wife, Emilie, are passionate about music. They met in high school as musicians in an honors band event and were assigned to the same host family. Together, they founded the community band in East Jordan, Michigan. La Roux has taught wind and string instruments, and conducted the pit orchestra for several musicals in Monroe, Michigan. The La Rouxes have one daughter who studies Chinese at the University of Michigan.

The first day of school at Whispering Palms is Wednesday, Aug. 10. Parents interested in enrolling their children can review information on the school website at http://www.saipanprivateschool.com/. ***(PR)***



Marianas High School student Mackenzie Perez submitted this winning entry in the 2016 Liberation Day Online Photo contest. MACKENZIE PEREZ

MHS student wins LibDay Online Photo competition

Fifteen-year-old Mackenzie Perez was declared winner of the 2016 Liberation Day Online Photo contest. Her photo of the Liberation Festival performers garnered the most number of likes and shares on Facebook.

Skywalker Communication Group's Animu Facebook page ran the online contest from 12am of July 15 to 12am of July 22. The photos for the contest must be taken during the Liberation Festival from June 10 to July 9. Photos with the most number of likes and shares win.

The winner of the contest gets a one-night stay at Laolao Bay Golf and Resort.

Perez had the most number of likes and shares amongst other participants. Her photo outshone eight other contestants. She got a total of 158 likes and 45 shares.

Perez is an incoming sophomore student in Marianas High School. She is also a student correspondent for *Saipan Tribune* and is one of the volunteers in the recently concluded 2016 Liberation Festivities.

Skywalker Communications would like to thank Laolao Bay Golf and Resort for sponsoring the online photo competition. The company would also like to thank everyone who participated in the contest. They are encouraging everyone to continue to follow the Animu Facebook page and to stay tuned for more giveaways and updates. ***(PR)***

Northern Marianas College
Procurement & Property Management Office
P.O. Box 501250 CK, Saipan, MP 96950 U.S.A.
Tel.: (670) 234-5498 ext. 2300/01/02 Fax: (670) 235-7601
E-mail: ppmo@marianas.edu

INVITATION FOR BIDS
NMC IFB 16-002
SUPPLY AND DELIVERY OF NEW AGRICULTURAL TRACTOR
SAIPAN

Northern Marianas College (NMC) is soliciting competitive sealed bids for the procurement of an Agricultural Tractor for the CREES Research Farm at As Perdido, Saipan.

Specifications and Scope of Work packages may be picked up at the NMC Procurement Office, Bldg. L, 2nd Floor, commencing Wednesday, July 13, 2016, between the hours of 8: 30-11:30 a.m. and 1:00-4:00 p.m.

Paid for by 100% Federal Funds through the USDA-NIFA authorized under the Hatch Act, as amended August 11, 1955, Award #2015-31100 (Regular).

In accordance with Public Laws 15-95 and as further amended by Public Law 15-118, Local Preference is not available to local businesses for this procurement.

For Bidders located outside of the CNMI: you may request a copy of the IFB via fax (670) 235-7601 or email to Anita Camacho (anita.camacho@marianas.edu). Bid Packages are due no later than 10:00 a.m., August 16, 2016, at Northern Marianas College, As Terlaje Campus, Procurement Office, Bldg. L, 2nd Floor, Saipan, MP 96950.

This solicitation does not constitute an offer and does not obligate the College in any way. The NMC reserves the right to reject any and/or all bids for any reason and waive any defect in said bids, or cancel in part or its entirety this IFB, if it deems, in its sole discretion, it is in the best interest of the College.

All costs incurred by the proposer to prepare a response to this solicitation and subsequent inquiries shall be borne by the proposer. All submittals shall become the property of NMC.

Approved by the following:

/s/Anita Camacho
NMC Procurement Manager

/s/ Tim Kock, Ph.D.
Dean, NMC-CREES

The CNMI WIC Program is celebrating

WORLD BREASTFEEDING WEEK 2016
BREASTFEEDING
A KEY TO SUSTAINABLE DEVELOPMENT

Breastfeeding women who are supported by their employers are more productive and loyal. Maternity protection and other workplace policies can enable women to combine breastfeeding and their other work or employment. Decent jobs should cater to the needs of breastfeeding women, especially those in precarious situations.

To think about:

What support do women receive for breastfeeding once they return to work in your community?

Come join us for the 5K World Breastfeeding Week Walk at the FILCOM Pavilion on Saturday August 6, 2016 for free health screenings, a fun walk and free t-shirts, water bottles and tote bags (supplies are limited).

Registration starts at 6:30 am and the event will end 9:30 am. See you there!

For more information call the CNMI WIC Clinic at 664-4084.

For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination

Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Follow us on Instagram @cnmiwicbfpc and like us on Facebook CNMI WIC Program Breastfeeding Peer Counselor.

MVA expands Tinian destination enhancement

Having identified a number of needed destination enhancements, the Marianas Visitors Authority is expanding its project work on Tinian in close collaboration with the Tinian Mayor's Office.

Upgrades to popular Taga Beach have started; electricity has been restored to the pavilions, and a corroded ladder providing access to the beach has been replaced. Other repairs to the restrooms and pavilions are now underway.

"We're glad to be partnering with the Tinian Mayor's Office on these projects," said MVA Product Development manager Tatiana Babauta. "Our goal is to make Tinian even more beautiful and appealing for visitors and residents, alike."

Other improvements at Taga Beach will include addressing safety issues resulting from erosion at the site.

"The MVA will continue to do as much as possible, and we also appeal to everyone to please help take care of these public facilities and to be extra mindful in order to deter vandalism," said MVA Tinian Field Operations supervisor Vida Borja.

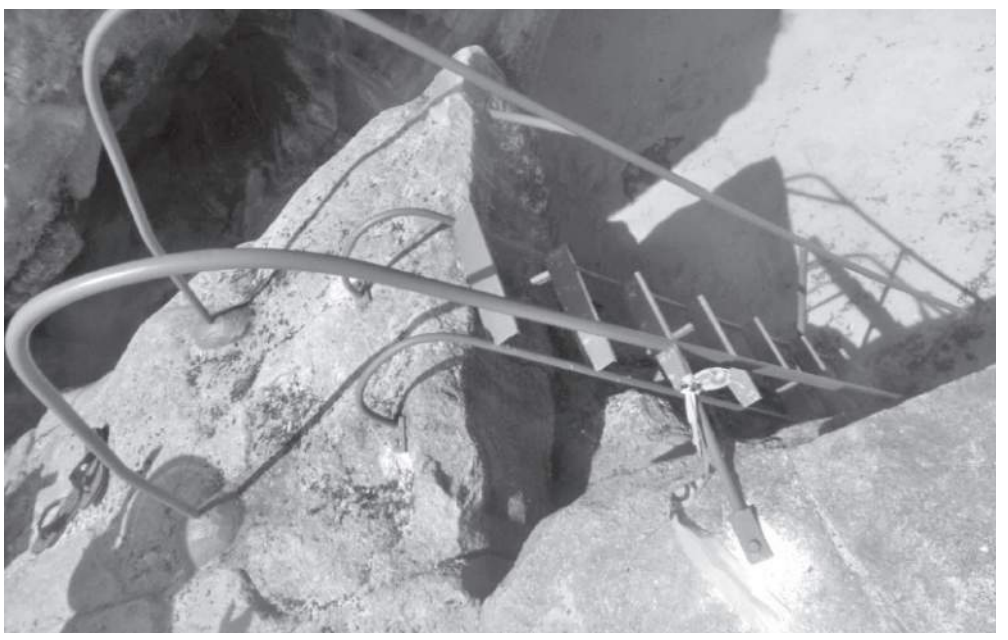
Upgrades to Tinian began last year with the rehabilitation of the plant nursery at the MVA office. Other planned improvements on MVA's preliminary list include toilet repairs at Suicide Cliff, Tachogna Beach, and Kammer Beach. ***(PR)***

CONTRIBUTED PHOTO

Safety concerns resulting from eroded areas at Taga Beach will be addressed under the Marianas Visitors Authority's destination enhancement program, in cooperation with the Tinian Mayor's Office.

CONTRIBUTED PHOTO

The access ladder at popular Taga Beach on Tinian was a safety hazard prior to replacement.



CONTRIBUTED PHOTO

A new ladder at Taga Beach on Tinian installed by the Marianas Visitors Authority and Tinian Mayor's Office provides safer accessibility to the beach.

Pena House, Iridescent offer discount for Green Gala ticket holders

Pena House Boutique and Iridescent are partnering with Micronesia Islands Nature Alliance once again to make this year's Green Gala fundraiser a success. For those searching for the perfect outfit for this year's Green Gala, supporters are invited to bring their purchased Green Gala ticket to receive 20 percent off on formal dresses and suit rentals.

The leading conservation nonprofit organization in the CNMI, MINA has worked to implement various projects, including the Plastic Bag Challenge, Schools for Environmental Conservation workshops, the Marine Debris Prevention program, Tasi Watch Program, the Adopt-A-Bin Project, and Managaha Pride Campaign.

In order to continue its efforts to protect and conserve the CNMI's environment and biodiversity, MINA is seeking the community's participation in the Green Gala event. The organization is supported by project grants and from generous contributions from local businesses and community members.

In addition to lively entertainment, dinner and a variety of beverages, the Green Gala will feature highlights from MINA's projects, a silent auction, and many other activities that promise a memorable evening to celebrate over 10 years of working with island communities for conservation.

As the last Green Gala was sold out, organizers are encouraging those who plan to attend to buy their tickets early. The Green Gala will be held on Sept. 2, 2016 at the Fiesta Resort & Spa's Hibiscus Hall. To purchase tickets call 233-REEF or visit mina-pacific.org to purchase tickets via PayPal. ***(PR)***

Flashback

A LOOK BACK AT PAST YEARS' HEADLINES

August 3, 2000

RP consulate beefs up security

The Philippine Consulate has sought the CNMI's assistance in beefing up security in its offices in Nauru Building in light of the bombing incident that left the Philippine ambassador to Indonesia seriously wounded. The local government, through a directive from Gov. Pedro P. Tenorio, acted swiftly on the request, deploying police officers at the 1st and 5th floors of the building where the labor and consular offices are located. The explosion, which has been blamed on the country's largest Islamic rebel group, has prompted the Manila government to issue extra precautionary measures to all of its foreign service posts. Governor Tenorio, upon Philippine Consul Julia C. Heidemann's request, has ordered the Department of Public Safety to provide the consulate protection to thwart any possible attacks. DPS officers are stationed at each of the two floors, conducting routinary inspections on individuals who have business with the offices.

FSM food ban to be lifted

The Department of Lands and Natural Resources is moving toward the lifting of the ban on the importation of food from the Federated States of Micronesia following reports that the cholera epidemic in the state of Pohnpei has been contained. DLNR Secretary Joaquin Tenorio and Health Secretary Joseph Kevin Villagomez recently met to assess a report by the FSM cholera task force assuring the CNMI government the epidemic in under control.

August 3, 2005

Gov't opposes user fee reduction

The Babauta administration opposes the proposed reduction of user fee by 1 percent, saying it poses adverse impact to the government revenue collection.

Finance Secretary Fermin M. Atalig said during yesterday's hearing held by the House Committee on Ways and Means that the passage of the bill would mean loss of some $6.5 million in revenues in fiscal year 2006. This is on top of the projected 20 percent reduction in garment user fee beginning this year due to the worldwide lifting trade quotas. He said the reduced rate would also reduce the FY06 projection revenue collection to $199.8 million from $206 million as reflected in the Babauta administration's budget submission for the next fiscal year. He said there could be an impact in FY05 depending on the date of implementation.

Engine trouble forces aircraft's emergency landing

An aircraft suffered engine trouble in mid-air early last night shortly after taking off from the Saipan International Airport, prompting it to return to the tarmac for emergency landing. The Ports Police said no one was injured in the incident.

This happened as Saipan, Tinian and Rota remained under volcanic haze from Anatahan until last night. As of press time, the Emergency Management Office has yet to lift the volcanic haze advisory for the three islands. The aircraft reportedly left the Saipan airport at approximately 6pm. Minutes later, at about 6:15pm, Ports Police on-duty airport supervisor Sgt. Greg Arriola said his office received a call that the aircraft was coming back due to "problems with its left engine."

August 3, 2015

Widespread damage from Typhoon Soudelor

The Commonwealth Utilities Corp. suffered widespread damage to Saipan's power distribution system when Typhoon Soudelor made landfall Sunday evening. The island currently remains without power, water and wastewater services as broken power poles and downed wires lay scattered across roads and buildings. Fallen trees and power poles blocking all major roadways are hampering recovery and assessment efforts. In addition to the damage sustained by the power distribution system, damage was incurred by Saipan's power generation facilities. While the extent of the damage to Power Plant One has yet to be determined, the power producing generators are currently inoperable. The lack of power generation capability also affects CUC's ability to deliver water service. Without electricity to power to the pumps, water cannot be pumped into the reservoirs. As no timetable for the complete restoration of essential services is available, customers should prepare for an extended power and water outage. At first light, CUC will work with the Federal Emergency Management Agency (FEMA) to perform an island-wide assessment to ascertain damage and plan recovery efforts. In the meantime, the public is cautioned to stay clear of fallen power lines. Even poles that remain standing may not be safe as the storm may have damaged or weakened the poles and the accessory assemblies.

Tõrõ Nagashi Ceremony

JON PEREZ

Liberation Queen Christine Roque, third right, and, from second right, princesses Cornessa Dela Cruz and Sheela Marie K. Saraff join the human chain that passed the lanterns going into the water.

MACKENZIE PEREZ

Prayers were recited before the lanterns were floated to sea.

MACKENZIE PEREZ

Saipan Mayor David M. Apatang, right, lights an incense to honor all of those who died during World War II.

MACKENZIE PEREZ

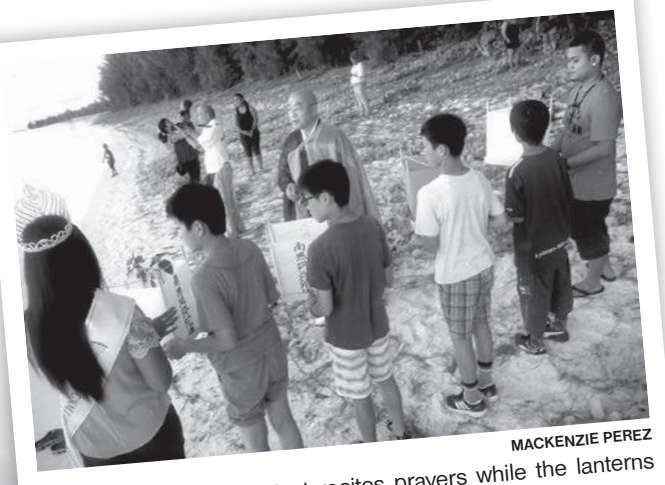
Colorful paper lanterns were lined up before being floated to the sea.

JON PEREZ

The Shinto priest blesses the lantern.

MACKENZIE PEREZ

Student members of the Sanpoen group put flowers and pieces of food in the lanterns as an offering.

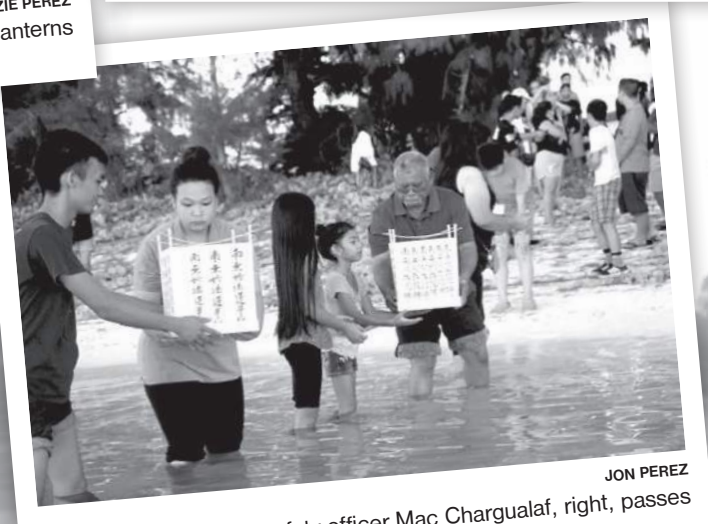


MACKENZIE PEREZ

The Shinto Buddhist priest recites prayers while the lanterns were passed on.

JON PEREZ

Liberation Day Princess Sheela Marie K. Saraff, right, passes one of the lanterns to Saipan Mayor's Office staff Joan Aquino.



JON PEREZ

Saipan Mayor's Office safety officer Mac Chargualaf, right, passes the lantern to a young girl.

JON PEREZ

Part of the 300 paper lanterns that were floated by the Japanese Sanpoen group in last Saturday's ceremony. Called tõrõ nagashi, it is based on the Japanese belief that the lanterns will help guide the spirits of the dead to the other world.

Opinion

Hafa Adai!
Saipan Tribune
THE CNMI'S FIRST DAILY NEWSPAPER
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EDITORIAL

Requiem for the VCR

The VCR, in frail health for decades, has died. The Funai Corp. of Japan, last known maker of videocassette recorders, said it would stop making the machines by the end of July.

Official cause of death: "difficulty acquiring parts." More likely: difficulty acquiring customers. Who knew someone was still producing VCRs? The last one we saw was in a museum. And all those tapes? In the trash years ago.

Still, we mark the passing of the VCR because it liberated Americans from the tyranny of the network TV schedule. Because it ruled America's living room in the 1970s and 1980s. Because today's TV on demand — anywhere, anytime, on any device — traces its roots to the VCR revolution.

In 1956 the Ampex Electric and Manufacturing Co. unveiled the first demonstration of the technology that would evolve into the home VCR, The New York Times reports. Fred Pfost, an Ampex engineer, secretly taped and then played back a speech delivered by a network vice president to a group of executives.

Pfost describes what happened when the execs watched the replay: "There were about 10 seconds of total silence until they suddenly realized just what they were seeing on the 20 video monitors located around the room. Pandemonium broke out with wild clapping and cheering for five full minutes. This was the first time in history that a large group (outside of Ampex) had ever seen a high-quality, instantaneous replay of any event."

Yes, the arrival of VCRs in American living rooms was exhilarating. Who could forget that RCA model with the pop-up tape bay? What a magnificent beast! Huge and heavy, with a detailed and cryptic instruction manual that did not readily yield its secrets.

Back then, VCR choice revealed much: Proto-hipsters preferred the (allegedly) pricier, higher-quality, shorter-running Beta tape. Everyone else went with the less expensive, longer-running, pedestrian VHS. (Millennials, think Mac vs. PC.)

Whichever the choice, the wondrous machine would whir to life at any hour of day or night (as long as you could figure out how to set the timer). Then, hours or days later, a viewer could gorge on "thirtysomething" or "All in the Family" or "MASH" or "Miami Vice" or "St. Elsewhere" or "Cheers" (which, yes, dates us to the Pleistocene era of TV).

And anybody could be a producer-director. Video cameras captured birthday parties, piano recitals, bar mitzvahs, christenings, proms, graduations, first steps — a major leap in convenience from Super 8 film.

The tapes in their sturdy plastic containers started filling shelves. Collections grew and grew, even if you never watched a minute. Taping appealed to the inner hoarder.

But the VCR had its limits. The plastic shells would crack. The tape itself deteriorated after repeated viewings or just the passage of time. As the tapes grew murky and grainy, they became even more precious.

That realization unleashed an industry that converted tapes to DVDs, catering to desperate parents hoping to en-

See REQUIEM on Next Page

IT'S ROMANTIC THAT YOU TOOK ME TO LOOK AT THE STARS... WE NEVER DO STUFF LIKE THIS...
I NEEDED TO DECOMPRESS AFTER BOTH POLITICAL CONVENTIONS.
KOTERBA
OMAHA WORLD-HERALD

Mapunu` Industria

Este i chechu` muron ni mabalutan ni interes pertsonat malefa hau dispues haye un` represesenta. Mofona buchimu `nai kontodu hagu dispues bachet gi aksionmu siha.

Si Senadores Francisco Borja yan Jude Hofschneider masupotta inapprueban Saipan casino `nai gi mismu tiempu mapunu` i industria para Tinian. Ke lau haye in` represesenta? Na ti pot futuron tautau Tinian na mangaige hamyu gi Senate? Haye tumagu` hamyu rumepresenta Saipan `nai uttimoña dañkulu na traision yan dañu kontra mismu tautau miyu?

Kasi mabatga siha na mauleg bidan niha lau ti marepara na petmanente manadañu i industrian casino giya Tinian. Mauleg i petmanente na dañu in` afuetsas kontra futturon tautau Tinian? Estague` si Kiku` yan Jude na mañan senadores!

Dispues mafa` tampen sinetnan interes man-ritirau. Ke lau guaha inna`e los probes hatsadan Cost of Living Allowance (COLA) pot sentaya` subida apmam na tiempu? Gi halum seru na ayudun sueddon man-ritirau na ti magahet na man-inaminasa kumahulu` gastun nesessidat siha?

Manu `nai in` pega kabesan miyu guine na asuntu? Inna` la`la` industrian casino Saipan mientras in` pinu mismu industria giya Tinian?

Tiempun Chata`an

Este i mamo`lu para `an tiempun chata`an mauleg na eksisiu para todus. Tat ti pumadesi tinetpe ni mona ni tatte `nai ni un` sientimus guaha gi monedan familia. Poresu na mauleg in` gef atan todu gastun familia ya in` limitte gi dichu presisu na asuntu.

Magahet na hagas petsonat na eksisiu muna` sahñge dididi` gi pottanmoneda-hu para `an hu fagcha`e presisu na asuntu. Guaha na esta sais mesis hu gu`ut soluke guaha presisu. Megaiña besis `nai hunana`lu gi asaguahu pot guiya mumaneneha fiñkas mame todu pot todu.

Pot finaposhu gi halum didog na sasalaguan pinepble mina` umeyagyu` muna`sahñge. Ni unu tumuñgu` haf` para ta totpe bes enkuandu. Tat tihu akude desde famaguonhu, mañeluhu yan kilisyanu ni numesessita assistimientu. Namagof na siñiente i un` estira kanaimu gi prohimumu.

Bira birada mafattu tatte gineftaumu maseha gi otru na hechuran regalu. Ayu na prohimu i hu ayuda mattu dispues yan manguaguan guihan ya ilegña, "Apprubecha saina sa` este ha` kinine`hu na biahe". I otru fina` a`gun haya yan gulusina ginen gualo`ña. Sumen agradesiyun ya i prohimu ni un` ayuda gi oran nesessidatña ti u malefa. `An gai suette siempre un` hinassu.

Na geftau hau kontodu tinayuyotmu!

Iran Linau

Mauleg sa` chagu` yan Saipan i linau gi mapos na Sabalu. Gai minetgot, ennau i 7.7 gi mafanana`an Richter Scale, sisteman midision linau.

Kumu hihot halum gi tanu`, i 5.0 na linau esta ni unu siña tumohge. Debi un` hakude i satge sino hilu` tanu` para un` libre. Atan kau guaha fina` troñku gi oriya ya un` suhaye.

I mamakatña este na ira i ni unu siña prumedikta ñgai`an `nai para u saulag hit yan kuantu minetgotña. Huli`e sinisedin iya Alaska `nai poduñg trosun ais (niebe) ni umatisa mafanana`an mega tsunami. I mas dañosu na hinalum tasi sa` ti maribaha gigon ha danche i tanu`. Manu linekaña `nai mattu taiguihe `an humuyuñg.

Para mona ha danche hit lamegai na linau. I kuestion: Ñgai`an i dañkulu `nai para u prensa hit todus. Puede ti masusedi sa` dañkulu na destrosiu kontra hita.

Guinaiyan Saina

I saina ha dimemoria nesessidat kada patgon. Ayu na famaguoña i sumoda` ginefsagan niha ha po`lu gi un` banda. Haf` suetteña hana`na` para ayu na patgoña i ume`ensinahyau mantension pot pinepbleña.

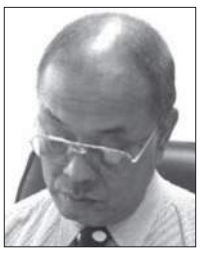
Guaha i amku` `nai ha ayau-yu` sientu pesus. `Nai para u hanau un` cheluhu hana` fangu`ot dididi` para mantensioña. Ni unabes `nai hu kopbla. Ayu na disposisioña ginen un` saina ni sumen guaiya yan gumofli`e todu famaguoña. Sige mona guahu mismu umeksisia haf` bidan i amku` gi ti gumof muna` siña na patgon-hu. Sensian yine`ase`!

Inagofli`e

I popble na guma` sumen riku inagofli`e yan hihot yan fitme na dinaña`. Metgot sensian kooperasion gi todu pinetsige. Antes mas `nai anog este gi hinanau familia para i gualu`. Machogue chechu` niha antes de lemlem tautau. Dispues manhanau tatte gi gima` manmama` sena, tinayuyot yan deskansu.

Siñaha` popble trastes yan fiñkas, lau repara sa` mañgontentu yan magof gi haf` guinahan niha. Maseh un` latan satdinas ni makema yan biriñgenas sin hinegsa` lau todu umagradesi ya ni unu goñguñg. Mabenefisia haf` gaige gi lamasan sena. Este na

By JOHN S. DELROSARIO JR.
Special to the Saipan Tribune



John DelRosario Jr. is a former publisher of the Saipan Tribune *and a former secretary of the Department of Public Lands. All views expressed by the author are his/her own and do not necessarily reflect the opinion and stance of the* Saipan Tribune.

Trump, it's best to shut up about family whose soldier son died

By JACQUIELYNN FLOYD
The Dallas Morning News

Jacquielynn Floyd is a columnist for the Dallas Morning News*. Readers may email her at jfloyd@dallasnews.com*

I'm fixing to do Donald Trump a big favor, because he clearly does not grasp the axiomatic Law of Holes.

That's the old scrap of cornpone wisdom that advises, "When you're in a hole, quit digging."

This is generous on my part, because I'm not a fan. But here — at no charge! — is a superb piece of political advice, which he would be uncharacteristically wise to heed: Shut your trap about the Khan family.

Stop talking about the Khans. Quit tweeting about them. Change the subject, move on, and take comfort in the likelihood that we in the media with our little grasshopper attention spans, will forget all about them by the end of the week.

Because every single effort Trump has made since last week to denigrate the Muslim American family of a slain U.S. soldier has exploded in his face. Constitutionally unable to relinquish a topic without firing off the final salvo, the GOP candidate for president of the United States (Wait, let me check: Yep, still feels like an elaborate practical joke) keeps making things worse for himself.

This started Thursday night, when Khizr and Ghazala Khan took the stage at the Democratic National Convention. Khizr Khan spoke about his son, U.S. Army Capt. Humayun Khan, who was killed by a car bomb — while ordering other soldiers to keep back — in 2004 while serving in Iraq.

In speaking about his son's sacrifice, Khan rejected Trump's proposals to suspend Muslim immigration as unconstitutional, and said Trump "has sacrificed nothing and no one."

Trump, in keeping with his predictable nature, fired back by recounting his own "sacrifice" of being a rich guy who employs a lot of people — an awkward attempt to equate himself with a fallen hero.

When criticized by — well, pretty much everybody — Trump compounded the insult by suggesting Ghazala Khan, who did not speak during the DNC appearance, was a victim of sexist oppression because the family is Muslim.

"I'd like to hear his wife say something," Trump said in one interview. "She had nothing to say," he said in another. "Maybe she wasn't allowed to have anything to say."

As it turns out, she had plenty to say. In an op-ed piece published in Sunday's Washington Post, Ghazala Khan said she did not speak from the convention stage because she was afraid she would break down.

"I could hardly control myself. What mother could?" she wrote. "Donald Trump has children whom he loves. Does he really need to wonder why I did not speak?"

Even for a reliable geyser of tasteless insults, this episode represents a spectacular trifecta. Since last Thursday, Trump has managed to offend U.S. service personnel and their families, American Muslims and women who would prefer not to have men telling them when they should or should not speak.

If Trump is genuinely worried about whether Ms. Khan "was allowed" to speak, it represents enlightenment. The Donald has not always been so deeply concerned that wives and husbands share partnership status. Some of his quotes on the topic include:

"My big mistake with (first wife) Ivana was taking her out of the role of wife and allowing her to run one of my casinos in Atlantic City, then the Plaza Hotel … I soon began to realize I was married to a businessperson rather than a wife" and "When I come home and dinner's not ready, I'll go through the roof, OK?"

Because Trump did not have enough sense to not insult a Gold Star family whose son died fighting for this country, the Khans on Monday were still being sought for media interviews.

And Trump could not help himself: He tweeted out the insults, apparently in real time as he watched them on television.

As Mr. Khan spoke in measured tones to CNN about "decency," "dignity" and "respect," Trump accused him of a "vicious attack" and tweeted that "this story is not about Mr. Khan who is all over the place doing interviews, but about RADICAL ISLAMIC TERRORISM in the U.S. Get smart!"

No charge, Mr. Trump. This is free advice.

Stop talking. Or even better, wise up and shut up.

REQUIEM

From Page 10

shrine their child's greatest hits … on something that would last forever.

Nothing does.

Today, the cloud — that is, storage in the internet's digital vapors — promises video immortality. As long as the power doesn't fizzle and the servers don't go down.

Abandoned technologies sometimes are resurrected by a new generation of devotees. That's why some hipsters now favor vinyl records.

Still, we don't imagine that the same sunny fate awaits the VCR. The grainy images of all those television shows, lovingly taped and archived, was comforting to a generation of videophiles intent on preserving their favorite episodes of "Star Trek" or "Seinfeld." But who would trade those bulky and balky tapes for the exhilarating video library in easy reach of a smartphone?

And so we eagerly await a flash forward to the next electronic marvel.

RIP, VCR.

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INDUSTRIA

From Page 10

ginefsaga mas dañkulu ke guinahan kosas tanu`. Man-eyag hit hinimidde gi dididi` na guinaha-ta sino taya`ta!

Tiempun Buruka

Hihihot ta`lu tiempun burukan politika. Esta matutuhon dinaña` otganisasion gi todu tres pattida: independente, democrats yan republicans. Guaha esta ha tutuhun mañgasas sa` hinalulula umesalau gi tubu.

I man-nuebu na tropa ti senmegai para umasañgan. I mangaige pa`gu gi offisina lamegai mas na dinage para umafatta ta`lu na biahe publikamiente.

Esta namanman i taya` bidan niha benefisiosu para i publiku. Lau manlistu che`chu` tai-mamahlau pot manma`hu manma`gas. Saña pitu na mañan politika ta fafana`. Finu` Magoo ti namanman sa` hagas mantai-mamahlau.

Haf `ste na meskla yan estorian siete na manbachet. Ni unu lumi`e taimanu hechuran alefante lau kada unu gai estoria haf` pusturaña ennau na higante. Dios mihu!

Pot Diskuidu

Gi kada sakan na diskuidu ginen manma-elihe, tres años tatte maluñu` linala` publiku gi todu manera. Este na asuntu ni unu gi entre siha kumomprende kasi pot tinahuñg tinemtum yan sensian metgot na kabisiyu gi offisiun niha pa`gu.

Hagu ni manbobota mauleg un` komprende na taiguine masusesedi gi kada sakan na diskuidu ginen siha. Kada ratu mahatsa gastun niha ni mafa` sueddu.

Uttimoña man-masuesuddu $90,500 gi sakan kada unu. Kuantu un` gagana yan kau mana` saunau mahatsan sueddomu gi halum 20 años na tiempu? Estague` na kuestion mauleg in` faisen. Yahu humuñgog haf` na ineppe guaha pot este na asuntun linahyan.

Guaha siha asuntota ni manlalailai kulan mohon ti asuntu. Maletke pot gai minapot i ginagagau na satbasion. Lau ti manmanhula` para umasatba probleman publiku? I tautau man-namase` gi hilu` este na diskuidu. Fan egaga` umayeg mauleg haye para in` beta na biahe. Kritikat i tiempu mina` debi un` ebalua kabales todu kandidatu.

Why Clinton must be elected president

By TRUDY RUBIN
The Philadelphia Inquirer

Trudy Rubin is a columnist and editorial-board member for the Philadelphia Inquirer*. Readers may write to her at:* Philadelphia Inquirer*, P.O. Box 8263, Philadelphia, Pa. 19101, or by email at trubin@phillynews.com.*

Now that the presidential race is truly on, anyone who cares about America's foreign policy and national security has no option but to vote for Hillary Clinton. Even if you don't like her.

The most urgent reason is the need to prevent a mercurial, ill-informed hot head from ever having his hand on the nuclear button. The second reason is that Clinton has a particular skill set that is vital for these unstable times.

Donald Trump has demonstrated over and over again that he doesn't have the temperament to be commander-in-chief. He flies off the handle at criticism and shoots off his mouth with reckless abandon (like his call for Russia to hack and release Clinton's emails).

Many Trump supporters appear to believe he can compensate for his flaws by surrounding himself with foreign policy heavy hitters. But he's failed to do so. Whereas Ronald Reagan, to whom Trump compares himself, had a vast array of foreign policy advisers and a clear ideology when he ran for president, Trump has neither.

Trump has already terrified America's allies and thrilled our adversaries with his talk of dismantling our key alliances with NATO, Japan and South Korea, and his praise for authoritarian regimes like Russia and China. He has suggested ditching an array of treaties that would undercut important international institutions.

Former Defense Secretary Leon Panetta, speaking last week at the Perry World House at the University of Pennsylvania, tried to imagine the situation if Trump were elected, and could hardly get the words out. "To think that someone like Donald Trump could become president," Panetta said, "and could back off our alliances, could say troops ought to torture, and that we ought to spread nuclear weapons and ban all Muslims — this is crazy.

"He has already jeopardized our national security, has already raised questions about where the United States is and will be."

Having recently returned from Germany and France, where I spoke with government officials and foreign policy experts, I can attest to the bewilderment and shock of our close allies. "He can't possibly win, can he?" was the question I heard everywhere.

Our foreign partners are also bewildered at how eager Trump is to belittle them. After a French priest was murdered by the Islamic State — a tragedy that normally inspires condolences — Trump shot off: "France is no longer France." French President Francois Hollande angrily retorted, "France will always be France. It never gives up because it still bears ideals, values … it's when you lower your standards that you are no longer what you are. That's something that may happen to others on the other side of the Atlantic."

Why insult an ally at such a painful moment? That question gets to the heart of why Trump presents such a danger to America's future. Trump appears to believe that America — and he, himself — can go it alone.

Which brings us to Clinton. No one can contest the breadth of her foreign experience, as first lady, senator and secretary of state. She understands the critical need for the United States to maintain its role as a global leader at a time when Western democracies are in turmoil. She grasps — as Trump doesn't — that "Americanism" and "globalism" can't be separated. Prosperity at home requires stability abroad.

Moreover, Clinton recognizes that the global challenge to democracies from Moscow, Beijing, and the Islamic State requires that alliances be solidified, not broken.

Yes, she has made mistakes (who wouldn't have in decades of public service). Her staffing choices have not always been wise. Her use of a public email server was clearly unwise (although only a few dozen of 30,000 emails examined by the FBI had classified information). The Libya intervention ended poorly (although the options were all bad).

And the closely held White House foreign policy team left her little space to shape policy during her years as secretary of state. But what came through during her tenure was her toughness when confronting adversaries. In summer 2012, she — along with Panetta, CIA chief David Petraeus and top army brass, wanted to arm moderate Syrian rebels (when they truly existed) as leverage to force Damascus to the bargaining table — a move that might have ended the Syrian conflict. The Obama team refused.

Clinton has taken a firmer stand than Obama toward Russia's hybrid warfare in Ukraine. She has advocated a more forceful effort to end the Islamic State caliphate (without sending U.S. ground troops). Yet her stance is far different from the reckless Trump rhetoric, which promises to defeat the Islamic State overnight but gives no details. As Clinton ruefully admitted at the Democratic convention, she is a stickler for details.

Of course, this is a bizarre election year — when the isolationist Trump has pulled GOP foreign policy to the left of Obama, and Democrats have taken on the mantle of patriotism. Clinton has the support of retired Gen. John Allen, and other retired brass, and clearly is comfortable dealing with the military. Yet some Americans may fear an activist Clinton foreign policy will pull the country into another conflict.

But the Democratic candidate has made clear that, whenever possible, she prefers tough diplomacy to force. She showed her chops when she maneuvered Europe, Russia, and China into supporting tough sanctions against Iran. The final Iran deal was negotiated after she left office, but she has pledged to hold Iran to every detail.

Trump, on the other hand, wants to junk the deal, which would lead either to an Iranian nuke or another Mideast war.

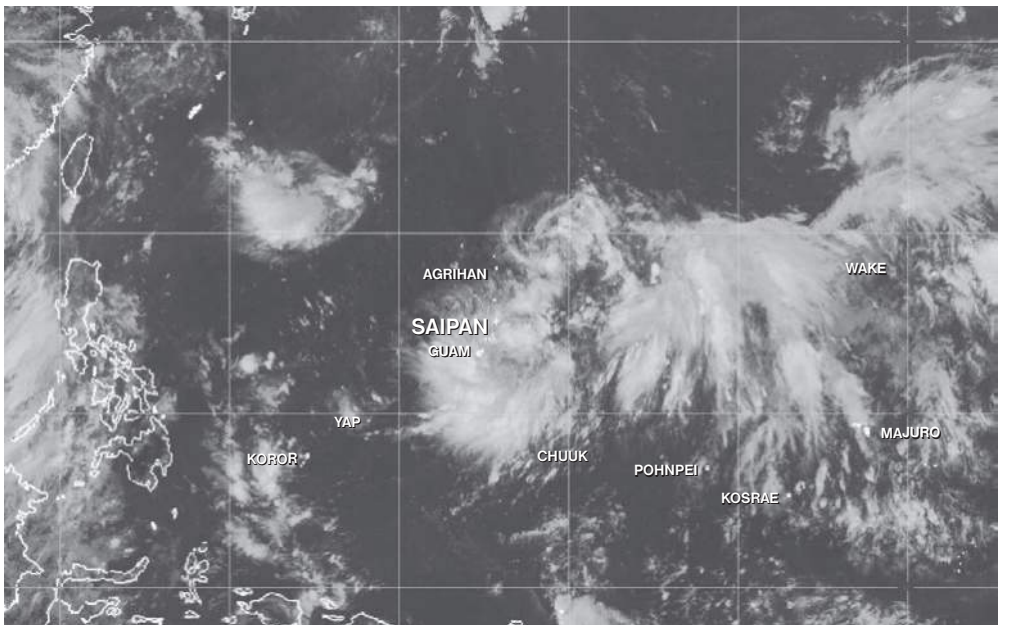
Indeed, the irony of this election year is that the GOP, which was once the party dedicated to keeping America safe, has put forward a candidate whose temperament would gravely endanger U.S. security. That's why — whether or not you like Clinton — it's so essential that she be elected to the job.

The Weather

5-DAY FORECAST FOR SAIPAN AND TINIAN

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mostly cloudy with scattered showers and isolated thunderstorms. West winds 5 to 15 mph.	Mostly cloudy with scattered showers and isolated thunderstorms. Southwest winds 10 to 20 mph.	Mostly cloudy with isolated showers and thunderstorms. Breezy at times.	Mostly cloudy with isolated showers and thunderstorms. Breezy at times.	Mostly cloudy with isolated showers and thunderstorms. Breezy at times.
▲87º ▼78º	▲87º ▼78º	▲87º ▼79º	▲88º ▼79º	▲88º ▼79º

YESTERDAY'S SATELLITE IMAGE



PICTURE TIME: 6:12 AM, TUESDAY, AUGUST 2, 2016
Western North Pacific between equator and 25N from 130E to 180.

Gentle winds and mostly cloudy skies prevail across the Marianas this morning. Scattered showers and isolated thunderstorms are evident on the latest IR satellite and WSR-88D products just to the east of Guam and Rota. Latest model run brings in stronger west monsoon winds beginning Thursday with the ECMWF being the most aggressive, with wind speeds in excess of 25 knots across the coastal waters. Both models remain consistent with an overall wet pattern for the Marianas through the next 10 days as the monsoon circulation develops to the northeast of the islands, though the GFS continues to show most of the showers near Tinian and Saipan.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam homepage: www.prh.noaa.gov/guam/

MICRONESIA		▼ ▲
Guam And Rota	Mostly cloudy	83 / 90 °F
Palau	Partly sunny	80 / 86 °F
Yap	Afternoon clouds	75 / 90 °F
Chuuk	Heavy rain	80 / 87 °F
Pohnpei	Afternoon clouds	76 / 88 °F
Kosrae	Thunderstorms	82 / 86 °F
Majuro	Strong thunderstorms	82 / 87 °F

AROUND THE GLOBE		▼ ▲
Auckland	Mostly cloudy	52 / 56 °F
Beijing	Partly cloudy	73 / 91 °F
Hong Kong	Strong thunderstorms	79 / 82 °F
Honolulu	Mostly sunny	74 / 83 °F
London	Morning clouds	64 / 72 °F
Los Angeles	High level clouds	67 / 80 °F
Manila	Partly sunny	80 / 90 °F
Melbourne	Mostly sunny	45 / 53 °F
Miami	High level clouds	83 / 88 °F
New York	Mostly sunny	67 / 80 °F
Osaka	Partly sunny	73 / 92 °F
Paris	Mostly cloudy	65 / 75 °F
Pusan	Partly cloudy	79 / 88 °F
Rome	Sunny	66 / 94 °F
Salem	Sunny	53 / 82 °F
San Francisco	Morning clouds	55 / 69 °F
Seoul	Morning clouds	74 / 89 °F
Tokyo	Mostly cloudy	76 / 87 °F
Washington, DC	Partly cloudy	71 / 83 °F

NMI CRIME STOPPERS
Anonymous tips can now be submitted through the following:
- Call 234-7272 (PARA) on any telephone
- *11 on any IT&E cellular phone
- Log on to the internet at www.nmicrimestoppers.com

TIDES: SAIPAN HARBOR TODAY		
2:42 AM	LOW TIDE	0.94 Feet
7:47 AM	HIGH TIDE	1.93 Feet
2:56 PM	LOW TIDE	-0.23 Feet
9:34 PM	HIGH TIDE	1.92 Feet

SUNRISE / SUNSET		
Today	6:00 AM	6:46 PM
Thursday	6:00 AM	6:46 PM
Friday	6:00 AM	6:45 PM
Saturday	6:01 AM	6:45 PM
Sunday	6:01 AM	6:44 PM

MOONRISE / MOONSET		
Today	6:03 AM	7:00 PM
Thursday	6:57 AM	7:45 PM
Friday	7:49 AM	8:28 PM
Saturday	8:40 AM	9:09 PM
Sunday	9:28 AM	9:48 PM

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FLIGHT SCHEDULE AS OF JULY 6, 2016

DEPARTURES

SAIPAN-GUAM (GUM)

UA2924	4:15am	5:05am	Daily
UA2922	8:40am	9:30am	Daily
UA2921	1:30pm	3:10pm	1, 4, 5, 7 via Rota
UA2920	2:20pm	3:10pm	2, 3, 6
UA2928	6:05pm	6:55pm	Daily
UA2926	9:50pm	10:40pm	Daily

SAIPAN-ROTA (ROP)

UA2921	1:30pm	2:05pm	1, 4, 5, 7

ROTA (ROP)-GUAM (GUM)

UA2921	2:35pm	3:10pm	1, 4, 5, 7

SAIPAN-NARITA (NRT)

DL297	4:20pm	7:00pm	Daily

SAIPAN-SEOUL (ICN)

OZ626	2:20am	6:00am	1
OZ626	2:50am	6:30am	2, 3, 4, 5, 6, 7
7C3403	4:45am	8:30am	Daily
LJ652	2:10pm	6:05pm	Daily
7C3401	4:00pm	7:45pm	Daily

SAIPAN-BUSAN (PUS)

OZ608	3:10am	6:20am	4, 7

SAIPAN-SHANGHAI (PVG)

3U8648	6:10am	8:40am	1, 4, 5, 7

SAIPAN-BEIJING (PEK)

MU764	1:30am	6:35am	3, 5, 7

SAIPAN-GUANGZHOU (CAN)

3U8646	4:20am	7:30am	2, 6

SAIPAN-MANILA (MNL)

OZ626/701	2:20am	11:05am	1 via ICN
OZ626/701	2:50am	11:05am	2, 3, 4, 5, 6, 7 via ICN
UA2924/191	4:15am	8:55am	2, 3, 6, 7 via GUM
UA2924/PR111	4:15am	9:15am	Daily via GUM
PR1572	4:35am	6:45am	1, 4
UA2921/183	1:30pm	8:50pm	5 via Rota-GUM
UA2921/183	1:30pm	9:10pm	1, 4, 7 via Rota-GUM
UA2921/193	1:30pm	10:35pm	5 via Rota-GUM-ROR
UA2920/183	2:20pm	8:50pm	2 via GUM
UA2920/183	2:20pm	9:10pm	3, 6 via GUM
UA2920/193	2:20pm	10:35pm	2 via GUM-ROR

SAIPAN-HONG KONG (HKG)

OZ626/721	2:20am	11:50am	1 via ICN
OZ626/721	2:50am	11:50am	2, 3, 4, 5, 6, 7 via ICN
UA2921/159	1:30pm	9:55pm	1, 5 via Rota-GUM
UA2920/159	2:20pm	9:55pm	3, 6 via GUM
HX076	5:30pm	12:30am+1	3, 7

ARRIVALS

GUAM (GUM)-SAIPAN

UA2923	2:45am	3:35am	Daily
UA2925	7:15am	8:05am	Daily
UA2921	12:10pm	1:00pm	1, 4, 5, 7
UA2920	12:10pm	1:50pm	2, 3, 6 via Rota
UA2927	4:45pm	5:35pm	Daily
UA2929	8:30pm	9:20pm	Daily

GUAM (GUM)-ROTA (ROP)

UA2920	12:10pm	12:45pm	2, 3, 6

ROTA (ROP)-SAIPAN

UA2920	1:15pm	1:50pm	2, 3, 6

NARITA (NRT)-SAIPAN

DL298	10:30am	3:05pm	Daily

SEOUL (ICN)-SAIPAN

LJ651	7:30am	1:10pm	Daily
7C3402	9:30am	3:00pm	Daily
OZ625	7:40pm	1:10am+1	7
OZ625	8:15pm	1:45am+1	1, 2, 3, 4, 5, 6
7C3404	10:10pm	3:40am+1	Daily

BUSAN (PUS)-SAIPAN

OZ607	9:05pm	1:55am+1	3, 6

SHANGHAI (PVG)-SAIPAN

3U8647	10:40pm	5:00am+1	3, 4, 6, 7

BEIJING (PEK)-SAIPAN

MU763	4:40pm	12:30am+1	2, 4, 6

GUANGZHOU (CAN)-SAIPAN

3U8645	7:40pm	3:00am+1	1, 5

MANILA (MNL)-SAIPAN

UA190/2927	9:55am	5:35pm	2, 3, 6, 7 via GUM
OZ702/625	12:15pm	1:10am+1	7 via ICN
OZ702/625	12:15pm	1:45am+1	1, 2, 3, 4, 5, 6 via ICN
PR1571	9:20pm	3:35am+1	3, 7
UA192/2925	9:45pm	8:05am+1	2, 5 via ROR-GUM
PR110/UA2925	10:05pm	8:05am+1	Daily via GUM
UA184/2925	10:25pm	8:05am+1	1, 3, 4, 6, 7 via GUM
UA184/2925	11:30pm	8:05am+1	2, 5 via GUM

HONG KONG (HKG)-SAIPAN

HX077	2:00am	5:00am	1, 4
OZ722/625	1:10pm	1:10am+1	7 via ICN
OZ722/625	1:10pm	1:45am+1	1, 2, 3, 4, 5, 6 via ICN
UA116/2925	9:55pm	8:05am+1	1, 3, 5, 6 via GUM

LEGEND: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); 3U: Sichuan Airlines; MU: China Eastern; UA: United Airlines; DL: Delta Airlines; OZ: Asiana; 7C: Jeju AirETD: Estimated Time of Departure;ETA: Estimated Time of Arrival. The Saipan Tribune is not responsible for any changes in the schedule.)

STAR MARIANAS AIR, INC.

TINIAN TO SAIPAN

DEPARTURE	ARRIVAL	FREQUENCY
6:30AM	6:45AM	Mon, Tue, Wed, Thu, Fri, Sat
7:30AM	7:45AM	Daily
8:30AM	8:45AM	Daily
9:30AM	9:45AM	Daily
10:30AM	10:45AM	Daily
11:30AM	11:45AM	Daily
12:30NN	12:45NN	Daily
1:30PM	1:45PM	Daily
2:30PM	2:45PM	Daily
3:30PM	3:45PM	Daily
4:30PM	4:45PM	Daily
5:30PM	5:45PM	Daily
6:30PM	6:45PM	Daily
6:30PM	6:45PM	Daily

SAIPAN TO TINIAN

DEPARTURE	ARRIVAL	FREQUENCY
7:00AM	7:15AM	Daily
8:00AM	8:15AM	Daily
9:00AM	9:15AM	Daily
10:00AM	10:15AM	Daily
11:00AM	11:15AM	Daily
12:00NN	12:15NN	Daily
1:00PM	1:15PM	Daily
2:00PM	2:15PM	Daily
3:00PM	3:15PM	Daily
4:00PM	4:15PM	Daily
5:00PM	5:15PM	Daily
6:00PM	6:15PM	Daily

SAIPAN TO ROTA

DEPARTURE	ARRIVAL	FREQUENCY
7:45AM	8:15AM	Mon, Tues,Wed, Thu, Fri, Sat
4:00PM	4:30PM	Mon, Tues,Wed, Thu, Fri, Sat

ROTA TO SAIPAN

DEPARTURE	ARRIVAL	FREQUENCY
8:30AM	9:00AM	Mon, Tues,Wed, Thu, Fri, Sat
4:45PM	5:15PM	Mon, Tues,Wed, Thu, Fri, Sat

USCGC *Morgenthau* welcomes new commanding officer

HONOLULU—Capt. Edward St. Pierre relieved Capt. William Lane as the commanding officer of USCGC *Morgenthau* (WHEC-722) during a change of command ceremony at Base Honolulu, Friday.

St. Pierre most recently served as director of the National Command Center in Washington, D.C. St. Pierre also served aboard five cutters, including two tours as a commanding officer. His other assignments include serving as chief of Counternarcotics and Law Enforcement Assistance Division at U.S. Africa Command in Stuttgart, Germany, Coast Guard senate liaison, as well as manager of resources and funds in the Office of Financial Management at Headquarters

"It is an honor to take command of *Morgenthau* in Hawaii and I could not ask for a more beautiful setting than Honolulu," said St. Pierre. "I look forward to working with the local community and performing the Coast Guard's mission wherever it may take us."

St. Pierre's personal awards include the Defense Superior Service Medal, three Meritorious Service medals, three Coast Guard Commendation Medals and several unit and service awards.

He graduated from the Coast Guard Academy in 1991 with a Bachelor of Science degree in management. He earned his MBA from Virginia Tech and a Master of Arts degree in national security and strategic studies from the Naval War College.

Lane took command of *Morgenthau* in July 2014. He will next serve as chief of response for the Coast Guard 5th District in Portsmouth, Virginia.

"It has been an honor and a privilege to serve with the crew of cutter *Morgenthau*," said Lane. "They deserve all of the credit for the unit's accomplishments during my last two years aboard."

The *Morgenthau*'s missions take the cutter to all corners of the Pacific and include defense operations, search and rescue, fisheries law enforcement, drug and migrant interdiction, joint interagency task force operations, and international engagement operations. The area of responsibility encompasses more than 12.2 million square miles in the Central and Western Pacific Ocean.

Vice Adm. Charles W. Ray, commander, Pacific Area and Defense Forces West, presided over the ceremony.

The change of command ceremony is a time-honored tradition and formal ritual conducted before the assembled company of a command to confirm to the men and women of the unit that the authority of command is maintained. The ceremony is a transfer of total responsibility, authority and accountability from one individual to another. ***(PR)***

CONTRIBUTED PHOTO

Capt. Edward St. Pierre, left, relieves Capt. William Lane as commanding officer of USCGC *Morgenthau* (WHEC 722) during a change of command ceremony at Coast Guard Base Honolulu, July 29, 2016. Vice Adm. Charles Ray, commander, Pacific Area, presided over the ceremony. The change of command ceremony is a time-honored tradition that formally transfers responsibility, authority and accountability from one individual to another.

FSM consultations on Convention on Rights of Persons with Disabilities ratification

POHNPEI, Federated States of Micronesia—The Government of the Federated States of Micronesia (FSM), through its Department of Health and Social Affairs, is conducting a consultation on the Convention on the Rights of Persons with Disabilities (CRPD) in the capital Pohnpei this week, for relevant government representatives and civil society organisations.

The three-day consultation aims to develop the skills and knowledge of relevant stakeholders on the convention and is being supported by the Pacific Community's (SPC) Regional Rights Resource Team (RRRT) in collaboration with Australian Aid and the European Union.

"The training is a very timely event particularly as the Department of Health and Social Affairs is preparing to submit a resolution on the ratification of the CRPD to the 4th Regular Session of the 19th Congress Sitting of the FSM Government that will be held in September," FSM National Disability Coordinator, Stuard Penias, said.

The FSM government signed the CRPD in September 2011 and is proceeding with plans for ratification this year. The main purpose of the CRPD is "to promote, protect and ensure the full and equal enjoyment of all human rights and fundamental freedoms by all persons with disabilities."

A resolution for ratification was submitted to congress in 2013, which was tabled to allow consultations with the states to get their input and support. Since then, each of the four FSM States—Chuuk, Kosrae, Pohnpei, and Yap—have passed CRPD ratification resolution during various legislature sittings.

According to Mr Penias, the FSM Government endorsed a National Policy on Disability which identifies priority areas for action to promote societal awareness, and inclusion of persons with disabilities, including identification of their needs and opportunities.

"It is very important that FSM joins the rest of world in advancing the rights of persons with disabilities and to improve the livelihoods of persons with disabilities. FSM is also fortunate to get the assistance of SPC in this worthy endeavour," Mr Penias said.

Topics that will be covered during the consultation include Human Rights of Persons with Disabilities, Non Discrimination and Equality including Reasonable Accommodation, Understanding the different articles of the CRPD, CRPD in practice and Monitoring and Implementation of the CRPD.

"The CRPD is one of the quickest ratified treaties in the Pacific with 10 Pacific Community members having either ratified or acceded to this Disability Convention after it was adopted in 2006 and came into force in 2008," SPC Regional Rights Resource Team director Mark Atterton said.

"SPC will continue to support the FSM Government as ratification of the CRPD is significant for FSM and its population with disabilities," Atterton added.

The President of Pohnpei Consumer Organisation, Nelbert Perez, stated that the ratification of the CRPD by Pacific Island countries shows the commitment of Pacific governments towards persons with disabilities in the region.

"Persons with disabilities in the Pacific face numerous challenges which hinder their full and effective participation in their various communities. The ratification of the CRPD allows our governments to take stock of provisions to safeguard rights and identify gaps in order to allow persons with disabilities access to the same opportunities as everyone else," Perez said.

The CRPD consultation concludes on Aug. 4. ***(PR)***

US Transportation secretary announces TIGER awards

WASHINGTON—U.S. Transportation Secretary Anthony Foxx announced nearly $500 million will be made available for transportation projects across the country in the eighth round of the highly successful and competitive Transportation Investment Generating Economic Recovery (TIGER) grant program.

Secretary Foxx was joined by Jeff Zients, Director of the National Economic Council at the White House, and Mayor William Peduto of Pittsburgh, PA on a national call with reporters to highlight how this funding will improve safety and economic opportunity in two U.S. territories, 32 states, and 40 communities across the country.

"For the eighth year running, TIGER will inject critical infrastructure dollars into communities across the country," said Secretary Foxx. "This unique program rewards innovative thinking and collaborative solutions to difficult and sometimes dangerous transportation problems. A great TIGER program doesn't just improve transportation; it expands economic opportunity and transforms a community."

The highly competitive TIGER grant program supports innovative projects, including multi-modal and multi-jurisdictional projects, which are difficult to fund through traditional federal programs. This year's awards focus on capital projects that generate economic development and improve access to reliable, safe and affordable transportation for communities, both urban and rural.

Since 2009, the TIGER grant program has provided a combined $5.1 billion to 421 projects in all 50 states, the District of Columbia, Puerto Rico, Guam, the Virgin Islands, and tribal communities. These federal funds leverage money from private sector partners, states, local governments, metropolitan planning organizations and transit agencies. The 2016 TIGER round alone is leveraging nearly $500 million in federal investment to support $1.74 billion in overall transportation investments.

Demand for the 2016 TIGER grant program continued to far exceed available funds; the DOT received 585 eligible applications from all 50 States, and several U.S. territories, tribal communities, cities, and towns throughout the United States, collectively requesting over $9.3 billion in funding. During the previous seven rounds, the Department received more than 7,300 applications requesting more than $143 billion for transportation projects across the country.

A few examples of this year's TIGER awards include:

■ In Pittsburgh, Pennsylvania, the I-579 Cap Urban Connector Project will receive $19 million to construct a cap over a below-grade portion of Interstate 579 in downtown Pittsburgh. The cap will reconnect the Hill District to downtown Pittsburgh, more than 60 years after highway and arena construction razed a middle income African American community. The project includes improvements to nearby streets, sidewalks, and crosswalks, a new bus stop, bike-sharing station, and ADA-compliant walkways. It also will create open space for transportation and recreation.

■ The city of Brownsville, Texas will receive $10 million to rehabilitate a regional bus maintenance facility which will also serve as a new passenger transfer station, purchase eight hybrid transit replacement buses, and renovate bus stops to include sidewalks, curb ramps, and benches. The grant will also fund an innovative 2.4-mile long causeway which will be one of the longest dedicated pedestrian/bike bridge facilities of its kind in the United States and the first of its kind in Texas.

■ Several TIGER 2016 grants also went to projects supporting the movement of freight to boost economic competitiveness. These include $6.2 million for an inland port in Little Rock, Arkansas, $17.7 million for a highway freight interchange in Scott County, Minnesota, and $9.8 million for a rural freight project that crosses the South Carolina/North Carolina border.

Notably, of the 40 grant recipients this year, nearly two-thirds are repeat applicants. The U.S. Department of Transportation has made a concerted effort to provide technical assistance to applicants to improve their projects.

TIGER funding is provided in the FY 2016 Consolidated Appropriations Act, signed by President Obama on December 18, 2015. The Act does not provide dedicated funding for the planning, preparation, or design of capital projects; however, these activities may be eligible to the extent that they are part of an overall construction project. A minimum of 20 percent of funds will go to projects in rural areas. ***(PR)***

Business

Happier Meal? McDonald's nixing some unpalatable ingredients

NEW YORK (AP)—McDonald's, which is trying to shake its image for serving processed junk food, said Monday it's eliminating some unpalatable ingredients from its most popular menu items.

That includes making Chicken McNuggets and other items without artificial preservatives, and removing high-fructose corn syrup from its burger buns. McDonald's did not immediately respond when asked about which specific preservatives are being removed.

The changes come as the world's biggest burger chain fights to win back customers after three straight years of declining guest counts at its established U.S. locations. Major restaurant chains are scrambling to step up the image of their food as they face more competition from smaller rivals promising wholesome alternatives.

AP

This Tuesday, June 28, 2016, photo shows a McDonald's sign in Miami. Already, the emergence of smaller rivals promising more wholesome alternatives has major restaurant chains scrambling to improve the image of their food.

"Why go to the position of trying to defend them, if the consumer is saying, I prefer not to have that particular ingredient in my food?" said Mike Andres, president of McDonald's U.S., during an event at the company's headquarters in Oak Brook, Illinois, about its "food journey."

How meaningful the changes are to customers remains to be seen.

Michael Jacobson, executive director for the Center for Science in the Public Interest, said the moves by McDonald's don't seem to address the big-picture problem with restaurant food—the overabundance of calories.

For instance, he said swapping out high-fructose for sugar doesn't make burger buns any healthier.

In the past year and a half, McDonald's has also switched to butter from margarine for its Egg McMuffins and added kale and spinach to its salads. Its rivals have made changes as well.

Dunkin' Donuts, for instance, has promised to put more egg in its egg patty. Currently, the patty looks like a fried egg but is a composite of ingredients including egg whites, water, egg yolks and modified corn starch.

As part of its own push to remove artificial ingredients, Taco Bell has said it would switch to actual black pepper rather than "black pepper flavor." That's even as it continues trying to lure new diners with indulgent concoctions and neon-colored drinks.

Subway has introduced a "rotisserie chicken" and "carved turkey" that have more texture and look more natural than its regular chicken strips and turkey. It's offering both versions to avoid alienating fans who might not want any changes.

But convincing people it serves wholesome food is particularly important for McDonald's, which has long courted families with its Happy Meals.

The company's sales in its flagship U.S. market have showed improvement, helped by the fanfare over the introduction of an all-day breakfast menu in October. In the most recent quarter, though, McDonald's said sales edged up just 1.8 percent at established locations. That signaled that any excitement from all-day Egg McMuffins could already be losing steam.

McDonald's had signaled that tweaks to its menu were in store, telling investors during a presentation in late 2014 that it was evaluating its cooking procedures and ingredients as part of its push to fix its struggling businesses.

Koch network focuses on Senate, turns away from Trump

COLORADO SPRINGS, Colo. (AP)—Billionaire industrialist Charles Koch has declared that his expansive political network would not support Donald Trump, questioning whether the Republican presidential nominee believes in free markets.

During an exclusive gathering with some of the nation's most powerful Republican donors Sunday, the 80-year-old conservative icon also dismissed as "a blood libel" any suggestion he might support Democrat Hillary Clinton.

"At this point I can't support either candidate, but I'm certainly not going to support Hillary," Koch told hundreds of donors gathered for a weekend retreat in a luxury hotel at the foot of the Rocky Mountains.

With Election Day just three months away, Koch and his chief lieutenants openly refused to support the Republican presidential nominee, focusing their tremendous resources instead on helping the GOP win competitive Senate contests in states like Ohio, Pennsylvania and Wisconsin.

Details on Koch's decision emerged Sunday, the second day of a three-day gathering for donors who promise to give at least $100,000 each year to the various groups backed by the Koch brothers' Freedom Partners—a network of education, policy and political entities that aims to promote a smaller, less intrusive government.

The ambitious Koch network has invested hundreds of millions of dollars to influence politics and public policy over the last decade. The network planned to invest heavily in the 2016 presidential contest, but sharply changed its course after Trump became the Republican standard-bearer.

The decision was welcomed by many of the 400 donors who attended the weekend retreat, even though "a reasonably significant" number of attendees wanted the Koch network to support Trump, said Chris Wright, a Colorado-based energy entrepreneur.

"Terrible and truly awful are the two choices," Wright said, suggesting that even if he voted for Trump in November—and that's not decided—he wouldn't go any further.

"We're not going to give any money to support Donald Trump," Wright explained.

Timothy Busch, a California-based donor, said he'd vote for Trump but do nothing more on his behalf.

"He doesn't have enough civility and he's not a man of humility," Busch charged, citing specific complaints about Trump's positions on immigration and trade.

States wrestle with how to regulate 3-wheeled autocycles

PROVIDENCE, R.I. (AP)—It's more than a motorcycle and less than a car. It's an autocycle. And states are wrestling with how best to regulate this new type of vehicle.

Rhode Island has joined dozens of other states in enacting rules classifying the autocycle and allowing drivers to operate one without a motorcycle license or endorsement. Maryland also has new rules that it began publicizing Monday.

Autocycles have three wheels, typically two in the back and one in the front. They also have steering wheels, foot pedals and are sometimes enclosed. Some are designed for fun and others for fuel efficiency; they range in price from $6,800 to as much as $65,000.

John Gablinske, 60, has been riding motorcycles for four decades, but his advancing age and the loss of some of his fingers left him looking for an alternative. The Bristol, Rhode Island, resident found what he was looking for this year at a Massachusetts store selling the Polaris Slingshot.

He describes the two-seat, three-wheeled convertible as like an "adult go-kart," but one he can ride with his wife on roads and highways at normal speeds.

"It gives me the feeling of openness without having to ride a motorcycle," Gablinske said. "I was all excited. Then I went to the registry and come to find out, they were illegal in Rhode Island."

Manufacturers, including Medina, Minnesota-based Polaris Industries, have spent years lobbying states to legalize the vehicles and distinguish them from motorcycles so it's easier for consumers to get one without knowing how to drive a two-wheeled vehicle. They've also pushed to exempt riders of autocycles from having to wear a helmet, especially if the vehicle has a hard top.

Among the most vocal lobbyists has been a company that hasn't yet rolled out any of its futuristic-looking vehicles: Phoenix-based Elio Motors. Touting the fuel efficiency of its prototypes, the company has already made more than 55,000 pre-sale reservations. After years of delays, it plans to begin mass assembly of its vehicles at a Shreveport, Louisiana, plant next year.

BUSINESS BRIEFS

Singapore PM: US credibility on the line over TPP trade deal

WASHINGTON (AP)—Singapore's prime minister says that American credibility is on the line over the Trans-Pacific Partnership trade deal. Prime Minister Lee Hsien Loong (LEE shee-EHN LOONG) says for America's friends and partners in the Asia-Pacific, ratification of TPP is "a litmus test of your credibility." Lee was speaking at the U.S. Chamber of Commerce ahead of a meeting Tuesday with President Barack Obama at the White House. Lee said that America is better off with its "doors open" to trade. The TPP has been negotiated by the Obama administration, but is opposed by both the Democratic and Republican presidential nominees.

Singapore is a signatory to the 12-nation pact, finalized in February. TPP would eliminate trade barriers and tariffs but critics say the pact undercuts American workers by introducing lower-wage competition.

Verizon to buy Fleetmatics for about $2.4 billion

NEW YORK (AP)—Verizon said Monday that it plans to pay about $2.4 billion to buy Fleetmatics, which makes software used by cable companies, energy providers and others to manage their fleets of vehicles. Verizon will pay $60 for each share of Fleetmatics, a nearly 40 percent premium of the stock's closing price of $42.96 Friday. Fleetmatics, based in Dublin, said it has more than 37,000 customers that use its software to track the location of vehicles driven by workers. Verizon, which provides cellphone and internet service, said the deal will boost its workforce management business. The new deal comes a week after New York-based Verizon said it would pay $4.8 billion to buy Yahoo Inc.'s websites , apps and other properties. Shares of Verizon Communications Inc. slipped 77 cents to $54.64 in midday trading Monday, while Fleetmatics Group PLC jumped $16.85, or 38.7 percent, to $59.61.

Nation

Criticism grows for Trump's assailing of Muslim vet's family

WASHINGTON (AP)—Angry and anxious, Republican lawmakers and veterans groups hastened to disavow Donald Trump's repeated criticism of a bereaved military family Monday, but the GOP presidential nominee refused to back down. He complained anew that he had been "viciously attacked" by the parents of a Muslim U.S. Army captain who was killed in Iraq.

Arizona Sen. John McCain, a former prisoner of war, led the charge, saying Trump did not have "unfettered license to defame those who are the best among us." The Veterans of Foreign Wars, the nation's oldest and largest veterans organization, called Trump out of bounds for tangling with Khizr and Ghazala Khan, whose son was killed in 2004.

"Election year or not, the VFW will not tolerate anyone berating a Gold Star family member for exercising his or her right of speech or expression," VFW leader Brian Duffy said.

Democratic President Barack Obama chimed in, too, addressing the Disabled American Veterans in Atlanta. He said of families who have lost family members in the military service: "No one has given more to our freedom and our security than our Gold Star families. ... They represent the very best of our country."

A growing chorus of GOP lawmakers chastised Trump for sparring with the Khans, who appeared at the Democratic convention on behalf of Hillary Clinton. But like McCain, none revoked his support of the GOP nominee in the White House campaign.

In an emotional appearance at last week's convention, Khizr Khan criticized Trump for proposing to temporarily freeze the entry of foreign Muslims into the U.S. and accused him of making no sacrifices for his country. The billionaire businessman challenged that assertion and also implied Ghazala Khan's religion prevented her from speaking. On Monday, he tweeted that "Mr. Khan, who does not know me, viciously attacked me from the stage of the DNC and is now all over T.V. doing the same."

In his first rally after the controversy blew up, Trump spoke at length and took several questions at a town hall rally in Columbus, Ohio, on Monday—never once mentioning the Khans. Nor did he mention them at a Monday night rally in Mechanicsburg, Pennsylvania.

But when asked about Khizr Khan on Fox News Channel's "Hannity," Trump responded, "I guess it's part of my life."

"His son died 12 years ago," Trump added. "If I were president, his son wouldn't have died, because I wouldn't have been in the war, if I was president back then."

His running mate, Indiana Gov. Mike Pence, was confronted at an event in Nevada by a woman who said her son serves in the U.S. Air Force. The woman asked Pence how he can tolerate what called Trump's constant disrespect of American service members.

As the crowd jeered the woman, Pence tried to quiet them down. He called the Khans' son "an American hero" and said, "We cherish his family."

AP

In this Thursday, July 28, 2016 file photo, Khizr Khan, father of fallen US Army Capt. Humayun S. M. Khan and his wife Ghazala speak during the final day of the Democratic National Convention in Philadelphia.

For some of Trump's allies, the dispute is just the latest example of a troubling pattern: The real estate mogul hitting back at perceived slights or insults, regardless of the political implications. He has stunned rivals with his ability to survive self-created controversies during the GOP primaries but faces a broader set of voters in the general election.

Indeed, some Republicans said privately that it was the timing of this flare-up that had them on edge- the spectacle of their candidate tangling with a military family just three months before Election Day.

McCain was among several lawmakers—many facing re-election this fall—who distanced themselves from Trump's comments Monday.

Rep. Mike Coffman, a vulnerable Republican in a competitive Colorado district, said he was "deeply offended when Donald Trump fails to honor the sacrifices of all of our brave soldiers who were lost in that war."

Missouri Sen. Roy Blunt said, "My advice to Donald Trump has been and will continue to be to focus on jobs and national security and stop responding to every criticism whether it's from a grieving family or Hillary Clinton."

CDC warns pregnant women against Zika-stricken part of Miami

MIAMI (AP)—Government health officials warned pregnant women Monday to avoid a Zika-stricken part of Miami and told couples who have been there recently to put off having children for at least two months, after the number of people feared infected through mosquito bites in the U.S. climbed to 14.

In its highly unusual and perhaps unprecedented travel warning, the Centers for Disease Control and Prevention also said expectant mothers should get tested for the virus if they have visited the neighborhood since mid-June.

All 14 cases are thought to have occurred in Miami's Wynwood arts district, a trendy, fast-gentrifying neighborhood of warehouses, art galleries, restaurants and boutiques.

Gov. Rick Scott asked for a CDC emergency response team to help Florida combat Zika, which has been sweeping Latin America and the Caribbean in recent months and now may be gaining a long-dreaded foothold in the U.S. The White House said a team will be sent quickly.

Health officials last Friday announced that mosquitoes have apparently started spreading Zika on the U.S. mainland, citing four cases they strongly believe were caused by bites. Ten more cases were announced Monday, even though Florida authorities have yet to find any mosquitoes actually carrying the virus.

CDC officials said they could not remember another time in the 70-year history of the disease-fighting agency when it told members of the public not to travel someplace in the U.S.

Zika infections in pregnant women can cause severe brain-related birth defects, including extremely small skulls. The global outbreak has led to more than 1,800 serious defects.

The virus can linger in the blood and urine for weeks, and has been found in sperm for months. As a result, the CDC said men and women who have recently been in the affected area should wait at least eight weeks before trying to conceive a child. And men who have had symptoms of Zika should wait at least six months, the CDC said.

The travel warning covers an area of about one square mile in Wynwood to the east of Interstate 95 and south of I-195. It's large enough, health officials said, to provide a buffer around the suspected hot zone. The tropical mosquito that spreads Zika travels less than 200 yards in its lifetime.

Dr. Peter Hotez, a tropical medicine expert at the Baylor College of Medicine in Texas, said the CDC should be more cautious and expand the travel advisory to all of Miami-Dade County.

ACROSS THE NATION

Police: Officers kill armed woman barricaded in apartment

RANDALLSTOWN, Md. (AP)—A woman who pointed a gun at police serving arrest warrants at her apartment was shot and killed by officers after she threatened to kill one of them, Baltimore County police said Monday. The department said in a news release that a 5-year-old boy who was in the apartment with Korryn Gaines, 23, was shot in a limb and taken to a hospital. Police could not determine if he was shot by the woman or officers. Three officers went to Gaines' apartment in Randallstown about 9:20 a.m. to serve arrest warrants on her and a man, according to police. Gaines was wanted for failing to appear in court on traffic charges dating from a stop in March, authorities said.

9 years, 3 trials later: NYC man pleads guilty to killing

NEW YORK (AP)—Thirty minutes after a New York City man was shot and killed in a bodega in 2007, police arrested a suspect in the case. Nine years later that same suspect has pleaded guilty to manslaughter. The New York Times reports Monday that Carlos Vega's guilty plea resolves the city's longest unresolved case. The 33-year-old Vega's brief court appearance caps a nearly decade-long legal saga to resolve Robert Gaston's murder in the Bronx. The newspaper reports Vega saw 12 different judges and was tried three separate times. The Bronx criminal courts are notoriously slow. In recent years, city officials have vowed to unclog them.

Pilot was able to keep flying despite drunken-driving record

LOCKHART, Texas (AP)—The pilot of a hot air balloon that crashed in Texas, killing 16 people, was able to keep flying despite having at least four convictions for drunken driving in Missouri and twice spending time in prison.

Whether the pilot's drinking habits had anything to do with the crash was unclear. A former girlfriend described Alfred "Skip" Nichols as a recovering alcoholic. She said he had been sober for at least four years and never piloted a balloon after drinking.

Nichols, who had been stripped of his driver's license at least twice, "couldn't drive a car but he could pilot a hot air balloon," said an attorney who represented a passenger who sued Nichols in 2013. The passenger said she was hurt when Nichols crash-landed a balloon in the St. Louis suburbs.

Had he been a commercial airplane pilot, Nichols probably would have been grounded long ago.

The Federal Aviation Administration might allow a recovering alcoholic to fly commercial jets if the pilot could show that he or she was being successfully treated, said John Gadzinski, an airline captain and aviation safety consultant. But the agency is unlikely to accept an airline pilot with convictions for driving under the influence, he said.

The 49-year-old Nichols also had a long history of customer complaints against his balloon-ride companies in Missouri and Illinois dating back to 1997. Customers reported to the Better Business Bureau that their rides would get canceled at the last minute and their fees never refunded.

When pilots apply for a ballooning certificate with the FAA, they are not required to disclose any prior drunken-driving convictions, only drug convictions, said Patrick Cannon, a spokesman for the Balloon Federation of America trade group, who called that a loophole in the law. He noted that the ballooning certificate specifically says not to include alcohol offenses involving a motor vehicle, as those are covered on the FAA's medical application.

However, unlike other pilots, balloon pilots do not have to get regular medical exams from FAA-certified examiners. They are only required to write a statement certifying that they have "no medical defect" that would limit their ability to pilot a balloon.

Commercial plane pilots are required to fill out a form that includes questions on alcohol dependence or abuse and convictions for driving under the influence of alcohol.

Asia

PH, rebels want peace talks despite feud over truce

MANILA, Philippines (AP)—Philippine President Rodrigo Duterte said Monday his government would pursue peace talks with communist guerrillas despite an initial setback when he withdrew a ceasefire order after the rebels killed a militiaman in an attack.

Duterte also announced he would release a top rebel couple, Benito and Wilma Tiamzon, from detention in another move to bolster the resumption of peace negotiations scheduled for Aug. 20-27 in the Norwegian capital of Oslo.

"It's always a rocky road. There is no negotiation that comes easy to us, especially given the turmoil of our country," Duterte said in a speech before swearing in new officials at the presidential palace.

"We are hoping that we could just talk, maybe we did not understand each other. And so, the best way is really is to talk again and find out whether it is reachable or beyond our reach," he said.

Duterte declared a ceasefire on July 25 but withdrew it five days later after the rebels killed a militiaman in a landmine attack in southern Davao del Norte province and failed to declare their own truce by Saturday.

AP

In this Monday, July 25, 2016 file photo, Philippine President Rodrigo Duterte delivers his first State of the Nation Address before the joint session of the 17th Congress in suburban Quezon city, northeast of Manila, Philippines.

The president held a Cabinet meeting Monday to discuss how his government would pursue talks with the communist insurgents and two groups of Muslim rebels in the country's south, while excluding the brutal Abu Sayyaf extremist group.

The Maoist guerrillas said in a statement on Sunday that they still fully back the resumption of long-stalled talks and were willing to declare a unilateral cease-fire simultaneously with the government when the talks resume.

Duterte withdrew his truce order before the guerrillas could announce their own ceasefire on Saturday, the rebels said, adding it was "quite capricious" for the president "to have imposed such ultimatums of a few hours or several days for the Communist Party of the Philippines to act in accordance with his whims."

"It is advisable for (Duterte) to exercise a little more prudence and display more measured temperament ... in order to avoid such impulsive acts as imposing ultimatums by the hour on a conflict that has spanned nearly fifty years," the rebels said.

Following the lifting of the government ceasefire, army troops and police killed a New People's Army rebel in a clash Monday with up 20 guerrillas who were reportedly extorting money from villagers in Malimono town in southeastern Surigao del Norte province, military spokesman Brig. Gen. Restituto Padilla said.

Duterte suggested Monday that he was open to declaring a new government ceasefire with communist insurgents.

The decades-long communist insurgency has left about 150,000 combatants and civilians dead since it broke out in the late 1960s. It also has stunted economic development, especially in the countryside, where the Maoist insurgents are active.

China holds live-fire navy drills in East China Sea

BEIJING (AP)—China's navy has fired dozens of missiles and torpedoes during exercises in the East China Sea that come amid heightened maritime tensions in the region, underscoring Beijing's determination to back up its sovereignty claims with force if needed.

The live-fire drills that began Monday follow China's strident rejection of an international arbitration panel's ruling last month that invalidated Beijing's claims to a vast swath of the South China Sea.

That led to days of angry statements from Beijing, followed by live-firing naval exercises in the South China Sea and the launch of regular aerial patrols in the area.

The Defense Ministry on Tuesday said the East China Sea exercises were aimed at improving the "intensity, precision, stability and speed" of its forces amid an environment of strong electromagnetic forces that result from modern electronic warfare.

"An information technology-based war at sea is sudden, cruel and short, which requires fast transition to combat status, quick preparation and high assault efficiency," the ministry said.

The drills include ships, submarines, aircraft and coastguard forces, illustrating China's growing emphasis on integrated training under realistic conditions.

China's navy has been closing the gap with its U.S. rival in both ship numbers and technology, including the deployment of advanced anti-ship missiles, nuclear submarines and the country's first aircraft carrier.

While global attention has been drawn to the South China Sea, where five governments exercise territorial claims overlapping with China's, Beijing also operates extensively in the East China Sea where it claims a string of uninhabited islands controlled by Japan.

India to evacuate laid-off workers from Saudi Arabia

NEW DELHI (AP)—India's government said Monday it plans to evacuate thousands of Indian workers who have lost their jobs in Saudi Arabia and cannot afford to pay for a flight home.

The workers were mostly employed by Saudi construction companies and were laid off amid a slowdown in the industry caused by low global oil prices.

External Affairs Minister Sushma Swaraj said the government is trying to arrange exit documents for those workers who wish to return to India.

About 10,000 Indian workers in Saudi Arabia have lost their jobs.

Swaraj told lawmakers in Parliament that India's junior foreign minister, V.K. Singh, will travel to Saudi Arabia on Tuesday to meet with officials to arrange for the workers' return.

Some have not been paid for months. She said India's embassy has set up five camps to feed the workers and all 10,000 had received food supplies by early Monday. More than 15,000 kilograms (34,000 pounds) of food has been delivered by the Indian Consulate in Jiddah, she said.

Swaraj said Singh is expected to raise the question of exit permits for the workers when he reaches Saudi Arabia and will oversee the airlift of the workers. He would also visit the camps where the workers were living and speak to the workers about their needs.

"Saudi law does not permit an emergency exit visa without a no-objection certificate from the employer," she said.

Many of the employers have shut their factories and some have left the country, leaving the workers stranded, she said.

On Sunday, Swaraj tweeted that workers in Kuwait have also lost their jobs and are suffering food shortages, but that the situation there is more manageable.

Another junior foreign minister, M.J. Akbar, was coordinating efforts with Saudi authorities to ensure that unpaid wages of the workers were processed and settled.

Hundreds of thousands of Indians travel to the Middle East each year for better-paying jobs as laborers, electricians and drivers. They endure difficult living and working conditions to send money to their families.

Indian officials said nearly 3,200 Indian workers in Riyadh had not been paid their salaries for several months.

Over the weekend, hundreds of expatriate workers of the construction firm Saudi Oger staged rare protests in Jiddah to demand unpaid wages. The Saudi-owned Arab News reported that the company's services were suspended for violating the kingdom's Wage Protection Law, and that the firm was fined for its violations.

ASIAN BRIEFS

Japan defense papers raises concerns about China, NKorea

TOKYO (AP)—Japan called North Korea's nuclear and missile development a "grave and imminent threat" to the region and international security, and criticized China's increasingly assertive military action as "dangerous" in its annual defense report. The report, approved Tuesday by the Cabinet, comes as Prime Minister Shinzo Abe's government pushes for Japan to take on greater military roles abroad. This year's 484-page report allocated several more pages to each country than the previous one. It cited North Korea's technological advances in recent nuclear tests and says Pyongyang might have achieved the capability to miniaturize atomic weapons and develop warheads. "North Korea's military activity has increased tensions on the Korean Peninsula, and become a grave and imminent threat not only to Japan but also to the security in the region and the international society," the report said. It reiterated concerns that North Korean may have acquired a missile capable of launching as far as 10,000 kilometers (6,200 miles).

Cambodian leader hits opposition chief with lawsuit

PHNOM PENH, Cambodia (AP)—Cambodia's prime minister is suing the country's opposition leader and an opposition lawmaker for suggesting the authorities were involved in the killing of a popular political analyst who spoke critically of the government. Legal papers filed Monday with the Phnom Penh Municipal Court show that a lawyer for Prime Minister Hun Sen is suing Cambodia National Rescue Party leader Sam Rainsy for defamation for remarks he posted on Facebook linking the authorities to the July 10 killing of Kem Ley. His party colleague Thak Lany was sued for making similar allegations in a speech. The government last year began cracking down on the opposition through the courts, which are considered tools of the ruling party. Sam Rainsy has stayed in exile to avoid a prison term in another defamation case.

New Zealand man gets payout after spending 12 years in jail

WELLINGTON, New Zealand (AP)—The New Zealand government has agreed to pay more than half a million dollars to a man who spent 12 years in jail after he was convicted of killing five members of his own family but was later found not guilty at a retrial. The David Bain case has proved one of the most notorious and divisive in the nation's history. Justice Minister Amy Adams said Tuesday the payment of 925,000 New Zealand dollars ($664,000) to Bain didn't represent compensation. That's because a report found Bain had not proved his innocence despite being acquitted on all five murder charges in 2009. Adams said the payment instead was to recognize the amount of time and money Bain had spent seeking compensation, to avoid further litigation, and to finally conclude the case.

World

US launches airstrikes targeting IS militants in Libya

WASHINGTON (AP)—The United States launched multiple airstrikes against Islamic State militants in Libya on Monday, opening a new, more persistent front against the group at the request of the United Nations-backed government, Libyan and U.S. officials said.

Fayez Serraj, the head of Libya's U.N.-brokered presidency council, said in a televised statement that American warplanes attacked the IS bastion of Sirte on the Mediterranean in northern Libya. No U.S. ground forces will be deployed, he said.

The precision strikes, which targeted an Islamic State tank and vehicles, come amid growing concerns about the group's increased threat to Europe and its ability to inspire attacks across the region, even though its numbers have been shrinking because of attacks from local forces and allied international troops.

"The presidency council, as the general army commander, has made a request for direct U.S. support to carry out specific airstrikes," Serraj said. "The first strikes started today in positions in Sirte, causing major casualties."

The strikes mark the start of a more intense American role in the fight against IS in Libya, as the U.S. steps in to assist the fragile, U.N.-backed government. They were the first strikes by the U.S. on the group in Libya since February, and they are expected to continue. But officials said they expect the air campaign will last weeks, not months.

AP
In this May 16, 2106 file-pool photo, Fayez al-Sarraj, the head of the U.N.-brokered presidency council, attends a news conference in Vienna, Austria.

Obama's authorization for action in Sirte covers strikes, intelligence and surveillance, but not ground operations, according to a White House official, who wasn't authorized to speak publicly about the strikes and requested anonymity.

Serraj said his government is joining the coalition against IS, adding, "This is the time for the international community to live up to its promises to the Libyan people."

He also noted that the strikes will not go beyond Sirte and its surroundings. He said any other foreign intervention is not allowed without coordination.

His warning comes after several French commandos were killed fighting Islamic State militants. U.S., French, British and Italian special operations forces and military experts have been assisting Libyan troops fighting IS militants in eastern and western Libya.

Pentagon press secretary Peter Cook said President Barack Obama authorized the strikes following a recommendation from Defense Secretary Ash Carter and Gen. Joseph Dunford, chairman of the Joint Chiefs of Staff.

Cook told reporters that U.S. Africa Command will coordinate any strikes with the Libyans and that the new air campaign will last as long as the Libyans request assistance to eliminate IS from Sirte. The U.S. is also providing airborne surveillance and intelligence. And a small team of U.S. special operations forces is in an operations center in Libya - outside of Sirte - to help coordinate the airstrikes, according to U.S. officials who were not authorized to discuss the matter publicly so spoke anonymously.

Mohammed al-Ghasri, the commander of a pro-government militia, said his forces gave target coordinates of Islamic State positions to the U.S.

WORLD BRIEFS

Armenian president promises 'national accord' government

YEREVAN, Armenia (AP)—Armenia's president has promised to create a government of "national accord" following a two-week standoff at a police compound that has left two police officers dead and shaken the nation. Serzh Sargsyan said Monday such a government could be formed in a few months, but vowed to keep "terrorists and their defenders" out of it. The president spoke a day after the gunmen who had seized the police station surrendered to authorities. Several dozen armed men captured the police compound on July 17, demanding freedom for an opposition activist and the government's ouster. They held several police officers and medics as hostages before eventually releasing them. The standoff triggered rallies in support of the gunmen and occasional clashes with police. In the worst violence Friday, 75 people were injured.

Romania: 4 to stand trial for 1985 death of dissident

BUCHAREST, Romania (AP)—Four former communist officials, including the former chief of the feared Securitate secret police, will stand trial for the death of a dissident in prison under the regime of former leader Nicolae Ceausescu, Romanian military prosecutors said Monday. Gheorghe Ursu died two months after being arrested in 1985, after allegedly being beaten repeatedly by interrogators and inmates on the orders of the Securitate secret police. They claimed he had kept a diary in which he criticized the Ceausescu regime. Prosecutor Marian Lazar said Tudor Postelnicu, who headed the Securitate from 1978 to 1987, former Interior Minister George Homosteanu, and retired Securitate secret police officers Marian Parvulescu and Vasile Hodis will face trial at a civilian court for crimes against humanity.

French cardinal's case dismissed in sex abuse-related probe

PARIS (AP)—A French prosecutor has thrown out the case of a prominent cardinal who was under investigation for alleged failure to report suspected pedophilia by a priest under his watch. Lyon prosecutor Marc Cimamonti told The Associated Press on Monday that there wasn't sufficient evidence against Cardinal Philippe Barbarin and the statute of limitations had expired for some of the allegations. Barbarin had been questioned in June by investigators in the case of Rev. Bernard Preynat, a priest charged with sexual aggression and rape of a minor and accused of abusing boy scouts in the 1980s. Barbarin said he was convinced the priest reformed in 2007-2008 when they met. Preynat retired in August 2015 after being relieved of his duties by the diocese. He was charged in January with sexual aggression of minors for a person in a position of authority. In May, Pope Francis expressed support for Barbarin, one of the highest-ranking prelates in the French Catholic Church, saying he shouldn't resign.

Russian helicopter shot down in Syria, killing all 5 onboard

MOSCOW (AP)—Rebels in Syria shot down a Russian combat helicopter Monday amid fierce fighting around Aleppo, killing all five people on board in the deadliest single incident for the Russian military since it became embroiled in Syria's civil war 10 months ago.

The helicopter downing came as the Syrian army, under Russian air cover, fought to repel a rebel attempt to break the government's siege of Aleppo, killing more than 800 militants, according to the Russian military.

The Mi-8 helicopter was shot down in Idlib province while returning to Hemeimeem air base on Syria's coast after delivering humanitarian goods to Aleppo, the Russian Defense Ministry said. It said all three crewmembers and two military officers on board died.

There was no immediate claim of responsibility for the attack.

Videos uploaded online by Syrian opposition activists showed the burning wreckage of a Russian helicopter in footage seemingly taken in the first moments after it crashed.

In one video, men, some of them armed, were shown standing near the wreckage taking cellphone photos, some cheering and shouting "Allahu Akbar," or God is great in Arabic. The body of one Russian soldier was seen being dragged by the legs while a man jumped on the half-naked body of another soldier.

The helicopter appeared to have broken up as it crashed: Its tail could be seen lying separately from the aircraft's body in flames. A rocket pod was visible amid the wreckage, standard equipment for the Mi-8, a workhorse of the Russian air force which can be used for carrying troops and cargo and attacking ground targets.

International human rights groups have repeatedly accused Russia of hitting civilians and using cluster munitions since it began its aerial campaign in Syria. The Russian military has denied hitting civilians, and also rejected claims that its aircraft targeted moderate elements of the Syrian opposition along with its declared targets, the Islamic State group and al-Qaida's branch in Syria, the Nusra Front.

Turkey navigates tense relations with key allies

ISTANBUL (AP)—Turkey summoned a German diplomat Monday over a court decision that prevented President Recep Tayyip Erdogan from addressing a demonstration in Germany, while the top U.S. military official visited Ankara as Turkey navigated through increasingly strained relations with key allies.

The government has expressed growing annoyance over what it sees as a lack of support from its allies in the European Union over its response to the failed July 15 coup, saying it expected solidarity rather than criticism for the widespread crackdown on those suspected of links to the coup plotters.

The attempted coup left 271 people dead in a night of violence when renegade sections of the military used tanks, fighter jets and helicopters to try to overthrow the government.

Erdogan has accused the United States of harboring Muslim cleric Fethullah Gulen, who lives in self-imposed exile in Pennsylvania and who the president says masterminded the coup. Ankara has demanded Gulen's extradition, but Washington is asking for evidence of the cleric's involvement and says the extradition process must be allowed to run its course.

Gulen was once an Erdogan ally until ties soured several years ago.

In a sign of efforts to shore up relations, the chairman of the U.S. Joint Chiefs of Staff, Gen. Joseph Dunford, visited Turkey and met with his Turkish counterpart Gen. Hulusi Akar, who was briefly held captive by the rebels during the coup, as well as with Prime Minister Binali Yildirim.

Ahead of the meetings, U.S. joint staff spokesman Capt. Greg Hicks said Dunford would "deliver messages condemning in the strongest terms the recent coup attempt."

Hicks said the general would also reaffirm "the importance of our enduring partnership for regional security," citing operations out of the Incirlik air base against the Islamic State group in Syria and Iraq, and Turkey's contributions to NATO and the fight against the Islamic State group.

While in Ankara, Dunford was taken on a tour of the Parliament building, which was bombed during the night of July 15.

At a small protest held near the U.S. Embassy in Ankara, demonstrators held up placards reading "Dunford go home, send us Fethullhah," and "Get out coup plotter Dunford."

Good Housekeeping

DIGGIN' IN:

Renovation transforms 10-year-old retirement home into updated retreat

By KATHY VAN MULLEKOM
DAILY PRESS (NEWPORT NEWS, VA.)

After purchasing our retirement home in the West Neck Villages golf community in Virginia Beach, Va., in late February, we spent three months renovating the 10-year-old house.

Getting from the start to finish line is like rolling a giant snowball downhill — the project keeps getting bigger and bigger. Like many houses, it looks like a move-in dream in the real estate marketing photos. In reality, it's like most 10-year-old houses — in need of TLC and personalized updates.

The rancher features a master suite of two closets, full bath and laundry on one side of the floor plan, and a suite of two bedrooms, office and full bath on the other side. Much of the downstairs square footage is devoted to a no-wall area that encompasses kitchen, dining, living room and soon-to-be sunroom. An oversized foyer welcomes guests; and a room over the garage is used for a pool table and storage cabinets.

The two-car garage house with covered front porch is built on a bricked raised slab, something we have never lived with before. The exterior is a brick front with foam-backed vinyl siding on the other three walls.

AFTER. Four Pella windows help transform screened porch into year-round sun room.

New granite sink and faucet update 10-year-old guest bath.

The kitchen and breakfast nook are part of a large no-wall living space downstairs.

BEFORE. Screened porch looks out over back yard and woods.

A 7-by-16-foot foyer welcomes guests.

LESS BECOMES MORE

At first glance, our new home looks like it needs only paint and flooring. Those needs, however, quickly evolve into bigger projects meant for the long haul. We knew the HVAC, gas hot water heater and appliances are 10 years old with little life left in them. The light fixtures are outdated, the bathrooms are tired and the closets are inefficient. The garage is dirty from top to bottom, and the attic needs more insulation.

While living temporarily in a furnished condo and all our belongings in storage, we decide to redo the house from top to bottom instead of stringing it out over months, maybe years, while living in it.

We had three months to change as much as we can, so we focus only on the interior, knowing the exterior can be done after we move in. Ken and I divvy up responsibilities — I research and line up contractor appointments for estimates while Ken supervises tear-outs and installs at the house, and helps the painter. Strangers to contractors in Virginia Beach, I often turn to Facebook, asking for recommendations; I also find www.NextDoor.com to be useful for asking nearby neighbors for referrals. I spend hours emailing contractors with questions and requests, and shop online for best prices and quick shipment to the house.

Our first and smartest hire is a one-man remodeler with a graphic arts background that proves helpful when we are making design decisions. After assessing the house and its condition, we make a to-do list for him. He removes miles of ventilated wire shelving and doors in four closets, takes down all light fixtures and repairs minor wall imperfections. He finds a reliable electrician, preps lumber for custom shelving in the pantry and linen closets and puts up crown molding in several rooms. Throughout the entire process, LaJesse does odds and ends that make the project move along.

SCREENED PORCH REDO

Between minor jobs around the house, the remodeler transforms a covered screened porch into a sunroom. Three windows between the dining room and porch are removed and a larger archway framed in. Four oversized Pella windows custom ordered through Lowe's create a back wall of glass. LaJesse hangs a beaded board ceiling, one board at a time, and installs chair rail with beaded boarding below; the exterior is done in a white wainscoting style that complements the house.

FLOORING

Because our house is on a concrete slab, we first do a moisture test to ensure there are no issues there — and there are none. Outside, newly-installed underground drains for the gutter downspouts ensure rainwater is carried away from the foundation.

After ripping out old wood flooring and carpeting, we have a flooring vendor found through Costco install moisture-blocking padding under a tweedy-brown Berber in the living area and bedrooms. Vinyl locking planks in a hardwood look cover the foyer, sunroom and dining area; a floating tile floor that resembles marble goes in the kitchen and breakfast nook. Hardwood is not our choice because we don't want anything glued or nailed, making it easier to change flooring in the future.

COLOR CHOICES

One Sunday, we drive 100 miles back and forth to a Sherwin-Williams store, picking up paint samples as we try to agree on a wall color. It's an important but not easy task because the entire house will be painted the same color, and we only want to paint one time, for at least 10 years! We choose bright white in a satin finish for all trim.

After putting paint samples on the wall and asking Facebook friends to choose, we settle on Eggwhite, a pale, creamy yellow, that is restful and relaxing.

Outdoors, we changed the red garage door to a taupe that blends with vinyl siding and shades on the house. The front door went from red to Sherwin-Williams Honeycomb gold.

COMFORT STUFF

Selecting an HVAC brand and contractor is a time-consuming, sometimes frustrating, process. Goodman is the house's original equipment, and it's very much outdated in efficiency and SEER rating. We interview seven HVAC contractors, and cross off companies that want us to sign on the spot, dazzle us with high-pressure talk or seem weak in the maintenance area

Finally, we decide on a 96 percent efficienct, two-speed gas-powered Lennox furnace with a 21 SEER, two-stage AC, Harmony zones for downstairs and upstairs, humidifier, healthy climate filter, new PVC flue, drain pan, outdoor AC pad and thermostats.

To enhance comfort and efficiency, we hire an insulation specialist to remove what's in the attic and blow in cellulose, along with a thermal foil-insulating backing to the door that leads into the attic.

KITCHEN

Fortunately, the maple kitchen cabinets by Kraft Maid are in good shape, and equipped with pull-out shelves and other niceties. Granite counters were put in recently. A new Delta kitchen faucet complements the deep, wide stainless steel sink. Appliances, however, are bought new, and yellowed recessed light canisters are replaced with all-in-one LED units. In fact, we found long-life, easy-install, all-in-one LED units (never change the light bulbs) for the laundry, closets and garage at Home Depot, where we also purchased ceiling fans, chandeliers and exterior lights in bronze finishes.

BATHROOMS

The guest bathroom gets an update with new granite counter and sink, Delta faucet and three-sided mirror. Solid-surface shelves replace the ventilated ones. In the master bathroom, we still plan to take out the garden tub and small shower stall, and instead put in a larger walk-in shower.

CLOSETS

I've always dreamed of cus-

See RENOVATION on Next Page

RENOVATION

From Page 18

tom closets with built-in dressers, cubbies, shelves and enough hanging space for all my year-round clothes. So, we splurge this time, turning to Closet Factory, which is a Costco vendor giving extra discounts. Entry doors on all closets are removed, giving you easy access to whatever you need and allowing you to use every inch of space. Two walk-in master closets each feature double dressers with beveled, Thermofoil doors and shelves above, 150 inches of linear hanging space, 14- and 16-inch deep shelves and a valet rod. The grandkids' and guest closets are done the same, except on a smaller scale; toys and small items are stored in white baskets that look neat and tidy on the white shelves.

BEFORE. The house features red garage and front doors.

A living area, dining space and sunroom adjoin the no-wall space that includes a kitchen and breakfast nook.

MOVE-IN DAY

In early June, we finally move into the house with minor tweaks still to do. Thankfully, the paver patio and new landscape are outdoors projects for fall.

If we had a redo on the house makeover, we would do it the same, and are grateful for the caring contractors who made it possible.

■■■

REMODELING TIPS

■ For a DIY remodel, hire at least one all-purpose contractor, preferably a good carpenter with handyman skills, to help you through the process.

■ Make a project list and break it down into supplies needed; shop online to get best prices.

■ Make a realistic timeline, and divide up responsibilities for each remodeling project.

■ Know that remodeling is more expensive than building new, and you will have to work around issues that are already there. Fortunately, there are many remodeling products to help you solve problems, and online research and creative thinking can help you get there easier and quicker.

■ Set a budget and add at least 30 percent for unknowns and changes along the way.

■ Online research is helpful before selecting products and contractors. Consumer reviews are good, especially if you read a good number per subject and find consensus in feedback. Appliance reviews are very helpful; Facebook friends are good for contractor referrals and produce recommendations, too.

■ Some contractors price jobs by hourly wage plus materials, which is OK, but know your job needs upfront; this pricing method is good if you tend to or want to make changes along the way. If you are more comfortable with a set price, know that you cannot make changes within the same pricing or have an agreement with the contractor on how to adjust the price for changes.

—Interview at least three contractors for each project, and require them to submit estimates in writing with line items and prices for materials and labor listed.

—Do not pay for an entire job upfront; a one-fourth to one-third down payment is OK and often expected. Some may require part payment upfront, part payment at job start and final payment upon completion.

—Know your warranties and read the fine print, especially on appliance returns, which are not like taking a dress back to the store for a refund.

—If you run out of remodeling time and money, don't sweat it. Do what you can, enjoy what you finish and plan more for the future.

Doors are removed from bedroom closets and Closet Factory-installed dressers, cubbies and shelving add ample storage for toys and clothes.

Ventilated wire shelving in all closets was removed, and wood shelving installed in the pantry.

LIVING SMART: Accommodating outdoor electrical needs this summer

By PAUL F. P. POGUE
ANGIE'S LIST

As summer approaches, homeowners might be giving thought to outdoor kitchens or barbecue islands and other outdoor entertaining options. But these amenities sometimes require power, and you don't want to be running an extension cord to the backyard. What can you do to accommodate outdoor electrical needs for the summer?

Electricians say adding a new outdoor outlet is a relatively simple task. In most cases, they can piggyback off an existing indoor outlet and simply run another line off the same circuit.

Outdoor power outlets should always contain ground-fault circuit interrupters (GFCI), which automatically cut off power in the event of an energy spike —an important safety feature for any outlet that can be exposed to water. In addition, outdoor electrical outlets should be equipped with a rubber-sealed cover that can be closed when the outlet is not in use.

"You want it to be both GFCI-protected and weather resistant," says Brent Yauchler, owner of The Electrican in Mount Horeb, Wisc. He says if you have existing outdoor outlets that are more than 10 years old, you should take a look and make sure the rubber gasket still gives a good seal when closed.

Wesley Sedain, co-owner of Alley Electric in Fremont, Calif., says he charges between $350 and $400 to install an outdoor outlet, with the price rising somewhat if the existing outlet is an older one without a proper grounding wire, or if no outlet exists where the homeowner wants to install an outdoor one. "In those cases, we need to run a new dedicated circuit," he says.

Yauchler charges about $150 to install an outdoor outlet, but the price goes down if you're installing more than one outlet, since the price includes a minimum labor fee.

Sedain says he installs summer outdoor outlets for barbecue islands and outdoor entertainment centers, but he most frequently installs outdoor outlets in the fall, in preparation for holiday lighting setups.

OTHER SUMMER ELECTRICAL ISSUES

In addition to outdoor needs, other specific electrical problems develop during summer. Sedain says he often talks to homeowners who run into trouble with portable air conditioners. Portable A/C units tend to draw quite a bit of power, so if you run one in the living room on the same circuit as another electronic device, it runs a high risk of tripping the circuit breaker — particularly since living rooms and bedrooms aren't equipped with circuits capable of handling as much power as kitchens and utility rooms.

Sedain says the solution for a portable air conditioner is to keep it on one outlet without any other device, and if that doesn't work, you'll need to run a dedicated circuit that can handle more power, which will cost about $300. "However, that dedicated circuit will be able to accommodate other high-powered devices, such as running a portable heater in winter," he says.

Yauchler also advises homeowners to consider whole-house surge protection in summertime, if they don't already have it. This protects against lightning and major electrical spikes, and gives much more protection than surge-protection power strips. He charges about $250 to install one.

AFTER. The garage door is painted a custom-mixed color that blends with the house; the front door is done in a focal point Sherwin-Williams Honeycomb gold.

Life & Style

Box Office Top 20: 'Jason Bourne,' 'Bad Moms' start strong

Matt Damon came back strong after his nine-year hiatus from the Bourne series this weekend. "Jason Bourne" earned $59.2 million in its first days in theaters, according to studios Monday. It easily topped the charts and is a promising start for the film, which cost around $120 million to produce.

STX Entertainment's raunchy, R-rated comedy "Bad Moms" also had a phenomenal debut, surpassing its modest $20 million production budget in its first weekend in theaters. "Bad Moms," which stars Mila Kunis, earned $23.8 million to take third place. It narrowly missed second to "Star Trek Beyond," which brought in $24.8 million in its second weekend in theaters.

Rounding out the top five were "The Secret Life of Pets" in fourth with $18.9 million, bringing its total to a whopping $296.9 million after just four weeks, and, in fifth place, "Ice Age: Collision Course" with $11 million in weekend two. ***(AP)***

In this image released by Universal Pictures, Matt Damon appears in a scene from "Jason Bourne." The movie opens July 29, 2016 in U.S. theaters.

AP

The top 20 movies at U.S. and Canadian theaters Friday through Sunday, followed by distribution studio, gross, number of theater locations, average receipts per location, total gross and number of weeks in release, as compiled Monday by comScore:

1. "**Jason Bourne**," Universal, $59,215,365, 4,026 locations, $14,708 average, $59,215,365, 1 week.
2. "**Star Trek Beyond**," Paramount, $24,754,339, 3,928 locations, $6,302 average, $106,474,717, 2 weeks.
3. "**Bad Moms**," STX Entertainment, $23,817,340, 3,215 locations, $7,408 average, $23,817,340, 1 week.
4. "**The Secret Life Of Pets**," Universal, $18,915,140, 3,677 locations, $5,144 average, $296,882,885, 4 weeks.
5. "**Ice Age: Collision Course**," 20th Century Fox, $10,988,839, 3,997 locations, $2,749 average, $42,598,462, 2 weeks.
6. "**Lights Out**," Warner Bros., $10,803,331, 2,835 locations, $3,811 average, $42,870,363, 2 weeks.
7. "**Ghostbusters**," Sony, $10,125,735, 3,052 locations, $3,318 average, $106,497,206, 3 weeks.
8. "**Nerve**," Lionsgate, $9,445,456, 2,538 locations, $3,722 average, $15,496,743, 1 week.
9. "**Finding Dory**," Disney, $4,322,747, 1,733 locations, $2,494 average, $469,115,677, 7 weeks.
10. "**The Legend Of Tarzan**," Warner Bros., $2,467,018, 1,503 locations, $1,641 average, $121,918,228, 5 weeks.
11. "**Hillary's America: The Secret History of the Democratic Party**," Quality Flix, $2,456,526, 1,066 locations, $2,304 average, $8,746,910, 3 weeks.
12. "**Cafe Society**," Lionsgate, $2,333,300, 565 locations, $4,130 average, $3,990,260, 3 weeks.
13. "**Mike And Dave Need Wedding Dates**," 20th Century Fox, $1,452,957, 1,070 locations, $1,358 average, $43,990,069, 4 weeks.
14. "**Captain Fantastic**," Bleecker Street, $1,061,090, 550 locations, $1,929 average, $2,462,869, 4 weeks.
15. "**Central Intelligence**," Warner Bros., $907,215, 652 locations, $1,391 average, $125,300,228, 7 weeks.
16. "**The Infiltrator**," Broad Green Pictures, $856,589, 650 locations, $1,318 average, $14,387,490, 3 weeks.
17. "**Absolutely Fabulous: The Movie**," Fox Searchlight, $830,254, 355 locations, $2,339 average, $3,396,822, 2 weeks.
18. "**The Purge: Election Year**," Universal, $739,375, 510 locations, $1,450 average, $78,392,445, 5 weeks.
19. "**The BFG**," Disney, $458,064, 273 locations, $1,678 average, $52,146,349, 5 weeks.
20. "**Dishoom**," Eros Entertainment, $442,299, 113 locations, $3,914 average, $442,299, 1 week.

Tweets are latest controversy for Miss Universe organization

AP

In this July 30, 2016 photo, Miss Texas Karlie Hay is crowned and given flowers as the new Miss Teen USA 2016 during the pageant in Las Vegas.

LAS VEGAS (AP)—Racist language in old tweets from the freshly crowned Miss Teen USA is just the latest controversy for the Miss Universe Organization, which suffered a round of turmoil last year over then-owner Donald Trump's inflammatory comments against Mexicans.

The new flap came over the weekend, shortly after 18-year-old Texan Karlie Hay was crowned Miss Teen USA in Las Vegas on Saturday. Social media users quickly unearthed an account with Hay's name that featured the N-word in tweets from 2013 and 2014, and the organization was forced into damage control mode.

"The language Karlie Hay used is unacceptable at any age and in no way reflects the values of The Miss Universe Organization," pageant officials said in a statement, adding that Hay was "in a different place in her life" when she posted the tweets. "Karlie learned many lessons through those personal struggles that reshaped her life and values. We as an organization are committed to supporting her continued growth."

Miss Universe officials pointed to an apology Hay posted on Twitter and Instagram, in which she admitted using language that she wasn't proud of and "is not representative of who I am as a person."

Not all were satisfied with Miss Universe's decision, with commenters taking to the official Miss Teen USA Facebook page to argue Hay was a poor representative of the organization and should lose her crown.

The pageant empire has had a bumpy ride since last summer. Miss Universe was co-owned by NBCUniversal and Republican presidential nominee Trump until shortly after he made anti-immigrant remarks last year.

"They're sending people that have lots of problems," Trump said about Mexico in a speech announcing his presidential bid. "They're bringing drugs, they're bringing crime. They're rapists. And some, I assume, are good people."

The Spanish-language network Univision and NBC responded by cutting ties with Trump and saying they wouldn't broadcast the Miss Universe pageant. Trump ultimately bought NBC's stake, then sold the pageant to talent agency WME/IMG in September.

The new owners have taken steps to rebrand the Miss Teen USA pageant, including scrapping the swimsuit competition and replacing it with an athletic wear segment. The move drew praise from observers who said it emphasized strength instead of physical appearance.

Starz boss bemoans Emmy snubs of network's shows

BEVERLY HILLS, Calif. (AP)—Starz network has found an avid audience targeting what its boss regards as "underserved" viewers like women and African-Americans with high-quality series.

But much to Chris Albrecht's exasperation, Emmy doesn't notice.

"I was part of the team that invented how to campaign for Emmy awards," the Starz CEO told TV writers Monday at the Television Critics Association meeting. "Trust me, it's not a level playing field. I spent years inside the TV Academy, working it. It took a lot of money, and there's a certain momentum that goes along with that."

Starz, which has won audiences and critical acclaim for such series as "Outlander," ''Power" and "Ash vs. Evil Dead," routinely gets the cold shoulder from the Television Academy.

It is happening again this year. Starz' only 2016 Emmy nods amount to four technical nominations.

"We couldn't be more proud of the work that is being done by the people on these shows," said Albrecht. "They are award-worthy. Whether it's an Emmy award or not is not the point."

Albrecht thinks it's the Television Academy that's missing the point, failing to recognize what he called "an unprecedented time in our industry" with an explosion of deserving programs and mushrooming numbers of channels.

AP

In this April 1, 2015 file photo, Starz CEO Chris Albrecht attends the mid-season premiere of "Outlander" in New York.

The Academy, he said, "should be finding a way to platform the diversity, to have something that reflects this expansion, and not have what is continually, by these sheer numbers, something that ends up with a longer list of losers and the same number of winners.

"I don't worry about that," he insisted. "I know my staff worries about it. I know the people who work on these shows like to see their names included with the names of their peers (at award time)."

And sooner or later, there will be a Starz show that breaks through and scores Emmy love, Albrecht predicted. "You won't know which one it is, and all of a sudden it will be the one."

But there won't be a better reason for that show's reception than there would have been for "Outlander" or "Power" or "Survivor's Remorse," he declared: "It'll just be a reason.

"This is all, this is all," he summed up haltingly, trying to find an acceptable way to sum up how he sees Emmy's snubs—"silly."

Kesha shifts focus in Dr. Luke fight to New York court case

AP
In this May 22, 2016 file photo, Kesha appears on stage at the Billboard Music Awards in Las Vegas.

LOS ANGELES (AP)—Kesha has dismissed a California lawsuit alleging hit-making producer Dr. Luke sexually and emotionally abused her, but a similar case will remain in play in New York.

Monday's dismissal of a Los Angeles case comes amid an effort by the singer to get new singles and an album released despite her high-profile fight with her former mentor.

Her attorney, Daniel Petrocelli, said the dismissal was filed so she can focus her legal efforts in New York, where she has also sued the producer alleging he frequently ridiculed her for nearly a decade and at one point drugged and raped her.

Dr. Luke, whose real name is Lukasz Gottwald, has denied Kesha's allegations and accused her of suing to try to obtain a better recording deal.

Petrocelli said Kesha has delivered 28 new songs to Dr. Luke's record label and Sony Music Entertainment and hopes new singles and albums will be released soon. "We have conveyed to Sony and the label Kesha's strong desire to release her next album and single as soon as possible," Petrocelli wrote in a statement. Kesha is appealing two rulings in New York that prevented her from breaking her contract with Dr. Luke's label, and that dismissed her claims of sexual and emotional abuse. The April ruling by Manhattan state Supreme Court Justice Shirley Werner Kornreich stated that Kesha's rape and abuse allegations couldn't move forward because the alleged incidents happened outside New York and fell outside the statute of limitations.

"If Kesha is voluntarily dismissing her claims in the California case, it is because she has no chance of winning them," Dr. Luke's attorney, Christine Lepera, wrote in a statement. "Kesha never should have brought her false and meritless claims against Dr. Luke in any court."

Investigation Discovery joins forces with James Patterson

BEVERLY HILLS, Calif. (AP)—Investigation Discovery channel is joining forces with bestselling author James Patterson, who will write and executive produce a six-part scripted series for the network.

The series will be based on ID-branded true-crime stories written for Patterson's new line of novella-length "BookShots." The portfolio of "BookShots" will be released in conjunction with the on-air 2017 premiere of this series.

Henry Schleiff, Group President of Investigation Discovery and other Discovery networks, called Patterson the network's "partner in crime." Patterson has sold more than 355 million books worldwide.

Each thriller, roughly 150 pages in length, will be available for less than five dollars.

The announcement was made Monday at the Television Critics Association meeting.

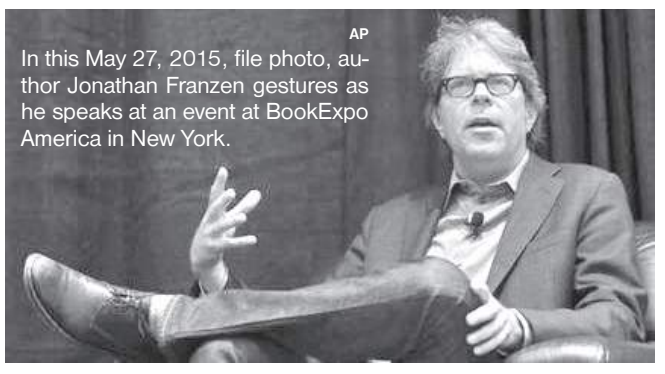
An 'embarrassed' Jonathan Franzen says he knows few blacks

NEW YORK (AP)—Award-winning novelist Jonathan Franzen has an admittedly uncomfortable reason for why he doesn't expect to write a book about racial relations: He doesn't know many blacks.

In an interview that appeared last weekend on Slate.com, the author of "The Corrections" said he had few black friends and had "never been in love" with a black woman. He called his comments "an embarrassing confession."

Franzen's remarks were widely criticized, with National Book Award finalist Angela Flournoy tweeting that Franzen's books were indeed "about race," if only because they expressed a white perspective.

Author Celeste Ng tweeted that Franzen showed a "failure of writing and of humanity." In response, Joyce Carol Oates suggested Franzen's detractors "cast the first stone" and write "stronger novels than J.F." Oates called that the "best revenge."



AP
In this May 27, 2015, file photo, author Jonathan Franzen gestures as he speaks at an event at BookExpo America in New York.

Anton Yelchin died without a will, has nearly $1.4m estate

LOS ANGELES (AP)—Anton Yelchin's parents have filed court documents indicating the "Star Trek" actor died without a will and left behind a nearly $1.4 million estate.

Court records show Victor and Irina Yelchin filed to become administrators of their son's estate on Friday in Los Angeles Superior Court. The actor died on June 19 when he was crushed by his Jeep Grand Cherokee in the driveway of his Studio City home.

The filing states Yelchin left behind at least $641,000 in personal property and had $731,000 in equity in his home.

The 27-year-old actor played Pavel Chekov in the rebooted "Star Trek" franchise. The latest film in the franchise, "Star Trek Beyond," has grossed more than $106 million in its first two weekends domestically.

An attorney who represents Yelchin's parents announced Monday that they are planning to file a wrongful death lawsuit on Tuesday against Fiat Chrysler, which made the Jeep that killed their son.

The company extended sympathies to Yelchin's family in a statement, but said it could not comment on their plans for a lawsuit.

The actor's vehicle was subject to a recall because the gear shifters have confused drivers, causing the vehicles to roll away unexpectedly. The SUV was part of a global recall of 1.1 million vehicles by automaker Fiat Chrysler in April.

AP
In this April 18, 2015 file photo, actor Anton Yelchin attends the Tribeca Film Festival world premiere of "The Driftless Area" in New York.

A government investigation into the gear shifters found 266 crashes that had injured 68 people as of late June.

Fiat Chrysler has said it is speeding up its recall of the vehicle.

The estate filing was first reported Monday by celebrity website TMZ.

Boyfriend fights woman's effort to end her 10-year obsession

DEAR ABBY: I'm obsessed with having sex. I can't stop. Ever since I was 8 I've been having sex, and now I'm 18. I have a boyfriend I've been dating since I was 8, and we can't stop having sex. I want to stop, but he doesn't want to. I keep on doing it because he says if I don't he'll leave me. Please help. What do I do?

OBSESSED IN MIAMI

DEAR OBSESSED: There are worse things than losing a boyfriend who threatens to dump you if you don't have sex with him. Chief among them is having sex with someone because you have been coerced. Because you feel you are "obsessed," you may have what is called a sex addiction.

Licensed psychotherapists treat people with sexual compulsive disorders, and self-help groups help individuals suffering because they can't control their sexual behavior. A 12-step program that has been mentioned before in my column is Sexaholics Anonymous, which originated in 1979 and is based on the same principles as Alcoholics Anonymous. Its website is sa.org. Visit it to find a local meeting.

DEAR ABBY: Within the last year, I met an amazing man who is head over heels for me. We were married five months later, partly because he was deploying. I had always dated "bad" boys with commitment issues, but now I have a wonderful husband.

Everything happened so fast. I'm now having to put the career I worked very hard for on hold. I love him very much, don't get me wrong, but all the drastic changes have me feeling confused and scared. I feel we may have rushed into marriage too soon. Regardless, this is where we are now. Any insight?

NEWLYWED IN UTAH

DEAR NEWLYWED: To be honest, MOST people feel a degree of fear and confusion when they find themselves in unfamiliar territory. On the plus side, you have married a winner after dating a series of turkeys.

Because your husband is deployed, you now have a chance to start evaluating various ways to apply your talents and experience with an eye toward restarting your career or finding a new one. If your husband intends to make a career of the military, research jobs you can do regardless of where he may be posted.

DEAR ABBY: My husband has ongoing relationships with two of his exes' daughters. One girl's mother is deceased, and he has been divorced from the other for more than 20 years. He allows them to call him "Dad" even though they are adults and he has been married three times over.

I don't understand why he has allowed this to go on, but he blows me off when I bring it up. Am I being petty for having concerns, or should I just let them be?

CONCERNED SPOUSE

DEAR ABBY

By ABIGAIL VAN BUREN
UNIVERSAL PRESS SYNDICATE

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

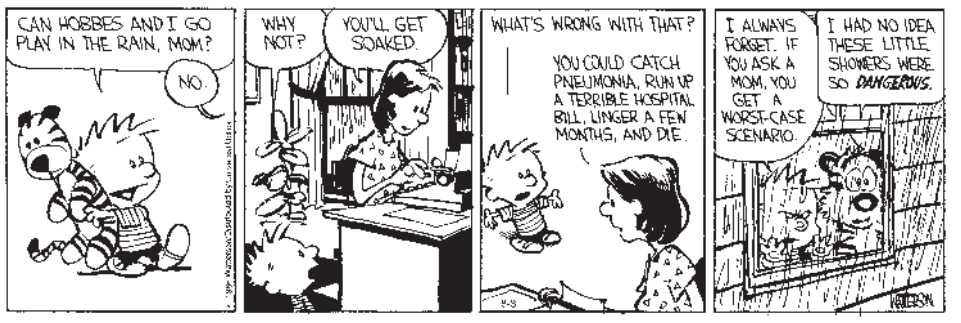
DEAR CONCERNED: Yes, you are being petty. Your husband may have been the most stable and loving parental male figure in those women's lives, which is why they still call him "Dad." Their relationship should not diminish the one he has with you, unless you make them feel unwelcome because of your own insecurity. So put on a smile, set out the welcome mat and befriend them, and I predict you will reap big dividends.

For an excellent guide to becoming a better conversationalist and a more sociable person, order "How to Be Popular." Send your name and mailing address, plus check or money order for $7 (U.S. funds) to: Dear Abby, Popularity Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

Pastimes

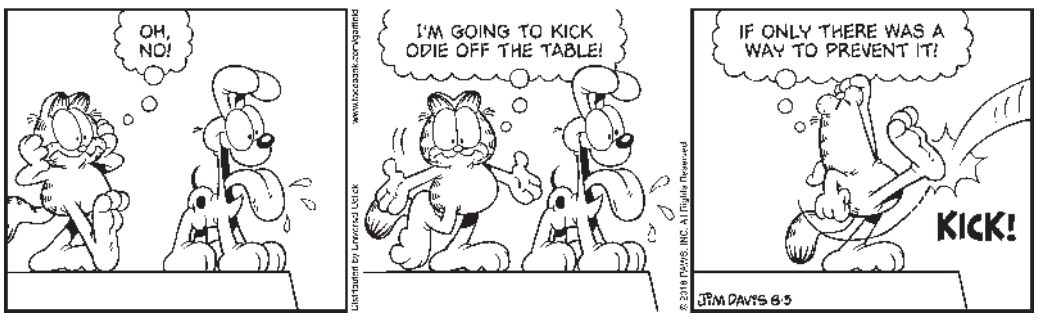
Calvin and Hobbes

By Bill Waterson


CAN HOBBES AND I GO PLAY IN THE RAIN, MOM?
NO.
WHY NOT?
YOU'LL GET SOAKED.
WHAT'S WRONG WITH THAT?
YOU COULD CATCH PNEUMONIA, RUN UP A TERRIBLE HOSPITAL BILL, LINGER A FEW MONTHS, AND DIE.
I ALWAYS FORGET. IF YOU ASK A MOM, YOU GET A WORST-CASE SCENARIO.
I HAD NO IDEA THESE LITTLE SHOWERS WERE SO DANGEROUS.

Garfield®

By Jim Davis



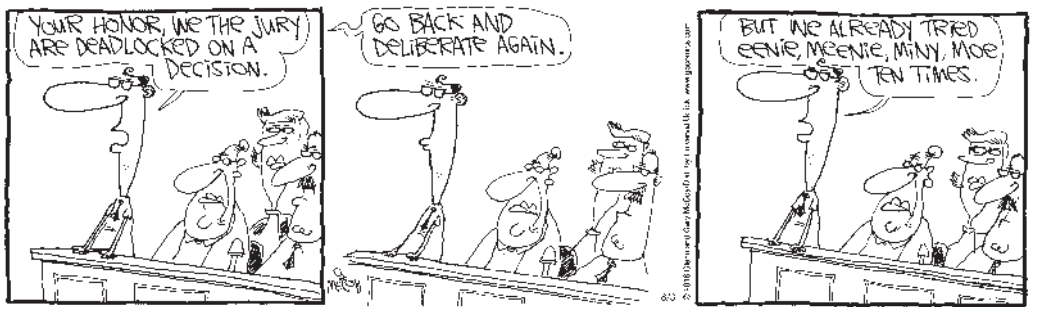
Adam@home

By Bryan Basset

I'VE NEVER WANTED A TATTOO, CLAYTON. THERE'S NOTHING I'D WANT ON MY BODY FOR THE REST OF MY LIFE.
I JUST THOUGHT YOU COULD GET A COFFEE CUP WITH SWIRLING STEAM AND THE WORDS "FULLY LOADED" OR SOMETHING.
GO ON.

The Duplex

By Glenn McCoy


YOUR HONOR, WE THE JURY ARE DEADLOCKED ON A DECISION.
GO BACK AND DELIBERATE AGAIN.
BUT WE ALREADY TRIED EENIE, MEENIE, MINY, MOE, TEN TIMES.

CROSSWORD

By Eugene Sheffer

ACROSS

1 Wine region
5 Joan of —
8 Grand tale
12 Goblet feature
13 Spell-down
14 Existed
15 Personal bugaboo
17 "Don't rub —!"
18 Asparagus unit
19 Least wacky
21 Some July babies
24 Store boss (Abbr.)
25 Club in a Manilow song
28 Netanyahu nickname
30 Wooden pin
33 Shock partner
34 Seeps
35 In the past
36 Pampering, for short
37 Rind
38 Uppity one
39 Bond rating
41 Surrealist Salvador
43 Hang loosely
46 Pedro's pal
50 Big fair, for short
51 Basement table game
54 Israel's Golda
55 Klutz
56 Listending abbr.
57 Notion
58 NBC weekend show
59 Assess

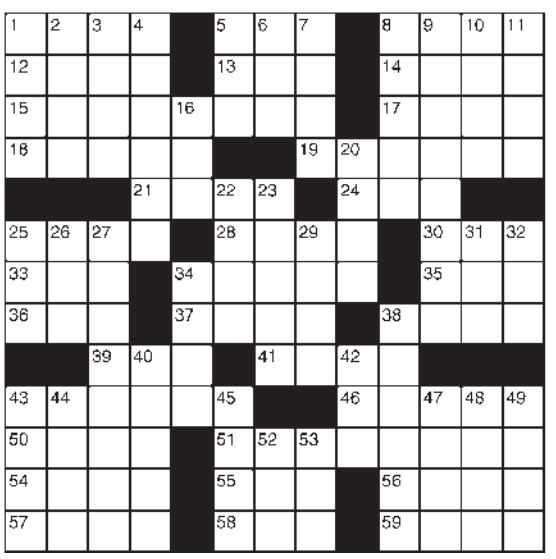
DOWN

1 Nile vipers
2 Dance move
3 Head, to Henri
4 Chevy model
5 Jurist Fortas
6 Speed (up)
7 Mediocre grades
8 "Dallas" surname
9 J.M. Barrie boy
10 Purple flower
11 Penny
16 Before
20 Writer Kingsley
22 Bassoon's kin
23 Evaluated, with "up"
25 Mouse chaser
26 Hooter
27 Southern dessert
29 Lugosi of film
31 Swelled head
32 Sailor
34 October birthstone
38 Smirk
40 Old marketplace
42 Trail the pack
43 Ms. Moore
44 Fired
45 Heroic verse
47 Teeny bit
48 Bitty biter
49 Leer at
52 Author Fleming
53 Patriots' org.

Solution time: 23 mins.

S	U	F	Z	■	D	■	S	■	R	A	Y	S
I	S	L	E	■	E	D	U	■	O	P	E	C
R	A	I	N	D	R	O	P	■	S	E	T	A
■	■	■	I	O	N	■	E	L	I	X	I	R
A	G	A	T	E	■	B	H	I	E	■	■	■
L	A	S	H	■	F	A	I	L	R	O	A	D
A	G	T	■	O	H	B	O	Y	■	B	R	O
R	A	I	N	G	E	A	R	■	S	O	I	L
■	■	■	A	R	T	S	■	S	T	E	A	L
B	O	R	N	E	O	■	L	O	O	■	■	■
C	H	I	O	■	P	A	I	L	C	A	R	S
O	N	I	O	■	I	S	M	■	K	N	O	T
S	O	A	K	■	C	A	P	■	Y	O	U	A

Yesterday's answer 8-3



STUMPED? For answers to today's crossword, call **1-900-226-5955!** 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features service, NYC.

CELEBRITIES BORN ON THIS DAY: Ryan Lochte, 32; Tom Brady, 39; Martha Stewart, 75; Tony Bennett, 90.

Happy Birthday: Don't let the past hold you back. If something isn't right, walk away and put your energy into something that is. Don't be afraid to start something new in order to reduce the negativity in your life. Don't let someone else make choices for you. You will only have yourself to blame if you remain in a holding pattern. Your numbers are 7, 11, 22, 28, 31, 35, 44.

ARIES (*March 21-April 19*): Learn as you go and you won't be disappointed with the results. A steady pace, a little ingenuity and a practical attitude will reveal exactly what you have to offer. Good fortune will follow. ✪✪✪✪✪

TAURUS (*April 20-May 20*): Sharing your feelings will lead to mixed emotions. Uncertainty regarding your home life will surface. Put more emphasis on intellectual connections and social interactions, and any confusion you are experiencing will subside. Take a short vacation. ✪✪

GEMINI (*May 21-June 20*): Take a moment to enjoy your surroundings and the company of those you love most. Fixing up your home, considering a move or checking out places you haven't visited before will help you make an important decision about your future. ✪✪✪✪

CANCER (*June 21-July 22*): Participate in events that will give you a better understanding of what's available in your community. Talk to friends and relatives about your aspirations and expand your interests to include the people and projects that will help you reach your goals. ✪✪✪

LEO (*July 23-Aug. 22*): You need a change. Apply for a job or sign up for an event that will introduce you to people who can help you grow emotionally and improve physically. Romance looks promising, so don't hesitate to express your feelings. ✪✪✪

VIRGO (*Aug. 23-Sept. 22*): Share your ideas, concerns and plans for the future. Start doing what you need to do to bring your goals within reach. Don't stop until you are satisfied with the results. Hard work will result in good fortune. ✪✪✪

LIBRA (*Sept. 23-Oct. 22*): Search for a renewed sense of purpose. Participating in a project that deals with the issues most important to you will help you achieve peace of mind. Spend time with someone who shares your traditions and values. ✪✪✪✪

SCORPIO (*Oct. 23-Nov. 21*): Make your home more comfortable. Spend time developing a lifestyle that is conducive to doing the things you enjoy the most. Be creative and use your intuition and intelligence to reach your goal. Don't give in to peer pressure. ✪✪

SAGITTARIUS (*Nov. 22-Dec. 21*): You can't be all things to all people. Pick and choose your battles and make sure you look out for your own emotional well-being. Change what isn't working for you and avoid anyone who seems to be trying to take advantage of you. ✪✪✪✪✪

EUGENIA LAST

THE LAST WORD IN ASTROLOGY

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CAPRICORN (*Dec. 22-Jan. 19*): Take care of personal and family business. What you do to improve your home life and relationships will encourage greater communication with the people you want to please. An unusual choice will prove to be worth your while. ✪✪✪

AQUARIUS (*Jan. 20-Feb. 18*): Discuss your plans. Consider how you can pick up the information required to achieve your goals. If you keep your emotions in check, you can make progress in your relationships and personal plans. ✪✪✪

PISCES (*Feb. 19-March 20*): Learn by watching what others do. Offer to pitch in and help. Going through the process of assisting others will help you hone your skills and make a good impression. Don't be afraid to give your own spin to whatever you do. ✪✪✪

Birthday Baby: You are sensitive and engaging. You are clever and persistent.

*Eugenia's website—**eugenialast.com**, Eugenia's android app @ **http://bit.ly/exhoro** and join Eugenia on **twitter/facebook/linkedin**.*

SUDOKU

Conceptis Sudoku *By Dave Green*

	8	6			4	5		
5			6	3			9	
3			1	4			2	
7			8	2			5	
4			9	6			1	
8			5	1			7	
6			3	5			8	
9			2	7			4	
	5	7			3	9		

Difficulty Level ★★★ 8/03

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Saturday.

Yesterday's SUDOKU Answer

4	5	7	6	3	9	8	2	1
3	2	1	7	8	5	6	4	9
6	9	8	2	4	1	3	5	7
5	6	2	3	9	4	1	7	8
7	3	4	1	6	8	2	9	5
8	1	9	5	7	2	4	6	3
1	7	3	9	2	6	5	8	4
9	4	6	8	5	3	7	1	2
2	8	5	4	1	7	9	3	6

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WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the **WONDERWORD.**

'THE JUNGLE BOOK' (2016 FILM) **Solution: 6 letters**

I	S	P	A	N	T	H	E	R	A	M	P	A	G	E
D	H	Y	A	B	O	N	Y	O	N	G	O	M	R	B
R	E	T	E	T	E	L	A	(E)	A	P	S	U	A	K
I	R	H	E	K	I	A	R	(P)	B	I	L	L	C	K
S	E	O	S	S	N	P	R	(A)	N	G	O	A	J	I
E	K	N	P	L	L	O	U	G	C	O	P	O	O	P
L	H	E	O	A	S	E	M	L	E	N	H	E	I	L
B	A	K	S	M	E	C	E	S	K	A	A	D	N	I
A	N	L	I	I	V	U	O	N	N	E	R	I	F	N
G	O	A	T	N	L	R	H	S	E	T	I	R	G	G
H	V	W	O	A	O	T	S	C	A	R	L	E	T	T
E	E	I	L	G	W	O	M	U	A	E	R	V	A	F
E	L	E	B	E	N	K	I	N	G	S	L	E	Y	I
R	K	I	N	G	L	O	U	I	E	N	C	U	B	L
A	H	S	K	A	R	E	G	I	T	S	K	R	A	M

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Akela, Animals, Ape, Bagheera, Baloo, Bear, Ben Kingsley, Bill, Elba, Esposito, Favreau, Film, Fire, Giancarlo, Idris, Johansson, Join, Kaa, King Louie, Kipling, Lupita, Lure, Marks, Monkeys, Mowgli, Murray, Neel Sethi, Novel, Nyong'o, Pack, Panther, Pig, Python, Raksha, Rampage, Ride, Ritesh, Rose, Scarlett, Shere Khan, Sing, Tiger, Truce, Walken, Wolves

Yesterday's Answer: Rare

Treasury 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23 or 24 can be purchased online at www.WonderWordBooks.com.

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Hafa Adai! Saipan Tribune

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JOB VACANCY ANNOUNCEMENT

Bartender
Salary : $6.05 to $8.00
High School Diploma or equivalent. At least one year experienced working as a Bartender. Knowledge in different variety of cocktail, tropical, alcoholic or non-alcohol drinks. Must be able to create and possess broad ideas for mixing, creating and serving drinks. Excellent interpersonal skills with a positive attitude, professional, neat and well groomed at all times. A ""People Person"", acquired hospitality related program and speaking additional languages preferred but not required. Knowledge of principles and processes for providing customer and personal services including handling large group of customers. Computer literate. Be able to stand for prolonged period of time. Able to obtain Food Handler Certification.

Front Desk Clerk (Korean Speaking)
Salary: $6.05 to $7.50
High School Diploma or equivalent. At least six months to a year of related work experience in the hotel and golf course industry. Knowledge of principles and processes for providing customer and personal services including handling large group of arrivals. Excellent interpersonal skills with a positive attitude, professional, neat and well groomed at all times. Acquired hospitality related program is an asset but not required. A "People Person", be able to speak additional languages is preferred but not required. Physically capable to lift at least 50lbs and have a valid driver's CNMI license, be able to stand for prolonged period of time and must possess a friendly and good manners. Knowledge in the game of game of golf preferred but not required.

Finance and Accounting Supervisor
Salary : $8.00 to $9.50
Bachelors Degree in Accountancy or equivalent. Have atleast three years working experience in a Hotel/Golf Course industry or field of auditing work. Have knowledge of economics and accounting principles and practices, A/P, A/R, G/L, bank analysis and reporting of financial data. Excellent in mathematical and communication skills. Ability to maintain highly confidential nature of accoutning works and possess prfessionalism with good manners and right conduct. Proven ability to develop and train people on how to use financial spreadsheets. Knowledge in different accounting software application must know how to operate Peachtree program and must be computer literate. Must be able to work under pressure, and meet deadlines.

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High School Diploma or equivalent. At least one or two years of working experienced in full range skilled repair and maintenance on automobiles, small engines such as golf course equipment, heavy equipment, and other mechanical and electrical equipment. Has the ability to be extent flexibility that includes bending, twisting, and lifting.

(7) Housekeepers
Salary Range : $6.05to $7.50
High School Diploma or equivalent. Few months to one year related work experienced. Knowledge of principles and process for providing customer and personal services including handling large group of arrival. Must be able to understand and follow instructions and out task in order and willing to work under pressure with the specified number of rooms or duties assigned in everyday. Has the ability to be extent flexibility that includes bending, twisting and lifting. Computer literacy is preferred but not required. Be able to stand for prolonged period of time and must possess a friendly and good manners.

Cook (Western Cuisine)
Salary: $6.05 to $8.50
High School Diploma or equivalent. Six months to a year of work related experienced. Culinary Degree preferred but not required. Excellent interpersonal, neat nad well groomed at all times. Be able to stand for prolonged period of time.Full understanidng of licensing responsibilities and environmental health standards. And a highly qualified in preparing variety of food and knowledgeable in processing and food production of Western Cuisine, like salad, appetizers, dessert and main entrees. Able to obtain Food Handler Certification.

Cook (Japanese Cuisine)
Salary: $6.05 to $8.50
High School Diploma or equivalent. Six months to a year of work related experienced. Culinary Degree preferred but not required. Excellent interpersonal, neat nad well groomed at all times. Be able to stand for prolonged period of time.Full understanidng of licensing responsibilities and environmental health standards. And a highly qualified in preparing variety of food and knowledgeable in processing and food production of Japanese Cuisine, like salad, appetizers, dessert and main entrees. Able to obtain Food Handler Certification.

Golf Course Starter
Salary : $6.05 to $7.25
High School Diploma or equivalent. Knowledge of principle and processes for providing excellent personal and guest service skills. Be able to speak other language but not required. Must be able to work under the sun. Be able to stand prolonged period of time and capable of lifting at least 50lbs. Must be able to acquire driver's license. Possess knowledge in the rules of golf game.

Suwaso Corporation would like to invite all qualified US workers to send/submit their resume/application form to Recruit.COGR@eland.co.kr. Deadline of submission is on August 8, 2016 at 1:00 PM. Provide at least two recommendation letter and proof of certification for the position, if needed. All interested applicant must be willing to work in a flexible shifts, days, evenings, weekend and holidays. Application form is also available in the hotel lobby and HR Office. Incomplete application may not be considered for assessment. Fill up the form completely prior submission. No phone calls please.

Century Tours, Inc. invites qualified U.S. worker candidates to apply for the following positions:

Accounting Assistant (1)

Job Duties: Perform all and/or any combination of routine calculating, posting, and verifying duties to obtain primary financial data for use in maintaining accounting records. Computes and records charges, receipts, refunds, or similar items. Type vouchers, invoices, checks, account statements, reports, and other records, using typewriter or computer. Receive, record, and bank cash, checks, and vouchers. Reconcile or note and report discrepancies found in records. Perform other related duties as required or as assigned.

Requires: High School graduate or a GED Certificate. Some related work experience in tour operation, sales or service related work is preferred. Must be proficient with Microsoft Office applications such as Microsoft Word and Microsoft Excel; and proficient with Accounting software such as the SAP-R3 FICO (Financial and Controlling) and POS-RMS (Point of Sale) systems to record, store, and analyze information. Flexible under pressure. High attention to detail. Able to work independently with detailed projects. Has an aptitude for learning. Must be able and willing to work evenings, holidays, and weekends.

Interested applicants may send their applications to ceti_recruitment@tanholdings.com. To be considered, applications must be submitted not later than **August 13, 2016.** Applications for Employment are available at the Front Office of Century Tours Inc. located on the Ground Floor of Kanoa Resort, Beach Road, Susupe Village.
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After trading stars, spunky Yanks nip Mets

NEW YORK (AP)—Delin Betances, Didi Gregorius and the rest of the diminished New York Yankees hardly resembled a team resigned to quietly fading away this summer.

Starlin Castro hit a sacrifice fly in the 10th inning and the Yankees, after selling off stars at the trade deadline, showed plenty of spunk while rallying past the Mets 6-5 on Monday night in their Subway Series opener.

"Just tells you that the guys we have in here don't give up," starter CC Sabathia said. "It's going to be tough ... but we have the guys in here to battle and try to get back in this thing."

Gregorius hit a tying single with two outs in the eighth and Betances worked out of a major jam for his first save this season. Hours after trading slugger Carlos Beltran and pitcher Ivan Nova before the non-waiver deadline, the Yankees (53-52) snapped a four-game slide and won for the seventh time in the past nine meetings with their crosstown rivals.

"It's been a tough week for us. We've lost some unbelievable guys in our clubhouse," Betances said. "Been an up-and-down year. So it was nice to get a victory."

Wilmer Flores and rookie Matt Reynolds homered for the skidding Mets, who lost their fifth in six games as fans in the sellout crowd of 42,125 traded chants throughout the night following a hectic afternoon at Citi Field.

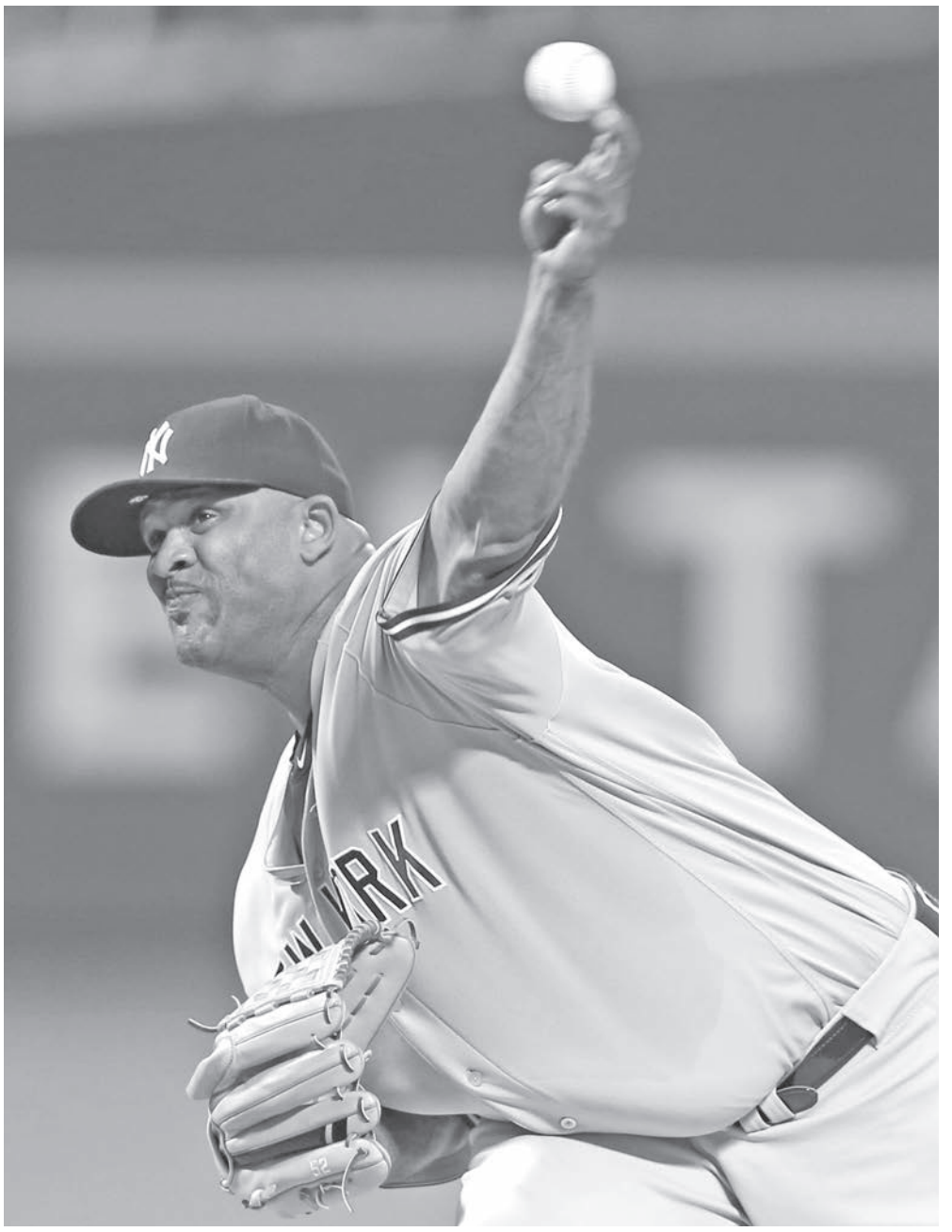
Earlier in the day, the defending NL champions completed deals to land All-Star outfielder Jay Bruce and reacquire left-hander Jon Niese.

"We got ourselves where we wanted to be," manager Terry Collins said after his team tried to rally against Betances. "We just couldn't finish it off."

Jacoby Ellsbury drew a four-pitch walk from rookie Seth Lugo (0-1) leading off the 10th and went to second on Mark Teixeira's single. A fired-up Ellsbury beat Lugo's throw to third on pinch-hitter Ben Gamel's sacrifice, loading the bases.

Gregorius struck out, but Ellsbury scored easily when Castro hit a long fly to the right-center warning track.

"I thought the effort was great," Yankees manager Joe Girardi said.



AP

New York Yankees starting pitcher CC Sabathia delivers during the first inning of an interleague baseball game, Monday, Aug. 1, 2016, in New York.

Royals 3, Rays 0

In St. Petersburg, Danny Duffy pitched eight innings of one-hit ball and had a franchise-record 16 strikeouts to lead the Kansas City Royals to a win over the Tampa Bay Rays.

Duffy (7-1) flirted with the Royals' first no-hitter in nearly 25 years before giving up a line-drive double to Desmond Jennings leading off the Tampa Bay eighth.

Jennings came off the disabled list Monday after missing all of July with a strained hamstring.

Twins 12, Indians 5

In Cleveland, rookie Max Kepler had three two-run homers and six RBI, leading Minnesota over Cleveland.

The German-born Kepler homered off All-Star Danny Salazar in the first and third innings and hit another off Cody Anderson in the sixth. Kepler became the first Twin to homer three times in a game since Justin Morneau in 2007. He also had a single.

Joe Mauer was 4 for 4 and homered in the eighth off Andrew Miller, who was making his first appearance with Cleveland after being acquired Sunday from the Yankees.

Cubs 5, Marlins 0

In Chicago, Kyle Hendricks allowed just seven hits in his second career shutout, providing Chicago's bullpen a needed breather.

After a wild, 12-inning win a night earlier in which manager Joe Maddon used 22 players, Hendricks (10-7) threw 123 pitches and lowered his ERA to 2.22, third-best in the majors. He allowed three walks and struck out five.

Astros 2, Blue Jays 1, 14 innings

In Houston, Carlos Correa hit an RBI double in the 14th inning off Scott Feldman hours after Feldman was traded from Houston to Toronto.

Jose Altuve, who homered earlier in the game, opened the 14th with a single to shallow left field off Feldman (5-4), and Correa followed with his hit off the fence in right-center field. It gave Houston its ninth walkoff win this season, and 14th with its last at-bat.

Red Sox 2, Mariners 1

In Seattle, Mookie Betts homered to lead off the ninth inning, Craig Kimbrel got his 18th save in his return from knee surgery and Boston beat James Paxton and Seattle.

Paxton held Boston to a run and four hits over eight innings before Betts hit his 22nd homer off closer Steve Cishek (2-6), who blew a three-run lead in the ninth inning Sunday against Chicago.

Kimbrel made his first appearance since having surgery to repair a medial meniscus tear in his left knee.

Nationals 14, Diamondbacks 1

In Phoenix, Anthony Rendon drove in three runs, Daniel Murphy went 3 for 3 and Stephen Strasburg got his major league-leading 15th win.

Strasburg (15-1) allowed a run and three hits in six innings, striking out six and walking two. He also had three hits and an RBI.

Arizona starter Archie Bradley (4-7) gave up eight runs and 12 hits in 3 1/3 innings.

Padres 7, Brewers 3

In San Diego, Yangervis Solarte drove in two runs, Travis Jankowski had three hits and two walks and the San Diego Padres beat the Milwaukee Brewers.

The win snapped the Brewers' four-game winning streak. Solarte's second hit was the key blow during a five-run fifth.

Carlos Villanueva (2-2) pitched 2 2/3 innings in relief of starter Jarred Cosart, allowing two runs and two hits. Villanueva was the first of four Padres relievers.

Milwaukee's Jimmy Nelson (6-10) ran into trouble in the fifth when the Padres went ahead 6-2, exiting with four innings pitched and eight hits allowed. It was the second time San Diego beat Nelson this season, and overall he's lost seven of his last eight decisions.

18-swap frenzy at trade deadline

Jonathan Lucroy got a deal he liked, Carlos Beltran joined him in Texas and Jay Bruce and Rich Hill also moved Monday during an 18-swap frenzy at the trade deadline.

Matt Moore, Francisco Liriano and Joe Smith found new homes, too, as playoff contenders stocked up for the stretch.

"That's what we play for. Those are the moments we want to be in," Moore said after NL West-leading San Francisco got the lefty from last-place Tampa Bay. "For someone to reach out and come get me, it's a really good feeling."

Monday was the busiest deadline day since at least 1995, eclipsing the 15 deals made on the final day for non-waiver trades in 2010 and 2015, according to Major League Baseball.

Teams had until 4 p.m. EDT to make trades without waivers. From now, no player can be dealt unless he goes unclaimed by everyone else.

The AL West-leading Rangers made two major moves.

After Lucroy used his limited no-trade clause to block a deal to Cleveland, the All-Star catcher was sent to Texas.

"Now, moving on to the @Rangers let's take this bad boy to the 'ship! Really excited and can't wait to get after it!" he posted on Twitter.

The 30-year-old Lucroy is batting .299 with 13 homers and 50 RBIs this season.

Texas also got Beltran, a proven postseason star, from the New York Yankees for righty Dillon Tate, the fourth overall pick in the 2015 amateur draft, and two other pitching prospects.

"I think as a player, you know that this moment could happen. But when it happens, it hits you," Beltran said.

Twice before in his career, Beltran was traded in midseason to a team with playoff hopes. Like the Rangers, Beltran has been to the World Series but never won the crown.

The Yankees kept reworking their roster, trying to turn the best parts of a .500 team into a bright future. They had already traded relief aces Aroldis Chapman and Andrew Miller leading up to the deadline.

"We're kind of in unfamiliar territory with the Yankees," first baseman Mark Teixeira said.

"That's life. I mean, we've had a nice run the last eight years," he said.

As always, relievers were in demand.

The Giants aimed to bolster a shaky bullpen by getting Will Smith from Milwaukee, Boston got Fernando Abad from Minnesota and the NL Central-leading Cubs obtained sidearming righty Joe Smith from the Angels.

The Cubs previously got lefties Chapman and Mike Montgomery for their bullpen.

"That was an area we thought we could make some changes," general manager Jed Hoyer said. "Adding a closer, a left-hander and then adding a guy like Smith who can be a right-handed specialist, we felt like those were areas that would improve our team and improve the mix of our bullpen."

The banged-up Mets acquired Bruce, the All-Star outfielder who leads the NL with 80 RBIs, from Cincinnati for infielder Dilson Herrera and minor league lefty Max Wotell.

The Mets also got pitcher Jon Niese, who spent his first eight years in New York, from Pittsburgh for reliever Antonio Bastardo.

The contending Los Angeles Dodgers fortified their rotation by getting Rich Hill along with outfielder Josh Reddick from Oakland for three pitching prospects.

Dodgers ace Clayton Kershaw is on the disabled list with back trouble, and they don't know when he'll be back. The 36-year-old Hill is 9-3 with a 2.25 ERA in 14 starts and on the DL because of a blister on the middle finger of his throwing hand that hasn't healed.

Toronto was busy, making three deals. A day after falling out of the AL East lead, they got Liriano from Pittsburgh.

"Where he's been and what he's accomplished his entire career, we feel like gives us a chance to have someone who could be pitching in Game 2, 3 or 4 of a World Series run," Blue Jays general manager Ross Atkins said.

US favored in Olympics women's soccer

NEW TORK (AP)—While a labor dispute simmers at home, the U.S. women's national soccer team is set to travel across Brazil as the favorite to win its fourth straight Olympic gold medal.

The Rio Games are happening as a U.S. federal agency looks at a wage discrimination complaint filed by a group of national team players who claim they make less money than their male counterparts. The team's union also is looking for a new contract with U.S. Soccer.

Intrigue is nothing new for the top-ranked Americans.

Unlike the men's tournament, which requires teams to field under-23 squads, women's Olympic soccer brings together the best players in the world.

Seeking to clinch its fifth gold medal since women's soccer became an Olympic sport in 1996, the U.S. makes its debut against New Zealand on Aug. 3— two days before the opening ceremony in Rio. That'll be followed by games against powerhouse France and Colombia in Group G.

Second-ranked Germany, fifth-ranked Australia, sixth-ranked Sweden and host Brazil loom as potential quarterfinal opponents.

The tournament will be played in seven venues across Brazil, including the jungle city of Manaus, in the Amazon rainforest, where the U.S. faces Colombia on Aug. 9.

Last year, U.S. players led a protest against the artificial turf used in the World Cup in Canada before winning their third tittle in the tournament. Heading into the Olympics, the women have been vocal about gender equity in the sport as they seek a new collective bargaining agreement with U.S. Soccer.

On the field one of the biggest issues for the Americans heading into the Olympics was the status of reigning FIFA Player of the Year Carli Lloyd's right knee.

Lloyd, who wowed fans with three goals in 16 minutes in the 5-2 win over Japan in July's World Cup final, sprained her MCL in an April game with her club team, the Houston Dash. The team was cautious with her recovery, but it appears as if Lloyd is healthy and ready to play for her third gold medal.

Lloyd also scored the deciding goals in the gold medal matches in both the 2008 and 2012 Olympic Games.

ANOTHER KEY INJURY: Megan Rapinoe's status, at least for the start of the games, is far less certain. The winger tore her right ACL during a training session in Hawaii before a scheduled World Cup victory tour match last year (the match was ultimately canceled because of poor artificial turf conditions). The injury required her third ACL surgery.

On her blog, the 30-year-old Rapinoe wrote on June 9: "My Olympic dream is still alive! This blonde ain't gone!" And coach Jill Ellis named her to the 18-player squad for the Olympics, a good sign. But she may not play in the group stage.

MARTA'S MOMENT: Marta is one of the biggest stars in women's soccer. The 30-year old Brazilian striker was voted FIFA Player of the Year for five consecutive years from 2006 to 2010. Yet despite her success she is not a household name in her country, where the focus will be on Neymar and the men's squad to win Brazil's first Olympic gold.

Marta and the rest of the Brazil women's team will face less pressure to win their first gold than their male counterparts, and the squad should benefit from friendly home crowds.

AP

Unites States forward Mallory Pugh (2) is congratulated by midfielder Allie Long (3) after scoring a goal against Costa Rica as forward Alex Morgan (13) walks along during the first half of a women's international friendly soccer match, Friday, July. 22, 2016, in Kansas City, Kan.

The woman that Pele himself dubbed "Pele in skirt" showed she is ready for Olympic duty, scoring both goals in a 2-0 victory over Canada in Toronto in June.

Brazil faces China, South Africa and Sweden in Group E.

SILVIA'S FINAL BOW: One of the game's most respected coaches will be stepping down following the Olympics. Silvia Neid has been head coach of the German senior team since 2005. During her tenure the Germans won a World Cup (2007), two UEFA women's championships (2009, 2013) and the Olympic bronze medal in Beijing. Also a decorated former player for Germany, Neid has twice been honored as the FIFA women's coach of the year.

She will continue as scouting coach for the Germans, while current assistant Steffi Jones will take over as head coach.

Germany leads Group F with Canada, Australia and Zimbabwe.

CANADA'S REVENGE: While the London Games showed that Canada is a team on the rise under coach John Herdman, the bronze medalists thought they could have done better.

The Canadians fell 4-3 in an overtime semifinal match to the eventual gold medal-winning U.S. team, a game that featured a non-call on what appeared to be a missed handball by an American player in front of the U.S. goal.

"We feel like we didn't lose. We feel like it was taken from us," said Canada captain Christine Sinclair, who was later suspended four games for her comments. "It's a shame in a game like that, which is so important, that the ref decided the result before the game started."

WALTZING WITH THE MATILDAS: No other Australian senior national team—male or female—had won an elimination game in a World Cup until the Matildas last summer; they knocked off Brazil in the round of 16. While they were defeated by Japan, it was considered a big move toward future success.

Australia went on to earn a spot in the Olympics, its first since 2004, in the Asian qualification tournament. As a result, its international ranking jumped four spots to No. 5.

Australia has never advanced past the quarterfinals in two Olympic appearances.

Carmelo and company top Nigeria in last tuneup

HOUSTON (AP)—There were no bumps on this road to Rio.

Next up for the U.S. Olympic men's basketball team is the trip to Brazil, where the Americans think they can play even better now that they're done having to go place to place.

"As a team, I think you're going to see a much different team over there," Carmelo Anthony said.

Anthony scored 19 points and the U.S. wrapped up its unbeaten exhibition tour with a 110-66 victory over Nigeria on Monday night.

The Americans weren't quite as potent this time but were dominant defensively after pouring on the points in a record-setting romp over the Nigerians four years ago. They forced the African champions to miss their first 22 3-point shots and held them to 4 for 29 behind the arc.

Klay Thompson had 17 points and Kevin Durant added 14 for the U.S., which went 5-0 and wasn't tested during its easy five-city, pre-Olympic schedule. The U.S. men and women -- who arrived in Houston earlier Monday and attended the game -- are scheduled to fly Tuesday night to Rio de Janeiro, where both will be favored to repeat as Olympic basketball champions.

"We leave tomorrow night and then it's off, hopefully, to a gold medal," U.S. coach Mike Krzyzewski said.

The men's team will have to wait until it gets there for a close game—if one comes at all. The Americans previously defeated Argentina, China twice and Venezuela by an average of 42.8 points, scoring 101 per game. They play the Chinese again to open Olympic play on Aug. 6 and also meet Venezuela again.

This one was only close for a few minutes, perhaps a little longer than the Americans' 156-73 victory in the 2012 Olympics, when Anthony set U.S. records by scoring 37 points and going 10 for 12 from 3-point range in just 14 minutes. He was 0 for 6 beyond the arc this time but scored nine points in the third quarter, when the lead ballooned to 43 points.

The Americans rang up the most points ever scored in an Olympic game in the London contest, but Nigeria started better this time. Ben Uzoh brought the players on the Nigerian bench to their feet with a dunk over DeAndre Jordan in the first quarter, but the Americans gradually pulled away late in the period and kept increasing the lead from there.

Djokovic, Murray, Nadal headed to Rio

The "Big 4" of men's tennis is enthusiastic about their sport's place in the Olympics, unlike their counterparts in golf.

Novak Djokovic, Andy Murray, Roger Federer and Rafael Nadal all have participated in the Summer Games in the past, all own a medal, and all talk about that event's importance to tennis every four years—even if it already has four Grand Slam tournaments every year.

And while Federer won't be in Rio, it's only because he is sitting out the rest of the season entirely to protect his surgically repaired left knee.

To get a sense of how these guys think, consider what Britain's Murray said when he was asked about Brazil the day after winning Wimbledon for the second time.

"I've loved being in the two Olympics that I've been at," said the No. 2-ranked Murray, who won a gold in singles at the 2012 London Games. "Rio is obviously a big, big goal of mine, and hopefully I can perform well there."

The No. 1-ranked Djokovic won a singles bronze for Serbia at the 2008 Beijing Games, then came up just short of a medal four years ago.

No. 3 Federer won gold for Switzerland in doubles with Stan Wawrinka eight years ago, and a silver in singles four years ago.

No. 4 Nadal won a singles gold for Spain in Beijing, missed London because he was hurt, and appealed to the International Tennis Federation to allow him to compete in Rio after he failed to fulfill Davis Cup commitments because of injuries.

Even if this quartet owns a combined 46 Grand Slam titles, the Olympics still matter to them. Much will be made of the contrast between this group's interest in the Summer Games and what happened in golf, which will be missing Jordan Spieth, Jason Day, Dustin Johnson and Rory McIlroy in Rio.

"Olympic Games are the most renowned and most prominent sports event in the history of sport. No question about it. There is no bigger sports event than Olympic Games," Djokovic said. "For me, as a professional athlete, it's a huge honor to be part of it."

Here are some things to know about tennis at the Rio Olympics:

Favre headlines 2016 Hall of Fame class

GREEN BAY, Wis. (AP)—Brett Favre was equal parts desperado and virtuoso during his 20-year NFL career that was predicated on taking big risks in the game's biggest moments.

That style never paid off more handsomely than when he hit Andre Rison with a long TD toss on an audible that kick-started his lone Super Bowl victory. And it never backfired so spectacularly as when he threw careless, late interceptions in two NFC championships.

Favre's unorthodox style made for one of the most exciting, colorful careers the league has seen.

"Brett Favre's in the top-5 as far as the greatest quarterbacks to ever play the game," suggested Hall of Famer John Elway, who led Denver past Favre's Packers for the first of his two Super Bowl triumphs in the late 1990s. "He was a gunslinger and he wasn't afraid to fail. That's what made him great."

It's what landed him in the Pro Football Hall of Fame as the headliner next weekend of a class that includes Ken Stabler, Dick Stanfel, Ed DeBartolo Jr., Tony Dungy, Kevin Green, Marvin Harrison and Orlando Pace.

Those who cringed as Favre threw off his back foot or across his body to well-covered receivers labeled him a riverboat gambler. His coaches, especially Mike Holmgren, walked a fine line trying to curb his gaffes without cropping his greatness.

The punctilious Peyton Manning would break many of his NFL records after Favre's retirement in 2011, but Favre still has the longest consecutive starts streak as well as records for most completions, attempts, and interceptions while ranking second to Manning in TD throws and passing yards.

Former Packers safety LeRoy Butler said Green Bay's defense takes the bulk of the blame for the 286 passes picked off during Favre's time in Green Bay "because we told him, `Be yourself. We'll go get the ball back.' When he did that, it was easy for his talent to take over."

Showing up week after week, year after year, Favre piled up records and accolades. Yet, it was his unparalleled passion that set him apart.

AP

In this Jan. 26, 1997, file photo, Green Bay Packers quarterback Brett Favre celebrates after throwing a touchdown pass to Andre Rison during the Super Bowl in New Orleans. Favre was equal parts desperado and virtuoso during his 20-year NFL career that was predicated on taking big risks in the game's biggest moments. Favre will be inducted into the Pro Football Hall of Fame on Saturday, Aug. 6, 2016, in Canton, Ohio.

TOC receives $1.5K from Island Training Solutions

As part of its commitment to support community projects, Island Training Solutions has donated in-kind support and cash totaling $1,500 to the 21st Annual Governor's Tournament of Champions that will be held this weekend.

"Many local community projects, including those that are now enjoyed by residents and tourists alike, were made possible by funds raised from the Tournament of Champions," said Island Training Solutions president Jim Arenovski.

"We are proud to be assisting in making this year's Tournament of Champions a success. The TOC fits right with our plan and mission. While the TOC helps the destination enhancement on the physical side, Island Training Solutions helps destination enhancement through improved guest service or guest interaction. Just as our visitors expect clean sites and well-groomed areas, they also expect great customer service and interaction from the staff of airlines, hotels, restaurants and retail outlets. Plus if you are a golfer, it is the best two days of golf each year, where friends and colleagues get together for a great cause," he added.

This year's TOC will be played at the Laolao Bay Golf and Resort's east and west courses with the two-day event offering bigger and better than ever hole-in-one prizes and cash and raffle prizes for a tournament fee of only $200.

First place winners in the men's Championship, A, B, C, Senior and Super Senior Flights will each receive $500 cash, while $400, $300, a GoPro Hero Camera, and $100 DFS gift certificate will go to the second to fifth finishers. The Ladies Low Gross champion will receive $500, $400 will go to the second placer, and $300 to the third. The Top 3 winners in the Ladies Low Net will receive trophies.

Hole-in-one prizes include a brand new 2016 Ford F150 from Joeten Motors, a brand new 2016 Toyota Highlander from Atkins Kroll, a 2016 Mitsubishi Outlander SE from Triple J Motors, $10,000 cash prize from Pacifica Insurance, two business class tickets to the U.S. from Delta Airlines, one economy class ticket to anywhere in Europe from Asiana Airlines, and one year of free golf from Laolao Bay Golf and Resort.

TOC, since its inception, has given over $700,000 to the Saipan Beautification Fund which has gone directly to the improvements of the tree-lined traffic medians that stretch from Garapan to the former Palms Resort Saipan.

For more information about sponsorship opportunities for the 2016 TOC, contact Ben Babauta at 483-2563 or Marida Pensader/Nicole Babauta at 236-2530. For player information and to download the registration form, visit www.tocsaipan.com. ***(PR)***

CONTRIBUTED PHOTO

Members of the planning committee for the 21st Annual Governor's Tournament of Champions pose with Jim Arenovski, standing third left, of Island Business Solutions which donated $1,500 in cash and in- kind prizes for this weekend's tournament.

BEARS

From Page 28

L.J. Untalan was struck out by A.J. Lizama.

A.J. Lizama then batted second for the Bears at the bottom of the eighth after Peyton Lizama flied out to right field and the former advanced off another Titanium booboo at third base. The Bears closer went on to steal second and third before third baseman Jun Rabauliman fumbled anew, allowing A.J. Lizama to reach home and the Bears to reclaim the upper hand. The pennant champions failed to gain more cushion at the bottom of the eight when the next two batters went down with Bill Camacho fanning out Paul Lizama and catcher Jose Lizama Jr. going out on a 5-3 play.

Behind anew after forcing a tie in the eighth inning, but needing only one run to force another deadlock and two to stun the Bears, Nathan Camacho led off for Titanium, but his line drive was picked up by left fielder Marvin Kaipat. Next at bat was Tenorio, who quickly returned to the dugout after a 6-3 putout play, while the Bears completed the 1-2-3 inning and survived Game 1 when Jack Sablan flied out to second.

The win in Game 1 of the short semis series kept the Bears unbeaten record this season and extended their streak to 15.

The undefeated squad seemed headed for the easy victory when it found its target in the first four innings. The Bears scored three runs apiece in the second and fourth and had one and two in the first and third, respectively. Titanium, on the other hand, got two unearned runs each in the third and fifth and was held to six hits by Bears starting pitcher and league ERA champion Jeffrey Lizama in the first five innings.

After a good start, the Bears went without a run from the fifth to the seventh inning, but they kept the driver's seat as Titanium also failed to hit the board in the sixth and seventh before mounting a comeback in the eighth and falling short in the end.

Meanwhile, defending champions GSM Brewers and the BSI Aces began their best-of-three semis showdown last night and results of Game 1 will be reported in *Saipan Tribune's* Thursday edition.

KOREANS

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C—capped the race in 2:27:32 for the second best time in the tournament and in the mixed relay division. A third Korean team composed of Nam Gi Hyeon, Sang Min Park, and Woo Sik Jeong also joined the mixed relay field, but was disqualified after getting lost along the bike course.

Korea A and C triathletes, who are on Saipan to train and prepare for a series of tournaments back home, defeated Goat Rodeo, Team Rota, and Team Tinian. Neda Farzan and Jeremy and Claire Devey raced for Goat Rodeo and timed in at 2:42:48. CNMI national swimmer and Saipan Swim Club graduate Victoria Chentsova led Team Rota, joining forces with Andrew Estepa and Jester Antonio and clocking in at 2:45:40. Taiyo Akimaru, also of SSC, Vernice Ronda, and Jayce Qin made up Team Tinian and they submitted 2:53:42.

Meanwhile, Tem Kehoje and Von Drian Libayan won the men's team and solo divisions, respectively.

Libayan completed the individual race in 2:31:51 to prevail against Florence Antonio (2:45:50), Nap Dizon (2:44:48), Angel Tan (3:11:05), and Manny Sitchon (3:14:40).

In the men's team event, Kento Akimaru worked together with Homer Castro and Jessie Miclat to beat four other squads. Akimaru and company recorded 2:31:50 to win against Team Paupau (2:32:27), Team LBC (2:39:27), D Weakest Link (2:42:L23), and Team Saipan (3:04:02).

In other results of the Track Summer Sportsfest, Cesar Danap and Sakiko Eda reigned supreme in the 10K run.

Danao finished the race from Mariana Resort to Last Command Post, around the Veterans Memorial, Powerade Station 4 at Banzai Cliff, and back to Mariana Resort in 44:48. He was the lone competitor in the men's field to complete the 10K run under 50 minutes. Runner-up Teng Tacras and third finisher Roland Libayan clocked in at 52:03 and 55:12, respectively.

Other finishers in the men's division were Alex Litimco (55:28) Haruya Eda (56:50), Rommel Bartolo (56:59), Edcar Villamin (58:27), Daniel Marzan (1:03:10), Ben Babauta (1:03:11), Alfredo Acosta (1:12:12), and Ambet Omampo (1:12:50).

In the women's field, Sakiko Eda's 47:14 bested the 1:09:16 and 1:18:42 of Rowena Sison and Marie Babauta, respectively.

KANOA

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one marker short of his output over the same team last month.

Schmidt and Matt outgunned the entire Fiesta crew in the first half alone to hand Kanoa a promising 44-27 advantage. Schmidt finished the opening 20 minutes of play with 15 points, while Matt chipped in 13.

Kanoa's 1-2 punch on offense were still at it in the second half to widen the gap, while their teammates also found their targets to give Fiesta a beating.

Arjay Nonato had 16 points to lead Fiesta's losing cause, while Jarett Matsutaro contributed 14. Fiesta's main man Elmer Esdrelon was held to 6 points.

Kanoa 89 — Schmidt 28, M. Duenas 24, E. Duenas 11, Sacramento 8, Pablo 7, Usi 3, Agulto 3, Bustillo 2, Rabauliman 2.

Fiesta 59 — Nonato 16, Matsutaro 14, Maratita 7, Esdrelon 6, Macoto 6, Quizon 5, Villamena 4.

Scoring by halves: 44-27, 89-59.

Summer Camp at TSL Sports Complex

PHOTOS By ROSELYN B. MONROYO

Participants in the Saipan Soccer School-led Summer Camp play badminton at the Gillette Multipurpose Gymnasium of the TSL Sports Complex.

A male player is surrounded by three female defenders during their futsal scrimmage.

A Summer Camp participant serves.

Players and volunteers exchange high-fives after a scrimmage.

A female camp participant picks up a loose ball.

Kaitlyn Chavez dribbles away from her defender.

A Summer Camp participant and volunteer run after the ball.

Lyssa Steele holds on to the ball as she looks for her teammates.

After trading stars, spunky Yanks nip Mets
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Bears survive Titanium in semis opener

By ROSELYN B. MONROYO
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REPORTER

The Chalan Kanoa Bears withstood Titanium's late rally to eke out a 10-9 victory in Game 1 of their semis series in the 2016 Saipan Baseball League last Monday night at the Francisco "Tan Ko" Palacios Ballfield.

The win moved the pennant champions closer to the title game as they only need to prevail in tonight's Game 2 to wrap up the best-of-three series and clinch the first finals berth.

A.J. Lizama reached off Titanium's error at third base at the bottom of the eighth inning to give the Bears the go-ahead run. The Henry Lizama-managed Bears then held Titanium to a 1-2-3 inning at the top of the ninth to preserve the shaky lead and take the series opener.

The Bears had to rely on A.J. Lizama's run and big defensive stops in the ninth inning after Titanium forced the standoff at the top of the eighth.

ROSELYN B. MONROYO
The Chalan Kanoa Bears' Jeffrey Lizama delivers a pitch during the top of the first inning of Game 1 of their semis series against Titanium in the 2016 Saipan Baseball League last Monday night at the Francisco "Tan Ko" Palacios Ballfield.

Titanium entered the eighth inning facing a 4-9 deficit before a Jerald Cabrera three-run triple sparked the team's comeback. Jerald's three RBIs coupled with Patrick Tenorio's run off a fielder's choice in an earlier play moved Titanium within one, 8-9, with two outs. Jerald also made it home off the Bears' error at third base for the game-tying run before Titanium's rally ended when

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Kanoa Resort nears regular season sweep

By ROSELYN B. MONROYO
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REPORTER

Kanoa Resort moved one win away from sweeping the regular season of the 2016 Tan Holdings Inter-Company Basketball League following an 89-59 demolition of Fiesta Resort & Spa Saipan last Friday at the Gillette Multipurpose Gymnasium.

Kanoa now has a 9-0 record and will close out its campaign in the two-round robin elimination this Friday when it faces Shirley's Coffee Shop. Fiesta fell to a 6-3 mark, but remains in second place behind the unbeaten Kanoa.

The battle between the Top 2 teams in the six-squad field ended in another lopsided win for Kanoa as the trio of Douglas Schmidt and Matt and Ernest Duenas joined forces anew to lift the league leader to a bigger winning margin than their first against the same team. Kanoa won by 15 against Fiesta in their first meeting last month, 64-49.

Matt topscored in Kanoa's first victory over Fiesta, making 21 points and although he did not led his team's offense in their second win, the burly forward still had 20-plus output last Friday, tallying 24. Schmidt paced Kanoa in their rout of Fiesta, firing 28, 7 more than his production in their first win, while Duenas had 11, just

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ROSELYN B. MONROYO
Kanoa Resort's Douglas Schmidt scoops up a shot against POI's Jesse Santos, right, during an earlier game in the Tan Holdings caging at the Gillette Multipurpose Gymnasium.

Koreans set fastest time in TRAC race

By ROSELYN B. MONROYO
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REPORTER

CONTRIBUTED PHOTO
Korea A members pose with their medals at the Banzai Cliff "postcard" during the awards ceremony for the TRAC Summer Sportsfest last Sunday in Marpi.

Visiting athletes from Korean Triathlon Federation proved their mettle in the TRAC Summer Sportsfest after recording the Top 2 best times in last Sunday's competition Marpi.

Korea A's Song Sik Kim, Hee Chang Kang, and Kwang Jun Park completed the 1.5-kilometer swim leg, 40K bike, and 10K run in 2:24:19 to post the fastest time in the entire field en route to a first place finish in the mixed relay division.

Another Korean trio—Ji Hyun Kim, Sol Ji Om, and Cha Hee Pyeon of Korean

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